

Happy Easter



Island Sun

Children's Center
Spring Festival
Saturday, March 26,
9 to 11 a.m.
Sanibel City Park

VOL. 23, NO. 40

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 25, 2016

MARCH SUNRISE/SUNSET: 25 7:27 • 7:42 26 7:26 • 7:42 27 7:25 • 7:43 28 7:24 • 7:43 29 7:23 • 7:44 30 7:21 • 7:44 31 7:20 • 7:45



Bobby Logue, Samantha Rotella, Marley Dove and Joey Homza

A Broadway Parody At The Strauss

by Di Saggau

A sure fire hit is now playing at the BIG ARTS Herb Strauss Theater. I was laughing out loud more than I ever have during the opening night performance of *The Musical of Musical's: The Musical!* It's showing now through April 16.

This is a brilliant satire on all the popular Broadway musicals that we have enjoyed over the years. The show consists of five miniature musicals, each one poking fun at the style of a particular composer. One for Rodgers and Hammerstein takes its leads from *Oklahoma*, *The King and I*, *The Sound of Music* and *Carousel*. Having performed in some of those musicals in my younger years, I found the satire to be hysterical.

Each little musical has a similar theme. A young girl who can't pay the rent, a villain who says she must pay the rent, and a dashing hero who says he will pay the rent. The second version is a Stephen Sondheim spoof having fun with *Into the Woods*, *Sunday in the Park With George*, *Company* and *Sweeney Todd*. Ending the first act with a flourish is a parody of Jerry Herman with *Mame* and *Hello Dolly*. Each mini-musical includes a plethora of rapid-fire references to these famous shows and challenges audience members to recognize them. If you are a theater buff, you'll love it. Even if you're not, you'll love it.

After intermission, the focus is on Andrew Lloyd Webber hits, including *Evita*, *Jesus*
continued on page 46

Real-Time Sanibel Street Cams Activated Through Pilot Project

The newest component of the City of Sanibel's 2016 Traffic Communications Strategy officially launched last week. Residents and visitors to Sanibel now have access to real-time road conditions on Span C of the Sanibel Causeway as well as both eastbound and westbound Periwinkle Way at Casa Ybel Road via three individual webcams.

"We have dedicated 2016 to testing a number of pilot traffic management strategies including investigating hardscape improvements, behavior modifications and technology deployment to determine where we see our best return on investment," Sanibel Mayor Kevin Ruane stated upon activation of the pilot project. "We look forward to hearing feedback from our citizens if live streaming of current traffic conditions is helpful as we plan our days during peak season."

To view the Sanibel Street Cams or for additional information on the City of Sanibel's 2016 Traffic Communications Strategy, visit www.mysanibel.us/traffic.✱

Roosevelt Imitator Talks To Congress At 'Ding' Lecture

Joe Wiegand has been bringing President Theodore "Teddy" Roosevelt to life for more than a decade and has performed in all 50 states and overseas, including a White House performance in honor of Roosevelt's 150th birthday.

As part of the free "Ding" Darling Friday Lecture Series, Wiegand will address the audience as members of Congress on period conservation issues during his two "Teddy: The Conservation President" presentations. They will take place in the free "Ding" Darling Visitor & Education Center on Friday, April 1 at 10 a.m. and 1 p.m.

Look for a thorough explanation of the relationship between U.S. natural resource policies and the duties of citizenship based on thorough research of Roosevelt's life, his writings, policies and speeches. Questions from the audience will follow.

Formerly a veteran political consultant and elected public servant in his native Illinois, Wiegand is a political science graduate of the University of the South-Sewanee in Sewanee, Tennessee; a former graduate assistant at Northern Illinois University's Center for Governmental Studies; and a Harry S. Truman scholar and Thomas Watson, Jr., fellow.



Joe Wiegand portrays President Theodore Roosevelt photo by Mark Glenn Studio

continued on page 40

SCCF Beer In The Bushes Breweries Announced

The competition is heating up. The 5th annual Beer in the Bushes will have eight micro-breweries vying to win the coveted Sanibel-Captiva Conservation Foundation People's Choice Award. Guests at this April 9 fundraiser are encouraged to taste the donated samples and vote for their favorite beer. The lineup includes Point Ybel Brewing Company (the defending 2015 champs), Fort Myers Brewing Company, Momentum Brewhouse, Old Soul Brewing, Naples Beach Brewery, Palm City Brewing, Bury Me Brewing and Cape Coral Brewing Company.

This popular craft beer tasting is set for Saturday, April 9 from 6 to 10 p.m. on the grounds of SCCF's Nature Center. There will be craft

continued on page 40



Point Ybel's Walt Costello will defend his 2015 People's Choice Award win on April 9



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CARD OF THANKS

The 79th annual Sanibel Shell Festival co-hosted by the Sanibel-Captiva Shell Club and the Sanibel Community Association was a great success and the two organizations wish to express their appreciation to everyone who supported the event.

The following generously provided donations for the Sanibel Community Association raffle: Pam Boynton, a 10-inch sailor's Valentine in a box made by Bill Jordan; Sanibel-Captiva Beach Resorts, one week vacation; Congress Jewelers, Sealife, 14k yellow gold sand dollar pendant with diamonds; Shellograph canvas by Pam Rambo; Lucy Read floral arrangement; Bailey-Matthews National Shell Museum, naturalist beach walk; Island Cow, lunch for the beach walk participants. David Drotleff provided his talent to design the beautiful rack cards and posters.

The Sanibel-Captiva Shell Club extends a special thank you to our Scientific judges, Dr. Henry Chaney and Dr. José Leal, and our Artistic judges, Anne Joffe and Jeffery Oths; to Dorrie Hipschman and her staff for the use of the Bailey-Matthews National Shell Museum for our Judges' Awards Reception and for giving free admission to everyone who gave the \$5 donation to enter the shell show; to nature photographer Melanie Moraga for allowing us to use her photography without charge for the shell show awards and the shell show booklet.

The club thanks the following businesses for making major financial contributions to the Sanibel Shell Show. There is one Angel Wing level sponsor, the Island Inn. Heart Cockle level sponsors include the *Island Sun*, Three Crafty Ladies, Bailey's, Karl Kotasek and She Sells Sea Shells. Congress Jewelers designs a special shell pin that is presented to the winner of the shell show's top award, The Anne Joffe Sanibel Superstar Award. We thank them for their support.

Besides these major sponsors, the following businesses and individuals sponsored the trophies and the awards that were given to the winners of the Scientific Division and Artistic Division. These King's Crown level sponsors include the Sanibel Community Association and the Shell Crafters, the Weinstein family, Bonnie Ford, Shalimar Cottages & Motel, the Edinburg family, the McGowan family, the Lesinski family, the Clifford family, Goz Gosselin, Sanibel Seashell Industries, Bank of the Islands, West Wind Inn, Sanibel Captiva Community Bank, the Neujahr family, Jerry's Foods, Delaware Museum of Natural History, Conchologists of America, The Bailey-Matthews National Shell Museum, Evelyn Spencer, The Seashell Company, the Sexauer family, Gene Everson, Casa Ybel Resort, Mary Burton, The Timbers Restaurant and Matzaluna; and Ken and Joyce Matthews.

In addition to the many items provided by our members, The Shell Club also thanks the Jacaranda Restaurant, Sandbar Restaurant, Subway Sandwich

Shop, Great White Grill, Sanibel Deli and Coffee Factory, Rosie's Café and Grill, Publix, Costco and Jerry's Foods for their contributions to the Shell Show kitchen. Those who worked the whole day at the show greatly appreciated your donations.

The Shell Club thanks its members and those who prepared the thank-you bags given at the shell show entrance. We thank the authors who participated in book signings at the Authors Table. And a big thank-you to all the volunteers who gave so tirelessly of their time and efforts, and the exhibitors whose incredible scientific or artistic exhibits continue to make the Sanibel Shell Show the largest and most premier show in the world.

Thank you to the *Island Sun*, *The Islander/Island Reporter* and the *Santiva Chronicle* newspapers for providing great coverage with stories and photos before and during the festival. The *Island Sun's* show booklet was beautifully done and was mailed to all the households on the island. Thanks also go to Zebis and the *Santiva Chronicle* for their donation of the photo kiosk enjoyed by all during the show.

A special thank-you goes to Sanibel Community Association Executive Director Teresa Riska-Hall and her staff for the many tasks they performed for the Shell Club throughout the show.

A huge thank you to the hundreds of volunteers who tirelessly worked to make the shell festival such a great success: the Sanibel Community Association Shellcrafters who create items with shells throughout the year; the "shelling bees" who sort and prepare the shells to sell at the shell tent; the Kiwanis, Lions and Rotary members who daily help with parking and opening the tents.

Thank you to the City of Sanibel and the Sanibel-Captiva Chamber of Commerce for their assistance and support. Appreciation is directed to the island businesses that promoted the festival.

Most importantly, a huge thank-you is extended to the community of Sanibel-Captiva for helping to make the 79th annual shell festival a success, and to you, the attendees, for your interest and patronage.

Planning is already under way for next year's festival. The dates are March 2, 3 and 4 at The Community House. Plan to come and be amazed.✧

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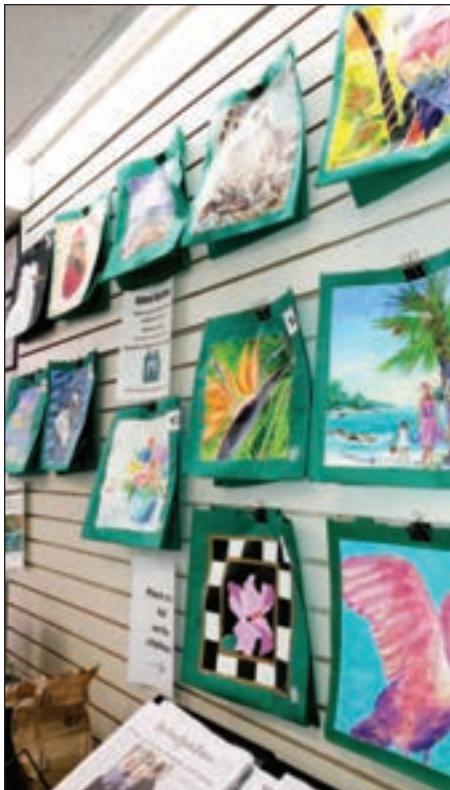
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From left, Rachel Lammers, Jason Cucchi, Courtney Peterson, Meade Johnson, Dave Valdes, Maggie Goldsmith, Shannon Rogers, Richard Johnson and Max Lightweis

San-Cap Art League Bailey's Bag Art Partnership With Bailey's Helps FISH

Throughout the year, Bailey's General Store is a neighbor helping neighbor through various support campaigns for FISH. "Bailey's believes strongly in giving

back to our community," said Richard Johnson of Bailey's. "We're pleased to extend our commitment to community service to FISH of SanCap. We cannot think of a better way to invest in our community than by giving families, seniors and children the opportunity to participate in the programs, services and workshops FISH provides. We know that it takes more than just good food to nourish and build a vibrant community. It starts with taking care of people. And we are just as passionate about making food as we are about giving back to our Sanibel and Captiva neighbors." Mead and Richard Johnson, Bailey's, and all their employees are always coming up with ways to help FISH. "It's obvious that they are dedicated

to building strong relationships by the many partnerships they have cultivated to help our agency," said FISH president and CEO Maggi Feiner. "From those in our community, to Gallo Winery and the Johnson Brothers, to the San-Cap Art League and more, Bailey's is one of our biggest advocates; they strive to create opportunities for the people in our community through their charitable contributions to FISH." A sampling of Bailey's campaigns for FISH includes:

- 10K Race 4 FISH – Each year, Sanibel Catering Company by Bailey's provides food, coffee and drinks for runners and expo attendees as well as volunteering during the 10K race.
- Throw FISH A Lifeline – Customers have the opportunity to donate additional money at check out.
- E & J Gallo Winery/Johnson Brothers Buy A Meal Program – For every bottle sold, a portion of the proceeds goes toward buying food for a meal.
- San-Cap Art League Bailey's Bag Art – The community has the opportunity to bid on bags beautifully painted by members of the San-Cap Art League.
- Community Donation Bin – Customers and neighbors donate year-



Community donation bin at Bailey's round by placing grocery items in the FISH bin. For more about Bailey's General Store, stop by one of their two locations (at 2477 Periwinkle Way or Bailey's Marketplace at Sundial, 1451 Middle Gulf Drive) or visit <http://baileys-sanibel.com>. For additional information about FISH and how they help all islanders, call Maggi Feiner at the FISH Walk-In Center at 472-4775.*

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Community Encouraged To Attend Upcoming Meetings

On Thursday, April 21, Lee County will hold an informational meeting about the Blind Pass Inlet Management Plan, which is in the process of being prepared. The meeting will take place at 5:30 p.m. at The Sanctuary Golf Club, located at 2801 Wulfert Road on Sanibel.

Wulfert Land Acquisition Effort Under Way

A key piece of property totaling 8.5 acres at the entrance to Wulfert Road has come up for sale. This land would provide an important corridor for wildlife, linking the refuge and SCCF land. The Wulfert Land Acquisition Campaign, spearheaded by Ding Darling Wildlife Society-Friends of the Refuge. To find out more about the campaign to purchase this property for "Ding" Darling, an informational meeting will be held from 4:30 to 5:30 p.m. on Thursday, March 24 at The Sanctuary clubhouse, 2801 Wulfert Road on Sanibel. Due to limited seating, you must RSVP to attend. Email director@dingdarlingsociety.org or call 472-1100 ext. 233 to save your spot.

Captiva Community Panel To Meet April 12

The Captiva Community Panel will hold its regular monthly meeting on Tuesday, April 12 beginning at 9 a.m. in the Cone Rooms in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Proposed bylaws revision on allocation and selection of panel seats.
- Discussion of recent meetings on sewers and wastewater treatment
- Update on priority committees including Captiva drive bike/ped improvements and tax revenue studies
- A Captiva Erosion Prevention District and a Captiva Fire District update.
- Other business as necessary.

Public participation is invited and encouraged. The next Captiva Community Panel meeting has tentatively been scheduled for May 10. Information and background documents are available online at www.captivacommunitypanel.com.

CEPD Meets April 13

The Captiva Erosion Prevention District will hold its monthly meeting on Wednesday, April 13 at 1 p.m. at Tween Waters Inn. Call the district at 472-2472 or go to <http://mycepd.com> for further information.

Hurricane Seminar April 13

The Hurricane Preparedness Committee will hold its annual preparedness

seminar on Wednesday, April 13 beginning at 2 p.m. at the Captiva Community Center. Featured speakers will be Jim Bjosted from the Lee County Emergency Operations Center and a weather person from WBBH NBC-2. Hurricane passes will be available after the meeting.

Hurricane Re-Entry Passes Now Available

The City of Sanibel is now issuing 2016 series hurricane passes. All island residents, property owners and businesses need to apply for a new 2016 series pass. Applications for the new passes are available in the Police Department/Emergency Management section of the City of Sanibel website – www.mysanibel.com – and at the Sanibel Police Department office at 800 Dunlop Road. Passes issued at the Police Department are done Monday through Friday from 8 a.m. to 4 p.m.

For questions about hurricane passes or preparedness, visit the Emergency Management section of the city website or call the Sanibel Police Department at 472-3111.*

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Cross On The Boardwalk



From avid island sheller Mike Gillmore: "I was walking out to the beach from the boardwalk at Gulfside City Park and decided to take a picture, it wasn't until I was home and out of the sun that I could see the photo better and realized that there was a shadow of a cross on the boardwalk in the picture. And with Easter being so close, it was truly amazing to see this image cast on the boardwalk."

Looking Back: Ted Hoffman At Dickey House



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva memorial Library, located on Chapin Lane in Captiva and open during Library hours. This week's image is: This is Ted Hoffman, who was Mrs. Dickey's brother. Here he is at Carl Dickey's house on Captiva, the bayside - just north of the Dickey main house. This house was demolished in 1974. The Dickeys first moved to Captiva in 1906 and became a prominent family on the island. Dickey Lane is named after them.

photo archives of the Captiva Island Historical Society

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Iron Chef Night Reveals Spoon Hanging Champion



Lilly Doster presented Dave Hoggatt with a rose for being voted one of the LOGOS kids' favorite table parents

The LOGOS kids at Sanibel Community Church had family dinner time on Wednesday, March 16. It was their first ever Iron Chef meal, where each table created a presentation of a Mexican taco meal.

Visiting judges were the Swedish chef, the French chef and the Taiwanese chef who observed each table's effort. Tables 6 and 8 tied for the coveted Golden Nugget award.

After dinner, the kids participated in the annual Spoon Hanging contest where they were moving and shaking until Lilly Goyes was the last person standing with the spoon still stuck to her nose.

The LOGOS kids also voted for and affirmed their favorite Bible teachers and Table Parents. LOGOs will be on spring break until April 6, but all community families are welcome to come out for the annual Easter Egg Hunt to be held at the church's 1740 Periwinkle Way location on Saturday, March 26 from 11 a.m. to 1 p.m.✱



Lilly Goyes became the 2015-16 LOGOS Spoon Hanging Champion on Wednesday, March 16



Wood stork

photo by Sam Ayres

Bird Walk

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, March 26 at the Pond Apple Trail. Participants will meet in the Matzaluna parking lot nearest Periwinkle Way at 8 a.m. These bird walks are open to the public and all levels of experience. A \$2 donation is appreciated. Call Hugh Verry at 395-3798 for more information.✱



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March 31, 1pm

April 15, 7pm

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March 24

King Arthur Flour Day

Free Cookies, Kids Baking 3 pm

Thanks Sponsor- Kiwanis!

Potluck 6pm

Programs

Bridge Lessons and Sanctioned

Duplicate Bridge Tues/Thurs

Beading

Wed, March 30 9am

Glassware Painting

Thurs, March 31 6pm

Paint Your Pet

Thurs, March 24 6pm

Pen & Ink Watercolor Notecards

Monday, April 4 6-9pm

Shell Crafting

Lessons Mondays 10am

Crafts on Sale until 3

Yoga

Mon., Thurs 8:30 am

*other dates/times available see website

The Community House

SANIBEL COMMUNITY ASSOCIATION

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The Community House

Documentary

The Community House has scheduled the last few showings of its documentary film. The film shows the rich history of The Community House and features never before seen clips of Sanibel and Captiva from 1927 through present. Donations are appreciated at the door. The next showing is April 15 at 7 p.m. at The Community House. Films can be purchased at The Community House for \$10.

Beading Classes

All ages are invited to learn the intricate art of beading with shells and other treasures of the sea with Anita Goyer. All supplies and tools will be available and included in the price. If you typically wear reading glasses, you should bring them. There is a minimum of three students and a maximum of 10. Classes will be on Wednesdays: April 6 and April 20. Cost is \$35 for members and \$40 for guests. Advanced classes will be scheduled ad hoc for \$50 for three hours for members.

Glassware Painting

Art instructor, Jenny M. Licht will hold a glassware painting class on Thursday, March 31 from 6 to 9 p.m. Create unique designs or paint intricate scenes on four pieces of glass stemware. No experience is necessary.

Students bring four glasses of their own choice – stemware or glasses, glass or acrylic, any shape or size. All other materials are provided.

There is a \$50 prepaid registration fee for members and \$60 for guests. Cancellation fees apply, full refunds are available if cancelled within 48 hours of class, no refunds for cancellations can be made within 24 hours of class. Minimum number of students required.

Students Visit Cayo Costa



Lexington Middle School students recently took a field trip to Cayo Costa

Students from Lexington Middle School in Fort Myers cruised the waters of Pine Island Sound and explored the shoreline of Cayo Costa State Park through a No Child Left On Shore field trip earlier this month. This Environmental Education Outreach Project is a collaborative endeavor of Captiva Cruises



A Capella Group from Cypress Lake High School

A Capella Group Fundraising Concert

Hear the fabulous voices and harmonies of the A Capella Group (TAG) from Cypress Lakes High School on Friday, April 8 at 7:30 p.m.

All proceeds from this performance – presented by Jewell Family Productions – will go to TAG to raise funds for the talented musical group to travel to New York City for the International Champions High School A Capella Finals. Tickets are \$15.

Residents and visitors are welcome. Reserve your tickets by emailing jewellshirley362@gmail.com.

Duplicate Bridge

On Tuesday, March 15, there were 10 tables in play at The Sanibel Community House. The winners were:

North/South

1. Clara and Terry Terrana
2. Becky Eynon and Eileen Smith
3. Dana Britt and Katie Rust
4. Diana Raab and Tom Giles

East/West

1. Myra Fisher and Ann Levinsohn

2. Carolyn Karch and Mary McLeod
 3. Lois and Doug Townsend
 4. Donna and David Ouchterlony
- On Thursday, March 17, there were six tables in play at The Sanibel Congregational Church. The winners were:

North/South

1. Gini Gersack and Caroline Oldenburg
2. Susie O'Neil and George Willoughby

East/West

1. Maryln and James Stewart
 2. Dorothy and Irwin Levy
- There are two ACBL-sanctioned games per week, Tuesdays and Thursdays, 1 to 4:30 p.m. at The Community House, 2173 Periwinkle Way, Sanibel. The Tuesday game runs from the beginning of January through the end of April; the Thursday game runs from the beginning of January through the end of March.

For further information, contact Susan Willoughby at 281-3258.

The Community House is located at 2173 Periwinkle Way. For more information and reservations, visit www.sanibelcommunityhouse.net or call 472-2155.✱

and the Sanibel-Captiva Conservation Foundation (SCCF), which strives to give Southwest Florida's younger generation the opportunity to experience the invaluable wonders within our coastal environment and observe first hand the importance of the Back Bay estuary.

After visiting Cayo Costa with his middle school students aboard Captiva Cruises' motor catamaran vessel *Playtime*, Dr. Charles O'Connor wrote "Wow, what a fantastic No Child Left On Shore trip! Just a beautiful outing with all types of neat estuarine creatures gracing our day. The dolphin we saw generated an unusual water halo just from the speed and power of its watery exit. We had groups of dolphins cavorting in our wake. Lots of sea creatures in the seine net – lined sea horse, horseshoe crab, striped burr puffer, pinfish and a menagerie of other critters."

The students were just as excited as evidenced by their cruise quotes:

"The dolphins were so amazing! I have never seen them jump before."

"I was a little worried about going out on a boat because it was my first time,

but I am so glad I did. It was my favorite field trip ever."

"The shells were so beautiful! I collected some and gave them to my family and told them all about my adventures. Thank you!"

The No Child Left On Shore program addresses the real need to provide the children of Southwest Florida experiential knowledge of the Caloosahatchee watershed and estuarine environment. Shrinking school budgets have drastically reduced the number of educational field trips previously funded. Many Southwest Florida families – especially those with language, cultural, economic and physical barriers – do not have opportunities to get out on the water. Too many of our local youth have never held a live sea star, shrimp or snail. They have never waded in shallow sea grass beds and observed a horseshoe crab or spider crab.

More information about the No Child Left On Shore Environmental Education Outreach Project, including becoming a field trip sponsor, may be obtained by calling SCCF at 472-2329 or Captiva Cruises at 472-5300.✱

Setting The Record Straight On Caloosahatchee Flows

submitted by Kevin Ruane, Mayor of Sanibel

In the March 16, 2016 *News-Press*, U.S. Sugar paid for an ad titled "It's Time to Set the Record Straight on the Lake Okeechobee Discharges." In that ad, they quoted my February 5, 2016 editorial where I referenced the average freshwater flows to the Caloosahatchee during the first week in February. At that time, 70 percent of the flows were in fact coming from watershed runoff and weekly average flows to the Caloosahatchee measured at the Franklin Lock (S-79) exceeded 10,000 cubic feet per second (cfs). These flows were more than three-and-a-half times the high-flow ecological harm threshold established by water managers for the Caloosahatchee estuary. Fortunately, over the past month conditions have changed and rainfall within the Caloosahatchee basin has dissipated along with the watershed runoff. This has allowed the Army Corps of Engineers to increase releases directly from Lake Okeechobee. At the current time, freshwater flows from Lake Okeechobee make up approximately 89 percent of the total flow at the Franklin Lock and watershed runoff is contributing only 11 percent. Flows at the Franklin Lock (lake discharges plus watershed runoff) during the past week averaged 4,414 cfs and remain well above the ecological harm threshold established for the estuary. To date in 2016, Lake Okeechobee discharges have made up 63 percent of the total flows to the Caloosahatchee estuary.

During an average year, approximately 60 percent of the freshwater flows to the Caloosahatchee come from the watershed between the Moore Haven Lock (S-77) and the Franklin Lock. While this area is often referred to as the "local basin," the majority of the lands within the eastern and western Caloosahatchee sub-watersheds are actually located outside of Lee County. The Caloosahatchee watershed is relatively large and includes more than 1,090,381 acres (SFWMD 2015 South Florida Environmental Report). Agricultural lands make up approximately 34.6 percent of the total landuse within the Caloosahatchee watershed, while urban lands make up approximately 18.5 percent (SFWMD 2015 South Florida Environmental Report). So when we talk about "watershed runoff" or "local basin runoff," it is important that our citizens understand that the majority of the water we receive within the Caloosahatchee estuary comes from east of the Franklin Lock and that the landuse within the eastern and western Caloosahatchee sub-watersheds is predominately agricultural lands.

The Mayors of Lee County recognize that runoff from the Caloosahatchee watershed contributes a significant volume of freshwater to the estuary. Implementing the

watershed storage projects outlined in the Comprehensive Everglades Restoration Plan (CERP) and the Northern Everglades and Estuaries Protection Program is critical to restoring freshwater flows to our estuary. It is important to acknowledge that while watershed storage is an important component, it is only part of the solution and alone will not eliminate the damaging high-flow discharges to the Caloosahatchee. The other part of the solution is completing all of the water storage projects identified in CERP (north, south, east and west of the lake), cleaning and conveying that water south into Everglades National Park and Florida Bay where it is desperately needed.*

Recognition Offered To Island Bikers

One component of the City of Sanibel's 2016 Traffic Communications Strategy is encouraging residents and visitors to bike as a healthy alternative to motorized vehicles and as another way to reduce traffic congestion.

As we enter the penultimate peak of seasonal traffic, the city is recognizing those who bike with buttons that read, "I Biked Today & Left My Car Behind – Sanibel Fit 4 Life."

The buttons will be available at the Sanibel City Hall, 800 Dunlop Road, the Sanibel Recreation Center, 3880 Sanibel Captiva Road and other locations around town as long as supplies last.

The concept for the buttons was inspired by active Center 4 Life member Bud Reinhold.*



Environmental Biologist Holly Milbrandt earned her "I Biked Today & Left My Car Behind" recognition button. Milbrandt, who has been employed by the City of Sanibel for 10 years, regularly commutes by bike to work at City Hall from off island.



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Sanibel Accepting Applications For City’s Vegetation Committee

Are you interested in Sanibel’s unique plants and habitats? Would you like to help educate residents, visitors, and landscape professionals about the city’s vegetation standards and benefits of native plants?

Qualifications to become a member of Sanibel’s Vegetation Committee:

- Members are appointed by city council for one-year terms.
- Appointees must be residents of Sanibel. Full-time residents are preferred, however, part-time residents may qualify as adjunct (non-voting) members.
- Appointees must earn a passing score on the city’s Vegetation Competency Exam.

Responsibilities of committee members include:

- Attend committee meetings on the first Thursday of each month at 1:30 p.m. in MacKenzie Hall at city hall, located at 800 Dunlop Road.
- Assist in the administration of the city’s Vegetation Competency class and exam for landscape professionals. The class and test is offered four times per year in January, April, June and October, on the first two Friday mornings of the month.
- Assist the city’s Planning and Natural Resources Departments with vegetation inspections. The number of inspections is typically one or two per month per member.

Any resident wishing to serve may pick up an application at Sanibel City Hall, 800 Dunlop Road. The deadline for submission is Friday, March 25. Applications may be returned in person to City Hall, via fax at 472-3065 or via email to the city clerk at pamela.smith@mysanibel.com.

If you have any questions, contact the city manager’s office at 472-3700.**

Youth Swim Lessons At Rec Center

The spring session for youth swim lessons at the Sanibel Recreation Center will be held on Tuesdays and Thursdays from April 5 through May 3.

Improve your child’s comfort level and abilities in the water. Group lessons are offered for youth starting at 6 months. Registration is on a first come, first serve basis. Cost per session for Rec Center members is only \$50 and \$66 for non-members. Any accompanying non-members must present a valid photo ID at front desk. A class schedule with detailed lesson information is available at the Rec Center’s front desk. Call the Recreation Center at 472-0345 for requirements, class options or more information.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road.**

City Accepting Applications For Historical Preservation Committee

Are you interested in the preservation of Sanibel’s unique history? Would you like to help provide residents and visitors reflections of the island’s history and the pre-historic period up to and including the incorporation of the City of Sanibel?

Qualifications to join the city’s Historical Preservation Committee:

- Members are appointed by city council for one-year terms.
- Appointees must be full-time residents of Sanibel.
- Appointees must have knowledge, skills or interest in historical preservation

Responsibilities include:

- Attend committee meetings on the first Thursday of each month at 9 a.m. in MacKenzie Hall at city hall, located at 800 Dunlop Road.
- Assist in the acquisition and deaccession procedures of materials and objects acquired by the committee.
- Assist the city’s Historical Preservation Committee in collecting, procuring, pre-serving and displaying items relating to the history of the islands of Sanibel, Captiva and their environs.
- Other duties as outlined in the City of Sanibel’s ordinances.

Any resident wishing to serve may pick up an application at Sanibel City Hall, 800 Dunlop Road. The deadline for submission is Friday, March 25. Applications may be returned in person to City Hall, via fax at 472-3065 or via email to the city clerk at pamela.smith@mysanibel.com.

If you have any questions, contact the city manager’s office at 472-3700.**

Teen Scene Trip To Red Sox Spring Training Game

Teens! Catch all the big league baseball action at JetBlue Park this Friday, March 25, when the Boston Red Sox take on the Pittsburgh Pirates at 6:05 p.m. for one of the final games of the 2016 Spring Training schedule. Bring money for food or souvenirs at the park. There will be a dollar menu dinner stop before the game. The seats are in the outfield bleachers, so bring a glove if you want to catch that home run ball!

Cost to register is only \$14 for Sanibel Recreation Center members and \$15 for non-members. The van will leave the Recreation Center at 4 p.m. and approximate return time is 11 p.m. Teens ages 12 to 15 are welcome. Van seating is limited. For more information contact the Sanibel Recreation Center at 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. Go to www.mysanibel.com to learn more.**



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Can We Meet Water Quality Challenges for Sanibel?

Preserving Sanibel as a sanctuary barrier island community is an ongoing effort – and protecting our water quality is a major part of that effort. Next week you can hear about meeting our water quality challenges, directly from someone who is intimately familiar with the subject – John Cassani, Chairman of the Southwest Florida Watershed Council and a member of the Board of Directors for the Caloosahatchee River Citizens Association.



John Cassani

You can hear John address this important issue...

Wednesday, March 30, at The Annual Meeting of The Committee Of The Islands

As Keynote Speaker at this event, John Cassani brings years of experience on water issues. He was one of the three initial advocates that brought the idea of a conservation land acquisition program to the Lee County Commission in 1995 and subsequently served on the Conservation 2020 advisory committee for 17 years. John was recently appointed to the Lee County Local Planning Agency.

ALL ARE INVITED TO ATTEND

at the Sanibel Community House,
2173 Periwinkle Way.

Join us for coffee and rolls at 9:00 AM. Meeting begins at 9:30.
For more information, email COTI at coti@coti.org



Keeping Sanibel Special Since 1975

See news and commentary on other island issues at the COTI website, coti.org

Answering The Call: Caring Neighbors, The City's Response Teams And FISH

There are many people on the islands who respond to crisis within the community 24 hours a day, seven days a week, as emergencies and unfortunate situations don't just happen during the work week. FISH of SanCap is no exception.

Late Saturday night, the Sanibel Police Department received a 911 call from the couple's neighbor stating Martha had come over and believed her husband had died. The police and EMS arrived at Martha's home and confirmed that Jim had passed away. Jim's body was taken to a funeral home, and Martha's neighbor stayed with her for the night.

FISH President and CEO Maggi Feiner received a telephone call during the



early weekend hours from the Sanibel Police Department regarding an elderly couple in need of assistance. FISH had provided health referrals for the couple in the past and knew their history; they had been married for over 50 years, and never had children. Jim suffered from MS and cardiac issues; Martha has advanced dementia. Both were reclusive and had very little, if any, contact with their neighbors.

The following day, FISH went to Martha's home.

"She was friendly, but clearly did not understand what had happened," explained Feiner. "The house was in disarray with personal papers covering every table and chair. The land line was not working, there was no hot water and the home elevator did not work. Martha looked frail and couldn't tell us the last time she ate anything. In checking the refrigerator, there was only some peanut butter but no bread. The situation was dire, and that was only after a 30-minute assessment."

Department of Family Services was contacted, which is "protocol in situations like this," according to Feiner. The DFS investigator made her assessment, which basically was that Martha could not take care of herself and would not be able to stay in her home without assistance, but that it could take days to arrange services. FISH social workers stepped in to find a home healthcare provider and contacted the family attorney. FISH also purchased prepared foods, stocked her refrigerator and set up wellness checks with the police, the family attorney and FISH staff.

The following day, FISH arranged 24-hour care for Martha until appropriate placement could be determined. The neighbors purchased an inexpensive cell phone for her in the event of an emergency. FISH is visiting with Martha through this troubling time, where she talks about Jim, the love of her life.

"He is someone I love... we have a marriage of sharing, of support, of friendship... he is my best friend," she recalled, speaking as if he were right there next to her.

FISH social workers continue to work with Martha's attorney, her relatives and healthcare providers to insure she will receive the best treatment and care possible.

"This case - so sad, so unfortunate -- truly proves that FISH is for everyone," said Feiner. "Martha could be anyone's neighbor. In some cases, FISH is the only hope for our islanders to respond quickly and effectively through teamwork with all staff and city officials; we answer all calls, 365 days a year. I am very fortunate to be a part of such a caring organization, and to work with such a compassionate city, police department and community. Our thoughts are with Martha, and for all the 'Marthas and Jims' out there."

For more information about the FISH organization and how they help all islanders, call Maggi Feiner at the FISH Walk-In Center at 472-4775.✱

Historic Captiva Chapel By The Sea



HOLY WEEK

MARCH 24 MAUNDY THURSDAY

4:00PM HOLY COMMUNION

Remembrance of Our Lord's Last Supper

MARCH 25 GOOD FRIDAY

NOON - REFLECTING ON THE PASSION OF CHRIST

MARCH 27 EASTER SUNDAY

11:00AM THE RESURRECTION OF CHRIST

Worship with special music

*You are cordially invited to come, bring your family
& friends and discover a very special place
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The Rev. George E. Morris

11580 CHAPIN LANE - CAPTIVA - 1-239-472-1646
(Next to the Library and Civic Association)

Holy Week Services Sanibel Congregational United Church of Christ

Maundy Thursday - March 24

Tenebrae & Holy Communion - 7:00 p.m.

Good Friday Vigil Service

Noon - A Dramatic Monologue

The Rev. Deborah Kunkel

Easter - March 27

The Rev. Dr. John H. Danner preaching

7:45 a.m. Chapel

9:00 & 11:00 a.m. Special music

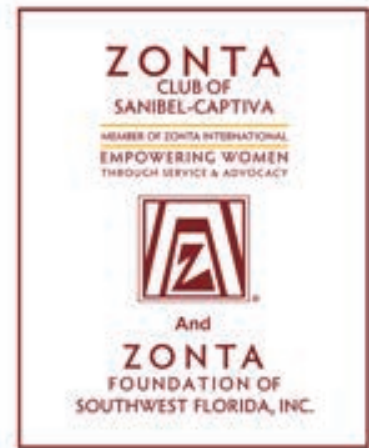
All are welcome!

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Rev. Dr. John H. Danner, *Senior Pastor*
Rev. Deborah Kunkel, *Associate Pastor*



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"THANK YOU"
 for another successful
PEEK AT THE UNIQUE
 15th annual tour of island homes
 Saturday, March 12, 2016



Our huge gratitude to the Peek homeowners, 88 volunteers, 620 Peekers, dozens of individual benefactors and the almost 200 businesses, restaurants and retailers who provided goods, services and/or financial support: your generosity helped us to raise over \$100,000 to fund programs that empower women locally in Southwest Florida, and globally through Zonta International.

House Sponsors: Dan Hahn Custom Builders and Sanibel Design, Gene's Books, Gulf Breeze Cottages, Joan Sherman, The Wolter Group, Inc.

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This big "Thank You" page sponsored by Kym Mason Interiors of Sanibel, a long-time Peek supporter.

Easter

AT SANIBEL COMMUNITY CHURCH

*Saturday, March 26
11 a.m. to 1 p.m.*

Sanibel Community Church
Easter Egg Hunt

Hundreds of colored eggs,
putt putt golf, games, story telling
and a free lunch for everyone!
In Fellowship Hall & Playground.

*Sunday, March 27
6:30 a.m.*

Easter Sunrise Service
on the Causeway

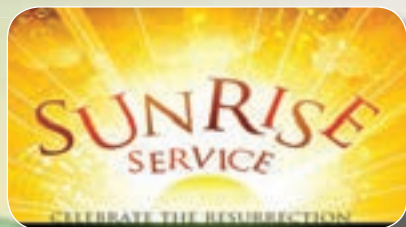
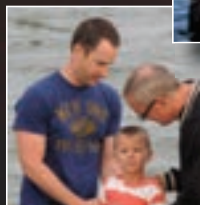
Bring your lawn chair and enjoy
free donuts and coffee prior to the
service. Drama, powerful singing.
Believers Baptism in the Bay
available following the service.

*Resurrection Services
On the Campus of
Sanibel Community Church
8 a.m. and 11 a.m. -*

Traditional with Choir.

9 a.m. -

Contemporary with Praise Team.



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8:00 A.M., 9:00 A.M. & 11:00 A.M.



Sunrise congregation

Sanibel Community Church Annual Sunrise Service

On Easter Sunday, March 27, the Sanibel Community Church will conduct a vibrant sunrise service of worship on the Sanibel Causeway at 6:30 a.m. Prior to the service there will be free coffee and donuts for everyone. The service will include testimonies by the men and women of Teen Challenge, as well as a dramatic sticks presentation by teens of Sanibel. Music will be led by the Contemporary Praise and Worship band of the church. Dr. Daryl Donovan, senior pastor of Sanibel Community Church, will give the Easter Message. Following the worship service, there will be opportunity for believer's baptism by immersion in the bay.

A love offering will be received during the gathering to assist the ministry of Teen Challenge International. Teen Challenge has been instrumental in thousands of teens and adults finding freedom from addiction to drugs or alcohol. The entire offering that morning will go to Teen Challenge of Fort Myers.

The sunrise service will be held on the west side of the causeway island closest to the bridge. There is plenty of free parking, as well as portable public restrooms provided.

All are welcome. Bring your lawn chair...and bring a friend to celebrate the resurrection of Jesus Christ. For more information, call 472-2684 or visit www.sanibel-church.com. ✨

CROW To Host Southern Comfort On Sanibel

The Clinic for the Rehabilitation of Wildlife (CROW) will host Southern Comfort On Sanibel on Saturday, April 2 from 6 to 9 p.m. at The Community House, located at 2173 Periwinkle Way.

The event will feature a buffet of mouth-watering southern food provided by The Pecking Order and a complimentary Southern Comfort drink. DJ David Flory from Island Ballroom will supply the evenings music and dance lessons.

The evening highlights will include games, prizes, silent auction, raffle and more. All proceeds will benefit the Clinic for the Rehabilitation of Wildlife.

To purchase tickets and for sponsorship opportunities, visit www.CrowClinic.org or call 472-3644. ✨



WORSHIP EASTER

with Sanibel Fellowship, SBC

Sunday 10 to noon

Meeting now at

George & Wendy's Sanibel Seafood Grille
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Park and enter side door please

Pastor Mark Hutchinson – 239-284-6709

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Regards,
Jerry's of Sanibel
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get crackin'!

.....Thur., 3.24.2016 - Wed., 3.30.2016

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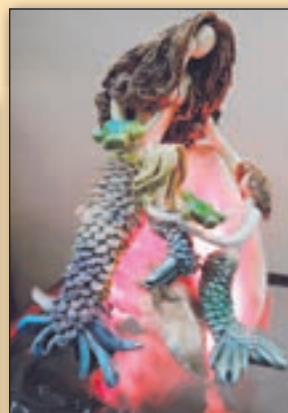
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'X' Is For Xylophone At Sanibel Christian Preschool

Last week, the Sanibel Christian Preschool's 3- and 4-year-old classes combined their music and alphabet lessons. The letter of the week was "X," which gave teacher Miss Abella the idea to pull out the xylophones. Students took turns discovering the difference in sound when using a hard or a soft mallet. They learned about a musical scale and listened to how the different length and thickness of each xylophone note changes the sound.

Sanibel Christian Preschool, a ministry of Sanibel Congregational United Church of Christ, is a VPK-approved provider, offering classes for 2-, 3- and 4-year-olds. Their faith-based program is open to families of all backgrounds, striving to help each child experience that he or she is a beloved child of God. The preschool offers scholarships based on financial need. For more information, call Director Laura Miltner at 472-0497.✱



Sanibel Christian Preschool's teacher of 3-year-olds, Miss Abella, gives Liam a turn at the xylophone

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

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Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study. www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

CAPTIVA CHAPEL BY THE SEA

The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday 10 to noon Meeting now at George & Wendy's Sanibel Seafood Grille, 2499 Periwinkle Way, Park and enter side door please Pastor Mark Hutchinson 239-284-6709

SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684 Dr. Daryl Donovan, Senior Pastor

Sunday Worship: 8 a.m. Traditional in historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

2050 Periwinkle Way 472-0497 The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

ST. ISABEL CATHOLIC CHURCH

3559 San-Cap Road, 472-2763 Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 8 and 10:30 a.m. Sunday Eucharist, 10:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 6 p.m. Third Wednesdays Taizé Service. 472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email ryi39@aol.com or 433-4901.✱



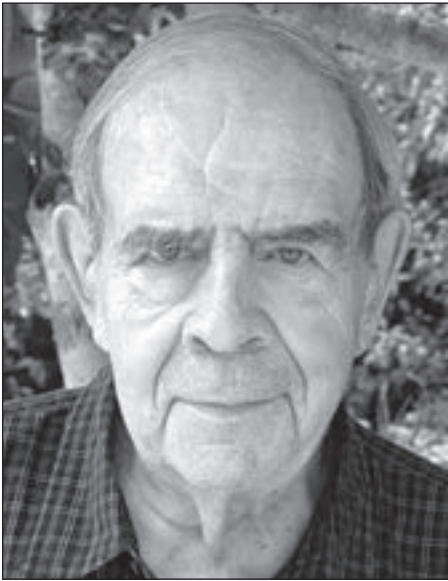
Easter Schedule

HOLY SATURDAY, MARCH 26
The Great Vigil of Easter 8:00 PM

EASTER SUNDAY, MARCH 27
7:00 AM, 9:00 AM & 11:00 AM

St. Isabel Catholic Church
3559 Sanibel-Captiva Road
Sanibel, FL 33957
Telephone (239) 472-2763
SaintIsabel.org

OBITUARY



DR. WILLIAM A. STEWART

William A. Stewart, MD, a neurosurgeon who enjoyed a long career in Syracuse, New York and abroad, died on February 29, 2016 in Fort Myers due to complications from amyloidosis. He was born in Liberty Center, Ohio on April 6, 1933.

Dr. Stewart and his wife, Nancy, had enjoyed a number of years in their Sanibel home before becoming full time residents in 2015. Being on this island was a true joy to him. He never failed

to mention what a beautiful day it was, or how gorgeous the bay appeared each time he crossed. He thoroughly enjoyed participating in worship and educational events at the Sanibel Congregational United Church of Christ. Friends from the Think Tank provided camaraderie and humor.

Dr. Stewart graduated from the Miami University, Oxford, Ohio and the College of Medicine, Ohio State University. He authored clinical research papers and lectured internationally on the treatment and early prognosis of the functional outcome of head trauma. He was Professor of Clinical Neurosurgery at State University of New York, Upstate Medical University when he ended his practice at age 79.

He was USNR-Ret. and spent his active duty with the Marines as a naval surgeon in Vietnam aboard the *USS Repose*. He belonged to several national and international societies working to maintain high standards of medical practice and was a 20-year member of the New York State Department of Health, Board of Professional Medical Conduct.

Dr. Stewart spent a year (1974-75) in Nigeria as director of a Project Hope mission to start a teaching hospital in Ile-Ife. He served in the Mujahedeen field hospitals in Pakistan during the Soviet invasion of Afghanistan.

He is survived by his wife of 55 years, Nancy Travis Stewart; six daughters, Katherine Stewart, Rochester, New York, Betsy Stewart,

Boulder, Colorado, Janet Robinson (Peter), Cohasset, Massachusetts, Sarah Stewart, Maryland, Fairfield, Connecticut, Heather Fishman (Guy), Arlington, Massachusetts, and Alexandra Stewart, Sanibel. Grandchildren are Isabel Robinson, Anne Robinson, Ella Karrass, Kurt Grosner, Wesley Grosner, Clara Grosner, Savyon Fishman and Lilia Fishman. Also surviving is his sister, Jean S. Thoms of Littleton, Colorado and sister-in-law Marlene Stewart McBurney of Mulino, Oregon. He was predeceased by his parents, Cyrus Byron Stewart and Ardis Marjorie Hicks Stewart and by his brother, Robert.

A memorial service will be held at the Pebble hill Presbyterian Church in DeWitt, New York at 2 p.m. on Saturday, April 9.✱

Community Easter Egg Hunt

It's spring and there will be eggs everywhere on the campus of Sanibel Community Church, 1740 Periwinkle Way. The Easter egg hunt will be on Saturday, March 26 from 11 a.m. to 1 p.m. and will include games, family putt-putt, free lunch for the family, storytelling and age appropriate areas to collect thousands of eggs and redeem them for prizes.

All families with children age 3 through 5th grade are welcome.✱

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OBITUARY



ROGER ALTON BELL

Dr. Roger Alton Bell, Ed D. passed away on Sanibel Island on February 27, 2016 after an illness. Dr. Bell, of Ohio, Louisville, Kentucky and Sanibel, left behind a legacy of academic and professional excellence and influence. He completed his long career

as Professor Emeritus of Psychiatry and Behavioral Sciences with the University of Louisville.

Holding degrees from Otterbein College, United Theological Seminary, University of Toledo and Wayne State University, Dr. Bell had a prestigious career as a researcher, educator, trainer and consultant on a number of subjects including counseling, alcohol and drug education, hostage negotiation and workplace violence. Dr. Bell held teaching positions at the University of Louisville, University of Toledo, Wayne State University and the University of Florida in Gainesville, as well as teaching for the United States Air Force in Ankara, Turkey and Weisbaden, Germany. Having published more than 300 presentations, articles, journals, chapters and books, Dr. Bell was a pioneer in the fields of hostage negotiation and workplace violence.

Several of his consultations included working with the FBI in the early stages of the Crisis at Waco, Texas, the Atlanta Prison Riots of 1988 and debriefing the employees and families of the Standard Gravure Shooting in Louisville in 1989. He was a pioneer nationally in the field of jury stress debriefing.

Along with his extensive academic achievements, Dr. Bell also left a long

legacy as a result of his civic contributions. He was awarded the Community Service Award by Mayor Jerry Abramson and Col. Robert C. White of LMPD, the Departmental Citation for Exceptional Merit by Mayor David Armstrong and Col. G. Smith of LPD, and the Special Achievement Award for Major Accomplishment in the Field of Psychiatry and Extraordinary Service to the profession and the community by Otterbein College, among others.

Dr. Bell was a much loved father, grandfather and brother. Leaving to cherish his lasting memory, Dr. Bell is survived by three children – Karen Lynn Bell (Leonard), Karel Bell Worley (Tim), John Konrad Bell (Vaughn); five grandchildren – John Taylor Bell, Sarah Jane Worley, Ariel Grace (Ellie) Worley, Meredith Ellen Bell and Jackson Alton Bell; and the mother of his children, Rita Jane Bell. He is also survived by two siblings – Roderick Bell (Louise) and Roberta Bell Miller (Tom), multiple nieces, nephews, grand nieces and nephews, and step-mother, Catherine Bell, and step-sister and brother, Marla Kuhlman and David Kuhlman.

Active for years in the recovery community, Dr. Bell is also survived by a multitude of dear friends. Dr. Bell was preceded in death by his father, the Reverend Woodrow Bell, his mother, Ruby Bell Reichardt, and siblings Sharon Bell Pieper and Richard Bell.

A memorial of his life will be celebrated in Louisville, Kentucky at Highland Baptist Church on April 2 as well as on Sanibel on April 30.✱

Maundy Thursday Service

On Thursday, March 24 at 7 p.m., the Contemporary Praise Team and Chancel Choir of Sanibel Community Church will lead participants in an evening of worship to celebrate in the Lord's Supper.

The Apostle John will welcome worshippers, as the focus is on the night when Jesus met with the 12 in the Upper Room. There will be classical Lenten hymns, as well as contemporary worship songs of praise. As Jesus washed the feet of His disciples that night, the service will conclude with the opportunity to have feet washed as a testimony of the forgiveness of Christ.

Thursday, March 24 also marks the Jewish festival of Purim. God worked miraculously through his servant Esther in delivering the Jewish people from destruction. During Purim, Jewish believers give gifts to the poor out of gratitude for God's deliverance. At the Maundy Thursday service, an offering will be received for the poor, helping feed the 92,000 people in Lee County who are considered "at risk" of having adequate food supply.

For more information, call 472-2684 or visit www.sanibelchurch.com. Sanibel Community Church is at 1740 Periwinkle Way.✱



F.I.S.H.

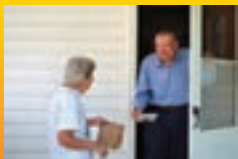
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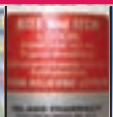
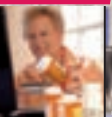
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OBITUARY



JAMES P. HANLON, JR.

James P. Hanlon, Jr., 74, passed away on March 17, 2016. The son of James P. and Mary Louise Hanlon, he was born in Bethlehem, Pennsylvania on March 19, 1941. Jim graduated from Blair Academy in New Jersey in 1959, and from Lehigh University in 1963 with a BS degree in accounting. After graduation, he moved to New York City to begin work for Haskins & Sells (now Deloitte) for whom he would work nearly forty years. Jim became a CPA and worked as an accountant and auditor for 15 years; he

then switched to management consulting, specializing in large computer system projects. The last 12 years with Deloitte Consulting were spent as a senior partner responsible for risk management, contract negotiation and work on troubled projects. Jim retired from Deloitte at the end of 2002. Over the course of their 52 years of marriage, Jim and his wife, Maddy, lived abroad for 11 years in Brussels, Tehran and Athens, and upon their return to the states they lived in Chicago, Connecticut and, since 1997, Sanibel Island until his retirement. Their post-retirement homes on Sanibel Island and in Newport, Rhode Island have been seasonal destinations, as has been their canal boat in France, which they enjoyed for several months each summer. Jim is survived by his wife; daughter Eileen Louise Hanlon of Silver Spring, Maryland; son James P. Hanlon, III and his wife Mary of Wilmette, Illinois; his three granddaughters, Taylor, Ellie and Amanda Hanlon; and brother, George R. Hanlon (Louise) of Atlanta, Georgia. During Jim's years living on Sanibel, he served the community in many ways including as a director of COTI (Committee of the Islands), a director of BIG ARTS (2008-14) where he was a member of the finance committee and booked the entertainment for concert series, and was a dedicated member of the regular current events group. Jim and Maddy were honored as Angels of the Year for 2014 by BIG ARTS. A Celebration of Life reception will be held from 5 to 7 p.m. on Wednesday, April 6 at BIG ARTS, 900 Dunlop Road

on Sanibel. In lieu of flowers, contributions may be made in his memory to BIG ARTS, 900 Dunlop Road, Sanibel, FL 33957. Friends are invited to send condolences via the online guest book which can be found at www.MullinsMemorial.com.

Divisive Politics Discussion

At the Unitarian Universalist of the Islands Church on Sunday, April 3, The Rev. Walter H. Schumann will discuss the topic, Can the philosophical and theological legacies of Abraham Lincoln and Martin Luther King help heal the divisive nature of political discourse today? He will look at the Second Inaugural Address of Lincoln and the Letter from Birmingham Jail by King for the paths of righteous action. Schuman is an ordained ELCA Lutheran minister and a retired professor and chairman of the religion department at Ashland University, where he taught courses in theology and ethics from 1971 to 2002. While living in Ohio, he served on the Board of Ethics for the Samaritan Regional Health System and was a charter trustee for the Hospice of North Central Ohio. He has published numerous articles on theology and end of life concerns, received an NEH Grant for advanced study in theology and medical ethics and was awarded the Taylor Award by Ashland University for Excellence in



Rev. Walter H Schumann

Teaching. Since moving to Sanibel, he has taught courses for the Renaissance Program of Florida Gulf Coast University and has led study groups and presented forums at St. Michael's Episcopal Church on the subject of Religion in Public Life. Most recently, he and Dr. Michael Derechin presented a program for the Shared Scholar Community Lecture Series entitled Dying in the Technological Age: Doctors, Patients and Ethical Choices. The service takes place at 5 p.m. at the Sanibel Congregational Church of Christ, 2050 Periwinkle Way. The public is welcome to attend.

An advertisement for Congress Jewelers. The top half features a background image of a beach with waves. In the center, there is a large, bold text: "The Largest Selection of ROBERTO COIN In Southwest Florida". Below this text, there are several pieces of jewelry, including gold and diamond bracelets and rings. At the bottom left is the Congress Jewelers logo, which includes a stylized diamond and the text "CONGRESS JEWELERS". Below the logo, it says "SEALIFE ♦ FASHION ♦ DIAMONDS ♦ ESTATE". At the bottom right, there is a promotional offer: "Receive a gift with any Roberto Coin Purchase*" and "*Gift while supplies last". Below that, it says "For over 30 years, Congress Jewelers has been celebrating life's special moments while creating memories that last a lifetime." At the very bottom, there is a line of text: "Periwinkle Place Shops • Sanibel Island • 239-472-4177 • CongressJewelers.com • SealifeByCongress.com".

City Of Sanibel Vegetation Committee

City Offers Free Native Plant Tours

Want to attract birds and butterflies to your property? The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of City Hall grounds, planted exclusively with native plants.

The next tour of city hall grounds is on Saturday, March 26, beginning promptly at 10 a.m.

If you are unable to attend on Saturday, two upcoming tour dates include Wednesday, April 13 and Saturday, April 23.

Come walk the grounds for ideas on

planting native vegetation that requires no fertilizer. Come see how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation Committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to City Hall, 800 Dunlop Road, in front of the main staircase. For additional information regarding the guided native vegetation tour, contact the City's Natural

Resources Department at 472-3700.

The City of Sanibel is a "walkable and bikeable" community and features one of the most extensive shared use paths in the State of Florida. Attendees to these special events are encouraged to enjoy our good nature, bicycle to these events and stay FIT-4-LIFE!

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and



Monarch *Danaus plexippus*

fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.*



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OBITUARY



The Chamberlain family some years ago

TIMMY CHAMBERLAIN

Long-time and well-loved Sanibel resident Timothy “Timmy” Donald Chen Chamberlain, 53, was killed in a car accident at the corner of John Morris and Summerlin roads on Tuesday, March 15. A white cross bearing his name now stands where he took his last breath.

Born in Buffalo, New York on July 19, 1962, to Joseph and Alice Chen Chamberlain, Timmy graduated from Orchard Park High School in 1982. He went on to serve in the Army reserve.

In Buffalo, he was known as one of the best skateboarders in town and was an avid slalom skier in the winter. His award-winning career as a bartender that began in New York would span 30 years, including stints at iconic island venues.

In 1988, he moved to Sanibel with childhood buddy Carmen Carriero. “No matter what he did he was very passionate about it,” said Carriero, who currently bartends at George & Wendy’s Seafood Grill.

After falling in love over a plate of fresh oysters at the Lazy Flamingo in 1993, he married the love of his life, fellow Sanibel resident and Sundial employee Sharon Walter. During his tenure on the islands, Timmy bartended at the Sundial, the Bubble Room, Tween Waters Oasis Pool Bar, West Wind Inn, George and Wendy’s and the Key Lime Bistro and was a favorite among patrons.

Known for his gregarious and unconventional manner, he was also an avid bass player and entertained islanders in various bands, including The Dirty Mullets and Robby Hutto and The Absent Minded, which was tattooed across his back.

He was a member of Sanibel Community Church where he served as bass player in the Praise Team from 1997 to 2010. His and Sharon’s two children, Sterling and Katie, attended The Sanibel School through middle school. Sterling now hand tosses pizzas at Beach Piez; Katie worked as a hostess at Cantina Captiva for two years and now is a hostess at the Twisted Vine in downtown Fort Myers.

Timmy most recently worked as an airport taxi driver and lived in Fort Myers.

He is survived by his wife, Sharon; his father Joseph Chamberlain, of Buffalo,

New York; his mother Alice Chamberlain, of Woodstock, New York; his sister Joann Chamberlain-Plate (Marc); son Sterling Chamberlain, 22 and daughter Katie Chamberlain, 18, both of Fort Myers; stepson Justin Smith (Lauren), of Columbus, Ohio, and three step-granddaughters. Also surviving is niece Asia, 23 and aunts, uncles and cousins.

A memorial service will be held at New Hope Presbyterian Church in Fort Myers at 2 p.m. on Friday, April 8. In lieu of flowers, please make donations in Timmy’s memory to FISH of Sanibel.✧

Happy Birthday



The newborn triplets



Jack, Kaia and Owen Geissinger, age 13

Geissinger Triplets Now Teenagers

John and Debbie Friedlund announced the arrival of their triplet grandchildren, Owen, Jack and Kaia 13 years ago and, yes, they are now teenagers. Their parents are Tara and Mark Geissinger of Fort Myers. By the way, the triplets were born on the Friedlunds’ wedding anniversary so there is lots to celebrate.✧

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with Communion

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A very special Thank You and Recognition to our Community Sponsors and Donors to the Silent Auction and Raffle. They provided the support needed to make our 2016 Arts and Crafts Fair a Huge success.
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POTTERY
Clay, Sculpting, Ceramics & Pottery on the Wheel: Wednesdays, 3:30 to 6 p.m., April 6 to May 11
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iPad Lesson 4 – Media: One Day, Thursday, 9 a.m. to 12 p.m., March 24
iPad Lesson 5 – Advanced: One Day, Thursday, 9 a.m. to 12 p.m., March 31
iPad Essentials: One Day, Friday, 2 to 5 p.m., March 25
iPhone Essentials: One Day, Friday, 9 a.m. to 12 p.m., March 25
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Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. For complete course descriptions and the full season’s workshops and seminars schedule, visit their website www.bigarts.org/workshops, or email info@bigarts.org.

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Power Squadron Boating Course

The San Carlos Bay Sail & Power Squadron will be offering America’s Boating Course beginning Saturday, April 2 from 8:15 a.m. to 12:30 p.m. This course is recognized by the National Association of State Boating Law Administrators. Anyone born after January 1, 1988 must have passed a safe boating course and obtain a Boating Safety Education ID card in order to operate a boat with more than 10 hp. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class.

The course consists of two sessions on consecutive Saturdays. The second session will be on Saturday, April 9.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable. The cost is \$45 with a \$20 cost for a second person sharing the instruction materials.

The course is taught at the power squadron classroom at 16048 San Carlos Boulevard, at the corner of Kelly Road. Register at www.scbps.com or call 466-4040.

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Kindergarten and first grade coloring contest winners

photos by Jeff Lysiak



Second and third grade coloring contest winners

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Winners of Bailey's General Store's annual Spring Coloring Contest are:
Kindergarten – Aubrie Suslick, first place; Rodd Bell, second place; and Olivia Burns, third place.

First grade – Madison Byrne, first place; Sammy Wells, second place; and Elin Mossberg, third place.

Second grade – Ava Selby, first place; Zackary Alonso, second place; and Liza Agibalova-Garcia, third place.

Third grade – Lily Lockard, first place; Julia Lemmon, second place; and Isabella Rose, third place.

The Bailey's Spring Coloring Contest is organized annually by Roni Martorelli.✧

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Trouper the Blind Raccoon, here being kissed by his caretaker Dot Lee, will celebrate his 7th birthday on April 2 at the Sanibel Public Library photos by Jeff Lysiak

Library To Host Trouper’s 7th Birthday Party

by Jeff Lysiak

Where else but on Sanibel would you find an entire community invited to attend a raccoon’s birthday party?

On Saturday, April 2 from 10 a.m. to 1 p.m. at the Sanibel Public Library, children and their families are welcomed to take part in Trouper the Blind Raccoon’s 7th birthday celebration, which will feature a cake decorating contest, arts and craft activities and a multimedia presentation of the wildlife ambassador’s storied life. But of course, the centerpiece of every birthday celebration is the birthday cake. And Trouper’s party will be no



A playful Trouper sticks out his tongue while doing exercises with Dot Lee

exception. “Each year, I bake Trouper his own birthday cake. I put it down on the floor and I let him smell it,” said Dot Lee, the critter’s longtime caretaker and companion. “He might not be able to see it, but he sure enjoys touching it... and eating it!” At the library party, Lee has requested that all families attending the celebration – kids and adults alike – bake a cake and decorate it with the theme “Respect Wildlife.” Cakes should be made in a 9x13-inch pan, single layer and any flavor or combination of flavors.

According to Lee, she wanted to encourage families to bake and decorate their cakes together, an experience that both children and adults will enjoy. “We decided not to ask for any cakes to be donated or bought for Trouper’s party,” she explained. “Baking a cake together is an activity for everybody to share and have fun with.” All of the cakes brought to the party will be put on display, with all attendees invited to vote upon which cake follows the theme “Respect Wildlife” the best. In front of each cake, voters will be asked to place a quarter into a cup. The cake with the most votes will win a prize – donated by local businesses



Trouper’s cake from his 4th birthday party including Toys Ahoy, MacIntosh Books & Paper and Traders – before all will take part in singing Happy Birthday to Trouper.

Cake entries will then be cut up and shared with everybody at the party. All of the money collected during the birthday cake vote will be donated to Lee’s Wildlife Education Project, which aids in the animal educational programming taught through appearances by Trouper throughout Southwest Florida. In addition to free cake, there will be a table set up at the library where party guests will be able to create their own birthday card for Trouper. Another table will feature a project to create a raccoon face on paper plates. All materials to make the cards and plate artwork – including paper, pens and other arts and crafts goods – will be supplied. Younger participants will also receive a workbook containing mazes, puzzles, connect-the-dots and coloring pages with raccoon fun facts. Every party guest may also choose a free ring – either a fox, owl or raccoon – to take home with them.

In addition to the creative activities, a multimedia presentation of photographs and videos depicting the life of Trouper since he became a part of Lee’s family – including meeting world renown singer Jackie Evancho backstage following a January concert in Florida – will be shown. “It’s a slideshow of Trouper and some of the people he’s met whose lives he’s touched,” added Lee. Trouper’s 7th birthday party will be held at the Sanibel Public Library, located at 770 Dunlop Road on Sanibel, between 10 a.m. and 1 p.m. on Saturday, April 2. Those who plan on making a “Respect Wildlife” birthday cake for the contest at the celebration are asked to call Dot Lee at 482-7178 so she can plan on how many cakes will be entered.*

I

♥

SANIBEL

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This bumper sticker has a green color to emphasize that almost 70% of Sanibel is in conservation land and a whimsical heart to signify our island lifestyle. The peel off back has information about Sanibel that you may not know.

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Shells Found



Gina and Chloe Anderson photo by A. Ziehl

Chloe Anderson, right and age 13, and Ginan Anderson from Austin Texas found an alphabet cone and two horse conchs within Pointe Santo's beachfront while staying at Pointe Santo. They said this is their 10th year on Sanibel for spring break. "We love shelling together, meeting other shellers and the thrill of the hunt."✽✽

Shell Found



Paige and Lisa Peterson photo by A. Ziehl

Paige Peterson (age 14) and Lisa Peterson (age 44) from Olathe, Kansas found a junonia east of Pointe Santo while staying at Pointe Santo. They said they were shelling at water's edge when a large wave washed in and they got a glimpse of something. They were quick to put a net down to nab it!✽✽

Shell Found



Greg DeKeyser with his junonia photo by A. Ziehl

Greg DeKeyser of Kewanee, Illinois, found a junonia on the Captiva side of Blind Pass on Friday March 11. He said he found it while fishing, saw the shell "rolling toward me in surf." He exclaimed, "Wow, a junonia!" He was staying at Mariner Point on Sanibel.✽✽



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Quick Change Of Season



by Capt. Matt Mitchell

Tarpon were the big news on the water this week as we went from winter right into spring in just over a week. I've already had reports of anglers catching early

season tarpon and I did see a few roll and free jump during the past few days while traveling through the sound.

With water temperatures quickly rising into the mid to high 70s, that magical springtime fishing we have been waiting for has kicked off.

Snook have started the move out from the mangrove creeks and are now showing up on the outside mangrove points and oyster bars in the middle sound. This pattern will continue as the water warms and they make this annual transition into the passes by

next month.

Despite super slow moving daytime tides this week, fishing action was consistent with snook being the target species most trips out. Free-lined shiners were what these fish wanted to eat.

The big snook caught on my boat this week was 29 inches, although we did have a few shots at larger ones that, once hooked, beat anglers to the structure and broke off. Catching 10 to 20 fish has been a average half-day snook trip with no single stop being that crazy wide open bite I've been looking and waiting for. With much better tides this week, the snook bite will only get better.

Working hard to get a live well full of shiners has been the key to keeping the rods bent and catching quality fish. Days when I got a little lucky and had plenty of shiners to live chum resulted in much better action than the days I only had enough to bait hooks with.

With shiners, the better bait you have the better your day will go. Creeks and mangrove shorelines quickly came to life when lightly seasoned up with a scoop of live stunned shiners. Snook, trout, redfish, snapper and jacks all



Tim Koles, visiting from Maryland, caught lots of snook while fishing with Capt. Matt Mitchell this week

exploded on these irresistible bait fish.

Catching shiners has remained a little hit and miss and on some days a real grind. Slow moving tides had me running to the bridge to try catching bait at zero dark thirty. Warmer water has finally made it possible to chum and catch these shiners out on the open grass flats.

When chumming for shiners mix about a gallon of dry chum with water until it's a paste then add about a cup

of menhaden oil. When shiners are a little tough to catch, menhaden oil seems to make a world of difference. Time invested in catching these quality baits will pay off.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✪

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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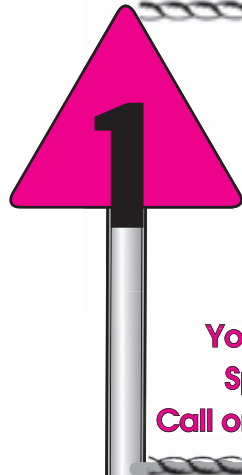


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Dave Doane

CROW Case Of The Week:

Eastern Cottontails



by Patricia Molloy

The Eastern cottontail (*Sylvilagus floridanus*) is a wild rabbit found throughout North and South America. Highly adaptable, they can survive in warm and cold climates and will

simply move to a more suitable environment if food becomes scarce on their home turf.

Cottontail rabbits are not only cute and cuddly, but quite clever. When a potential predator approaches, the cottontail will “freeze” in an effort to remain unnoticed. If that tactic fails and the animal (or human) continues to gain round, the rabbit will hop away in a zig-zag pattern. If a chase ensues, the cottontail will circle its home range, jumping from side to side, in order to break its scent tracks. Despite the ability to reach speeds up to 18 mph, it must be on high alert at all times.

CROW is caring for three little cottontails that were admitted as abandoned or orphaned babies (though it is possible that they were unintentionally abducted). All of the bunnies appeared to be in good health with no injuries detected. Judging

by their healthy weights, they had been fed well and regularly.

Wild rabbits often fare poorly in captivity because they view their human caretakers as potential predators. Despite being housed in cozy hutches in one of the ICU’s quiet rooms, young bunnies often experience dramatic weight loss once they find themselves separated from their mothers. To combat this, the cottontails are being force-fed several times each day to ensure optimal growth. Fresh greens are left in their cage for snacking. After their morning weigh-ins and in between feedings, the bunnies are left alone to snuggle and hop around the hutch playfully.

As soon as they are old enough to survive on their own, they will be released back into the wild together.

Do you ever wonder what types of critters find themselves at the wildlife clinic and why? CROW’s Visitor Education Center offers regularly-scheduled presentations led by the hospital’s medical staff. It also has self-guided tours, hands-on exhibits and live video footage highlighting patient stories. Call 472-3644 ext. 288 or go to www.CrowClinic.org for a complete schedule.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.



A young Eastern cottontail nibbles on greens and nutrient-packed pellets. CROW is currently caring for three little bunnies until they are old enough to survive on their own.



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Shell Of The Week

Channeled Duck Clam



by José H. Leal,
PhD, The Bailey-Matthews National
Shell Museum
Science Director &
Curator

The channeled
duck clam,
Raeta
plicatella
(Lamarck, 1818),
is a bivalve

commonly found in Southwest Florida. Its closer relative locally is the less common smooth duck clam, *Anatina anatina* (Spengler, 1802), with which it could be confused (this latter species was featured in this column on October 10, 2014.) Both species have very thin, fragile shells. The channeled duck clam, however, shows a sculpture of broad concentric ribs and a more rounded outline. The channeled duck clam, as other species of the family Mactridae, has its two siphons (one sucks water in for filter-feeding, the other expels the used water) fused to form a single, elephant trunk-like structure. In addition, species in the family Mactridae have their hinge with an internal ligament, in contrast to most bivalves, which display an external ligament. (The ligament is the proteinaceous,



Photos José H. Leal

The channeled duck clam, *Raeta plicatella*, in internal, top, and external views

usually brown, part of the hinge that keeps the shell slightly open when the strong adductor muscles are relaxed; when threatened or uncomfortable, the bivalve shuts its shell by contracting its muscles.) Learn more about the channeled duck clam and other local treasures at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants.

Space is limited so book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off shell museum admission. (Current Island Inn guests, please book through the inn).

Mollusk movies and scavenger hunts continuously throughout each day.

Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (check shellmuseum.org to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell BINGO
Wednesday at 1:30: Mollusk

photos by José H. Leal

Matinées – A series of nature-related lectures presented by local experts. (check shellmuseum.org for weekly topics.)

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO.

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit www.shellmuseum.org.*

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Plant Smart

Hammock Viperstail



This native twining vine scrambles over a fence or trellis or makes an attractive groundcover by Gerri Reaves

Hammock viperstail (*Pentalinon luteum*) is a long-lived woody twining vine that is also known as wild allamanda and, erroneously, as yellow mandevilla.

In the wild, this native is found in pinelands, coastal thickets, pine rocklands and hammocks.

This member of the oleander, or dogbane, family is a good choice for both coastal and inland landscapes.

A fast-grower, it reaches up to 12 feet long, with trumpet- or funnel-shaped yellow flowers and evergreen foliage. Use it as an attractive and robust cover for a trellis or fence or as a groundcover.

The five-lobed flowers are about two inches across and bloom throughout the year, peaking in spring and summer. They usually open one by one from clusters of up to seven buds at the branch ends.

The glossy leaves with under-curved edges measure one to three inches long and up to an inch wide.

The dry fruit splits at maturity to reveal cottony seeds.

This vine grows in full sun to partial shade and is highly drought-tolerant once established.

It can grow even in nutrient-poor soil, but does not like overly moist conditions.

While it tolerates salt wind well, it does not tolerate much inundation by salty or brackish water.

Beauty, low-maintenance and hardiness are not the only reasons to include this species in your landscape. It is also the host plant for the native polka-dotted wasp moth, also called oleander moth for its propensity to chomp through oleander bushes.

Take care when handling or pruning hammock viperstail, for the sap can irritate the eyes and skin and is toxic if ingested.

Propagate it with seeds or cuttings.
Sources: Everglades Wildflowers by



Hammock viperstail has lovely five-lobed flowers and shiny evergreen foliage
photos by Gerri Reaves

Roger L. Hammer, *A Gardener's Guild to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, fnps.org, and regionalconservation.org.

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Coyote and Bear Tales — March 30

Coyotes and a Florida black bear have been documented on the island; the black bear was relocated to northern Florida. Come and learn about the behaviors of these two new species. Coyotes have now moved into every county in Florida. Both human and bear populations are growing in Florida. Eighty percent of a bear's diet comes from insects and fruits. *Wednesday, March 30 at 10 a.m. \$5 adults.*



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Lighthouse Beach, Bay & Birds — March 30 at 8 a.m.

Meet at picnic pavilion. You must pay to park.

Weeds, Seeds & Birds at the Preserves — March 28 at 8:45 a.m.

Meet on the Nature Center Porch at SCCF

Trail Walks at the Nature Center — Tuesday - Friday at 11 a.m.

Snowy Plovers — March 31



Have you ever wondered about the staked nests on the beach or the families of birds with tiny chicks running around? Join us to learn more about the Snowy Plover. *Thursday, March 31 at 1 p.m. \$5 adults.*

Tides, Currents & the Florida Shelf — March 30

Why do the islands sometimes have just one tide a day? Learn how water behaves as the earth spins, the moon orbits and the winds blow. *Wed., March 30 at 1 p.m. \$5 adults*

Explore Our Trails, Nature Center and Observation Tower

Butterfly House – Guided tour Tuesdays 10 a.m.; also self-guided.

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The Shipley Trail – Located on the Bailey Homestead Preserve.

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Come visit our Native Landscapes & Garden Center at the Bailey Homestead Preserve, 1300 Periwinkle Way.

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Nature Center: Open Monday-Friday 8:30 a.m. - 4 p.m.

Garden Center: Open Mon-Fri 8:30 a.m.-5 p.m.; Sat 10 a.m.-3 p.m.

SCCF: (239) 472-2329 Garden Center: 472-1932 www.sccf.org

Documentary Explores World Without Fish

The documentary film *The End of the Line: Where Have All the Fish Gone?* is the next feature of the 4th annual “Ding” Darling Wednesday Film Series in the “Ding” Darling Visitor & Education Center auditorium on March 30 at 2:30 p.m.

Based on the critically acclaimed book by Charles Clover, *End of the Line* delves into the global overfishing crisis, particularly the imminent extinction of the bluefin tuna. Scientists discuss how this depletion has slipped under the public radar and how it affects the future of the oceans.

The award-winning, 83-minute documentary imagines a world without fish and promises to “change the way you think about seafood.” Note: The film contains graphic scenes that may not be appropriate for children.

“Ding” Darling Wildlife Society-Friends of the Refuge hosts the free eight-film, biweekly series with sponsorship from Sanibel-Captiva Beach Resorts. Seating is free, but limited and on a first-come basis.

The next film on the schedule is: April 13: *Bag It: Is Your Life Too Plastic?*

All showings begin at 2:30 p.m. For full descriptions of the films, visit dingdarlingsociety.org/films.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566 or director@dingdarlingsociety.org.



Shell Found



Ashley Fritz photo by A. Ziehl

Ashley Fritz, 15, visiting from Middleton, Wisconsin found a junonia on the beach near Loggerhead Cay while staying at Loggerhead Cay. Ashley said the shell was found during low tide at 10:15 p.m. using her phone’s flashlight. Her family has been coming to Sanibel for more than 30 years.

Shell Found



Nancy Steider

Nancy Steider from Hamilton, Ohio found a junonia at Turner Beach recently. She smiled while holding her prize at the Bailey-Matthews National Shell Museum.

The logo for Island Inn, featuring the text 'Island Inn' in a stylized font, with 'The Historic Beachfront Resort' underneath and a small map of Sanibel Island.

5th Annual Easter Eggstravaganza

Saturday, March 26th, 1pm

(No RSVP Required - Open to All Children Under 12)

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~Miniature & Trick Pony Rides~

~Trouper the Blind Raccoon~

Photos with the Easter Bunny

& Beach Front Easter Egg Hunt with \$200 in Golden Eggs!

(Egg Hunt Starts at 1:15pm Sharp)

A photograph of a large white Easter Bunny on a beach, surrounded by several colorful beach umbrellas and large, colorful Easter eggs (blue, orange, green, yellow).

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Fish Caught



Elliot Sudal with a black drum

Fishing from the beach has been awesome lately, says Elliot Sudal. His big catches included a black drum up to 40 pounds, redfish, Goliath grouper and numerous sharks that he tagged and released. ✱



Sandbar shark



Redfish



Goliath grouper

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Attention Sanibel/Captiva Gardeners

The 78th Master Gardener Lecture Series will be held on Thursday, April 7 at the Sanibel Public Library beginning at 10 a.m. The program will be presented by two biologists from the City of Sanibel's Department of Natural Resources, James Evans and Holly Milbrandt. Their program will be a PowerPoint presentation covering recently completed projects, restorations in progress and proposed future projects. Photographs of the completed Sanibel Bayous Preserve Restoration Project, and planting projects and habitat restoration at local beach parks and accesses and Pond Apple Park will be covered. In progress for the near future will be a discussion of the island-wide comprehensive Nutrient Management Plan, the Coyote DNA Scat Study and the Community Lakes Management Best Practices for golf courses and

lakes located in various communities on Sanibel. Future projects include The Dunes' weir modification, the Jordan Marsh design and engineering, and the island-wide Beach Management Plan update. Many cities of 150,000 or more do not have a natural resources department to maintain and rehabilitate public areas. By contrast, Sanibel has a department staffed by three environmental biologists who are supported by the City of Sanibel, but augment their funding for projects by obtaining grants from the county, state and federal government. They also partner with the Sanibel-Captiva Conservation Foundation and JN "Ding" Darling National Wildlife Refuge on mutually important projects. Evans and Milbrandt are experienced speakers and biology professionals who continue to help maintain and improve the special ecosystems on Sanibel. The Master Gardener lecture is free and open to the public; seating is limited. The Sanibel Public Library is located at 770 Dunlop Road.*

Mankind's Unique Relationship With Nature Is Topic Of Lecture

On Wednesday, March 30, award-winning Sanibel author and lecturer Charles Sobczak will be premiering a new lecture at the Captiva Memorial Library. The lecture will begin at 4 p.m. in the Civic Center side of the building located at 11560 Chapin Lane. Admission is free and the public is welcome. For more information, call the library at 533-4890. The lecture, titled Us & Them, is unlike any lecture Sobczak has ever given. The Power Point presentation begins with a look at the current status of the more than seven billion people inhabiting the planet and their overwhelming impact on earth's natural systems – from the current rise of extinctions to the degradation of entire ecosystems. Who we are? How we got to this point, and how do we move forward with the knowledge of our impact and scientific capacities we presentably have?



Charles Sobczak

The second section will look at the struggle for wild places and the remaining wild animals face in this avalanche of human expansion. This portion of the presentation also explores promising paths forward, including setting aside natural preserves and marine reserves as well as the concept of genetically re-engineering extinct species. Sobczak has been a lecture for Road Scholars (formerly Elderhostel) for the past 15 years. His nature guides and novels have won both regional and national awards, and he has done presentations for dozens of various organizations such as The Harvard Club, The Conservancy of Southwest Florida, The Estero Newcomers Club and the Sanibel-Captiva Audubon Society. Excerpts from his books appear in several area newspapers and magazines.*

To advertise in the *Island Sun* call 395-1213



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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Saturday, March 26, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, March 26, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW’s rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the

final step in the rehabilitation process.

Monday, March 28, 9 to 10 a.m., adults \$7, teens \$5, 12 and under no charge, pre-registration required – Ambassador Monday.

A presentation by one of CROW’s staff members in the visitor center with one of the education residents. Animal ambassadors have received an injury, preventing their release back into the wild. The program includes their species’ natural biology, guest appearance and a continental breakfast. Photography opportunity with an animal ambassador and CROW staff.

Monday, March 28, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Monday, March 28, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

Monday, March 28, 4:15 to 5:15 p.m., adults \$7, teens \$5, 12 and under no charge, advance registration required – Speaker Series: Sustainable Seafood with guest speakers Leah Biery, MSc, director of communications at the Sanibel Sea School and Ben Biery, coordinator for Solutions to Avoid Red Tide (START)

This sister-brother duo will discuss how the commercial fishing and aquaculture industries are impacting oceans and communities both positively and negatively, and how everyone can become more responsible seafood consumers.

Tuesday, March 29, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

Tuesday, March 29, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering our medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, March 30 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer.

Live animal encounter following the presentation.

Wednesday, March 30, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a

45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

Thursday, March 31 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a “keystone species.” CROW’s presenter explains why they are admitted how the medical staff treats this species.

Thursday March 25, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer. Live animal encounter following the presentation.

Thursday, March 27, 6 to 9 p.m. – Southern Comfort on Sanibel at The Community House.

The evening will feature a buffet of southern food by The Pecking Order and a complimentary Southern Comfort drink. DJ David Flory from Island Ballroom will supply the evening’s music and dance lessons.

There will be games, prizes, silent auction, raffle and other attractions. All proceeds benefit CROW.

Tickets are \$55 in advance at CrowClinic.org or by calling 472-3644; \$65 at the door.*



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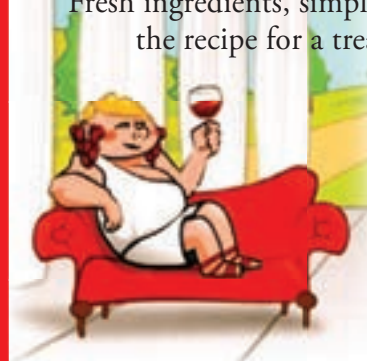
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An Adventures In Paradise past cruise

Adventures In Paradise is holding its annual Easter Egg Hunt & Dolphin Cruise on Sunday, March 27, beginning at 10 a.m. Cruise the waters surrounding Sanibel and Captiva aboard *Dolphin Waters*, a 45-foot Corinthian power catamaran and watch the dolphins on the way to a visit with the Easter Bunny on Easter Island. There will be over a thousand eggs on the island. Along the way, sightsee and learn about the local wildlife and estuaries where one of the world's largest populations of dolphins calls the area "home." Return time is 11:30 a.m. Easter pails and bottled water will be provided. Tickets are \$35 per passenger and reservations are required. Adventures in Paradise cruises depart from "G" dock at Port Sanibel Marina. For more information, call 472-8443 or go to www.adventuresinparadise.com.

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Easter Sunday With Captiva Cruises

Captiva Cruises is open on Easter Sunday and is offering a variety of cruises for families to enjoy on the holiday. Passengers can enjoy a Cheeseburger in Paradise Easter lunch on the beautiful island of Cabbage Key March 27 from 10 a.m. to 3 p.m. The Easter bunny will be hopping around the island and will be available for photos. The cost of the cruise is \$40 for adults and \$25 for children (cost does not include meal). You may not see any bunnies but you are certain to see pelicans and other interesting birds and dolphins on the

Dolphin & Wildlife Cruise from 4 to 5:30 p.m. (adults \$27.50, children \$18). Or your family may choose to enjoy a beautiful sunset on the Gulf of Mexico with a Sunset Wildlife Cruise departing at 6:30 p.m. and returning at 8 p.m. (\$30 adults, \$20 children). Reservations are required for all cruises and can be made by calling 472-5300.

Captiva Cruises also offers private cruise expeditions for beach, shelling, lunch or sailing tours. With a variety of vessels for private charters, call Captiva Cruises for more information on arranging a custom island hopping adventure.

Open daily, Captiva Cruises is located at McCarthy's Marina, 11401 Andy Rosse Lane, and South Seas Island Resort on beautiful Captiva Island. For more information, call 472-5300 or visit www.CaptivaCruises.com.

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This Presidential Campaign The 'Strangest Ever,' Says Analyst



Jack Madaris, Bill Sartoris and Roger Triffshauser with Charlie Cook

submitted by Diane Olsson

The current primary election is like a “witch’s bubbling, toxic cauldron” for each political party, said Charlie Cook, of the Washington DC-based *Cook Political Report*.

Cook spoke at the FORUM at BIG ARTS on Sunday, March 1, two days before the Florida and Ohio primaries, which Cook said would be critical in determining whether Trump could lock up the Republican nomination.

On the Democrats’ side, Senator Bernie Sanders, an avowed socialist, is giving Hillary Clinton fits in a way that is not normal for a Democratic primary election. For the Republicans, candidates such as Jeb Bush, who would traditionally be regarded as well-qualified, have fallen by the wayside in the face of competition from unusual candidates such as Donald Trump and Ben Carson.

Before getting to the details of the current races, Cook laid out several factors underlying this year’s “weird” primaries.

First, the two parties have less ideological overlap than in prior years. The Democrats have grown much more homogeneously liberal and the Republicans much more homogeneously conservative.

For example, Cook pointed out that Hillary Clinton was perceived as a leftist

within her husband’s administration, but now she is scrambling to keep up with her party’s further leftward shift. Meanwhile Jeb Bush was an effective conservative governor, and although he hasn’t changed, now he is too liberal for his party.

The media structure bolsters these trends. No longer limited to the three major networks as their “trusted news source,” viewers tune to the cable choice that reflects their predispositions.

A second strong factor is economic anxiety. Real median household income of middle income families is the same as it was in the year 2000. It’s been a slow, erratic recovery. As a result, many Americans don’t believe their children will have the same opportunities to move ahead and prosper that they and their parents had.

Third, populism is affecting both parties, whether it be by Occupy Wall Street on the left or the rise of the Tea Party on the right. Cook pointed out that recently populism led to Wall Street being bashed simultaneously by both sides.

Fourth, the two sides are polarized by culture wars. Each side feels threatened by current trends. One side believes in an established order of morality and values, while the other believes that things need to change over time. This division has led to political tension on major issues such as gay



Neal Halleran and Charlie Cook at the FORUM

marriage.

Next, Cook cited national security and terrorism. Polls show that Republicans or conservatives are far more concerned about national security and terrorism than independents or Democrats.

Finally, voters of both parties are angry: angry at Washington, at Congress, at politicians and at the leaders of their own party. Republicans promised to make major changes, such as repealing Obamacare, but both Speaker Boehner and Majority Leader McConnell exaggerated what they would be able to accomplish, even with House and Senate majorities.

Without control of the White House or a veto- and filibuster-proof majority, you’re not really running the show in Washington, Cook declared. But since Republicans in Congress have been unable to do what they promised, their voters feel betrayed. This may be one reason Republican leaders are refusing to consider any Obama Supreme Court nominee: They fear that their base won’t tolerate any more compromises.

Turning to the Democratic race, Cook remarked that Hillary Clinton has many big problems, but Bernie Sanders is the least of them. Bernie Sanders can win in New England and where there are caucuses, but only 15 states have caucuses and those states don’t have a lot of delegates. In addition, Democrats have a lot of super delegates, which are largely pledged to Clinton.

The biggest factor in Hillary Clinton’s future is probably what the Public Integrity Section at the Department of Justice will do with the FBI investigation of her emails. Will it move forward with an indictment? National security intelligence specialists believe that having classified information on a home computer is “really serious,” while experts on federal criminal justice are more doubtful that a case could be made.

Cook characterized the possibility of an indictment as 10 to 25 percent. If that occurred, he believes that Joe Biden would come back into the race. He says an indictment would free up Clinton’s delegates, but Sanders would remain unacceptable.

Biden would be the Democrat’s “least worst option,” Cook said, and would be a much stronger candidate

than Clinton against any of the likely Republicans. He showed how Clinton’s negative ratings have gone up steeply since the email issue arose.

As to the Republicans, Cook noted that Republican voter turnout in the primaries has been way up this year, unlike the Democratic turnout, but analysis shows Trump averaging just 35 percent of votes cast, 36 percent in Republican voter poll preferences and 42 percent of delegates (before the March 15 primaries).

Cook said that in order for Trump to reach the 1,237 delegates needed to lock up the nomination, he would need to start getting over 50 percent of the delegates in the remaining primaries. Victories in the Florida and Ohio winner-take-all primaries would propel him to the 50 percent level and make his nomination a near certainty.

(However, as we learned two days after Cook’s talk, Kasich beat Trump in Ohio. According to the March 18 *Wall Street Journal*, Trump would now need 57 percent of the remaining delegates to reach the 1,237 total.)

Cook doubts that Trump can achieve the 50 percent goal. He is a vehicle for voter anger, but even with fewer competing candidates, his numbers don’t expand. Voters watching him become concerned by the lack of detail in his plans and question his temperament to lead the country.

In Cook’s view, this indicates that the Republicans will have a contested convention. He thinks that in that case, Trump will lose.

Polls show Trump’s weakness as a candidate against Clinton. They show that Clinton against Cruz would be very close and Kasich would beat Clinton 48 percent to 40 percent, but Clinton would beat Trump by 47 percent to 41 percent in the Real Clear Politics average of polls and by 51 percent to 38 percent in the national *NBC-Wall Street Journal* poll. The polls also show that nationally Trump has a 25 percent favorability rating, far below even Clinton’s weak 38 percent favorability rating.

Cook’s hunch is that Ted Cruz is a more likely and more formidable candidate than Donald Trump. He recounted that Harvard Law school professor (and celebrity lawyer) Alan Dershowitz described Cruz as having been a Harvard law student who was “off the charts brilliant.”

In addition, Cook noted that Cruz had been a champion debater and also that he has put together an organized, methodical strategy enabling him to ease Rick Santorum, Mike Huckabee and Rand Paul out of the race in order to take over their evangelical and Libertarian voters. Cruz’s problem is that he didn’t consolidate the Tea Party votes. Cruz has pursued a very sophisticated, relentless strategy, which has made him a “plausible vehicle” to attract angry people.

By Cook’s analysis, a third party candidate would be very unlikely to succeed, both because of difficult filing criteria and deadlines and because if the third party candidate did win a plurality

continued on page 44



Rick Paulson, Diane Olsson and Arly Paulson

From page 1

SCCF Beer In The Bushes

beer, live music, dancing and a few surprises. This is a rain or shine event and guests ages 21 and older are welcome to attend. Tickets can be purchased online at sccfbeer.eventbrite.com. Ticket prices are \$60 in advance, and \$70 day of and at the door.

"Bragging rights have become an important part of this unofficial end-of-season party," said SCCF's Jeff Siwicke, creator of the event. "The combination of craft beer tastings, great food truck offerings and world-class music make Beer in the Bushes the place to be next month."

The headliner this year will be Kermit Ruffins & The BBQ Swingers. The New Orleans natives are award-winning favorites of Jazz Fest and HBO's hit show "Treme." Kermit Ruffins is an unabashed entertainer who plays a mean trumpet and knows how to get the party going.

Four local food trucks will keep everyone happy and full. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks.

"Please join our presenting sponsor - The Sanibel Captiva Trust Company - as well as the host committee and other

corporate sponsors, who have generously donated so we can keep ticket pricing down," said SCCF Executive Director Erick Lindblad. "We couldn't make Beer in the Bushes the good time it is without their generous support."

Guests will have a great evening while helping to support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

The Sanibel-Captiva Nature Center is located at 3333 Sanibel-Captiva Road on Sanibel. For additional information, call 472-2329.✱

From page 1

'Ding' Lecture

Admission is free to the lectures, which are sponsored by HighTower Advisors in Fort Myers along with Mike and Terry Baldwin and support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

The season's remaining schedule is listed below. Book signings follow all of the starred (*) lectures.

Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure seating. Early arrivals can save one seat each and then may explore the Visitor & Education Center

or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time or risk reassignment.

As usual, Wildlife Drive is closed on Friday, but visitors are welcome to enjoy the free "Ding" Darling Visitor & Education Center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to dingdarlingsociety.org/lectures. For the schedule of the 2016 DDWS Film Series, visit dingdarlingsociety.org/films.

- April 1 - Joe Wiegand - "Teddy: The Conservation President" Reprisal

- *April 8 - John H. Hartig, Bringing Conservation to Cities: Lessons from Building the Detroit River International Wildlife Refuge

- *April 15 - Sandra Friend and John Keatley, The Florida Trail Guide

*starred lectures indicate a book-signing to follow

As a non-profit 501(c)3 organization, DDWS works to support J.N. "Ding" Darling National Wildlife Refuge's mis-

sion of conservation, wildlife and habitat protection, research and public education through charitable donations and Refuge Nature Shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566, 472-1100 ext. 4, or dingdarlingsociety@gmail.com. ✱

South Seas To Host Historic Movie Night

The Captiva Island Historical Society (CIHS) will release its sixth and newest film in the oral histories series. The premiere will be shown Wednesday, April 13 at 5:30 in the ballroom at South Seas Resort, 5400 Plantation Road, Captiva.

CIHS commissioned filmmaker Rusty Farst to produce *SOUTH SEAS: Captiva's Enduring Paradise*. Farst did extensive research and describes the evolution of the northern tip of Captiva as a paradise, "challenging to find and even more difficult to abandon."

The film covers the history of the changing shoreline of northern Captiva

continued on page 46



"I DO Know Jack about Fresh Fish!"✱

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Owner Matt Asen with an Amberjack he "picked up" at the docks in Ft. Myers Beach

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Sanibel Sea School Celebrates 10 Years At Octifest



Octifest On The Beach, the 10th anniversary celebration and fundraiser for the Sanibel Sea School, took place on March 19 underneath a giant tent on Sanibel Causeway Island A. Here, gala attendees mingled while looking at the silent auction items available.
photos by Jeff Lysiak



Mike Arnheiter, left, chats with Guy Tober



Check-in table volunteers Carley Todd, Nicole Finnicum, Paula MacDonald and Kristen Potter



Jody O'Konski, Melodie Turish, Jennifer McMillen and Leah Biery



Brooke Linn, Sanibel Sea School's Captiva campus manager, selling coconuts during Octifest



Cara Summit and Chrissy Basturk

continued on page 42

BIG ARTS STRAUSS THEATER PRESENTS

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From page 41

Octifest Highlights



Bob and Linda Haeger, Jean and Ralph Woodring, and David Filkins



Mark and Joya Davidson, Jodi and Jeff Smith, Cara and Mark Summit and Jack and Chris Heidrick



Nancy and Pete Bender, Julie Daus and Mark Marinello



Amongst the auction items was a sunflower bench created by metal artist Don Drumm



Ben Biery and Spencer Richardson



Emcee and auctioneer Victor Mayeron



Sanibel Sea School executive director Dr. Bruce Neill asked trivia questions for the chance to win prizes



Octifest attendees sipped refreshments, sampled appetizers and bid on silent auction items prior to the sit-down dinner and live auction

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BIG ARTS Monday Night Film Series

Welcome To The Sticks



by Di Saggau

The BIG ARTS Monday Night Movie for March 28 is *Welcome*

To The Sticks, the most successful movie ever released in France. The actual translation of the French title, *Bienvenue chez les Ch'tis*, means "welcome to the land of the Ch'tis," the people of the north of France. The movie is a love letter to the Ch'tis, and a lot of the humor in the film stems from the way they speak because language is no laughing matter in France.

This is a story about Philippe, a bureaucrat from the south who is trying to be transferred to a post in the Riviera. He's hoping the change will help his wife's spirits and improve their marriage. These jobs usually go to the handicapped, so when Philippe gets caught faking his need for a wheelchair, he gets banished to the worst place in the country: The Far North to the town of Bergues. It's a cold and rainy place inhabited by unsophisticated Ch'tis who speak a strange language. He is terrified. His wife won't even go with him to the town; the traffic cop who stops him as he drives there won't give him a ticket out of sympathy. All of civilized France, it seems, knows how backward the north really is. And sure enough, as soon as Philippe drives by a road sign welcoming people to the north, a torrential downpour begins.

Upon his arrival, Philippe manages to antagonize everyone immediately. He hates the town, can't understand the local dialect, doesn't like the food and treats the locals with contempt. Then to Philippe's surprise, he finds Bergues to be a charming place teeming with warm, friendly people and co-workers. He soon begins to see the beauty of the north. He tries to describe the happy turn of events to his wife but she does not believe him. This inspires Philippe to tell her what she wants to believe, that his life is wretched there.

When she finally decides to join him, Philippe is forced to confess to his new friends that he has described them as barbarians to his wife. First, they are angry, but then they decide to help him by behaving as such to cover for his lies. Just when his wife is ready to go back south, she discovers that she has been tricked. Philippe tells her the truth, and she eventually decides to move north to be with him. This weird, exuberant masterpiece of a film is full of wit, sophistication and intelligence. It runs 106 minutes.



Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel. BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.*

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St. Michael's Delivers Personal Care Items To Pine Manor Families



St. Michael's parishioners Penny Lind, left, and Mike and Sue Fuller delivered the personal care items to Pine Manor families on March 17

Lee County's Pine Manor is a community in need. A population with an extremely low income – one of the lowest in the Lee County – it is also a population of families with young children, whose most basic needs too often go unmet. St. Michael and All Angels Episcopal Church is heavily involved in outreach to this community.

During this Lenten season, church parishioners have donated scores of personal hygiene items for distribution to Pine Manor families. The church's Youth Group, led by Meghan Warner, is helping with the drive. "We want to restock their supplies," Warner said. "Reaching out to these families – these kids – is important. They deserve a helping hand."

Parishioners have brought in such basic items as soaps, shampoos, toothpaste and toothbrushes, diapers for babies and toddlers, razors and shaving cream. As Youth Group member Anna Kjoller puts it, "if it goes in the bathroom, we have it!" The personal care items were boxed up and sent to Pine Manor by the church's Outreach Ministry on March 17.

The Pine Manor Personal Hygiene Drive is one of many charitable projects that the St. Michael's Outreach Ministry oversees. To inquire about special charitable projects at St. Michael and All Angels Episcopal Church, contact Rector Ellen Sloan, at 472-2173 or go to saintmichaels-sanibel.org.

Final Stories For Grownups Of Season

The final First Friday Stories for Grownups of the season will take place on April 1 at the Sanibel Public Library from 2 to 3 p.m. Admission is free.

It will feature storyteller is Dr. Sidney B. Simon, professor emeritus from the University of Massachusetts, an internationally known authority in psychological education. He is author or co-author of 15 books in the areas of values clarification, getting unstuck and forgiveness. Simon also wrote two children's books for his own kids when they were little, published by W.W. Norton in the late 60s.

He has appeared on various talk show programs, including *Oprah!* and *The Donahue Show*. He tells stories but



Sid Simon

also has the knack for drawing stories from people in the audience.

Call the library if you have any questions, 472-2483.



Denége Patterson

Mollusk Matinee

The Bailey-Matthews National Shell Museum's Mollusk Matinee for Wednesday, March 30 at 1:30 p.m. is What Archaeologists Can Learn From Shells, presented by Denége Patterson.

The author of *A Tour of the Islands of Pine Island Sound: A Geological, Archaeological and Historical Perspective*, Patterson will explore the diversity and abundance of remains found in shells mounds left behind by the Calusa. During her presentation, she will discuss their habits, behaviors and facts about their daily life. Patterson recently traveled to Cuba on a People-To-People Cultural Trip, and visited two 18th century Calusa sites near Havana.

For 15 years, Patterson has been a docent at the Randell Research Center on Pineland, a program of the Florida Museum of Natural History, working side-by-side with archaeologists. She has a master's degree from Syracuse University and is a graduate of the Florida Master Naturalist Program.

For more information, call 395-2233 or visit www.shellmuseum.org.

Top Ten Books On The Island

1. *Deep Blue* by Randy Wayne White
 2. *Dear Carolina* by Kristy Woodson Harvey
 3. *Man Called Ove* by Frederik Backman
 4. *Thursdays at Coconuts* by Beth Carter
 5. *The Changeover* by Lyle Hotchkiss
 6. *Cuba Straits* by Randy Wayne White
 7. *Circling the Sun* by Paula McLain
 8. *Sanibel Sunset Detective* by Ron Base
 9. *Sanibel Kaleidoscope* by Harlan Wittkopf
 10. *My Brilliant Friend* by Elena Ferrante
- Courtesy of MacIntosh Books and Paper.

From page 39

Presidential Campaign

of the vote but not a majority, the election would go to the House of Representatives, where the Republicans would control the result.

Cook believes that neither Clinton nor even Biden could beat a Kasich-Rubio ticket but doubts Republicans are smart enough do that.

His bottom line is that this is "obviously the screwiest year we've ever seen," and we should just take it one day at a time, in this totally uncharted territory.

Cook's address wrapped up the FORUM at BIG ARTS 2015 season. The FORUM was established in 2003 to attract internationally recognized scholars, experts and leaders to provide objective information, scholarly analysis and insights on public policy issues of international and national interest. It is supported by volunteers, ticket sales and the sponsorship of the Northern Trust Company and Sue and Tom Pick.

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Mastersingers Celebrate 15 Years With Two Retrospective Concerts

The Fort Myers Symphonic Mastersingers will mark their 15-year anniversary with two comprehensive Retrospective Concerts on Sunday, April 3 featuring highlights from past seasons with full orchestra. The concerts are scheduled for 2 p.m. at the Faith Presbyterian Church in Cape Coral or at 7 p.m. at the Faith United Methodist Church in Fort Myers.

The program opens with the Kyrie from Mozart's *Requiem*, which was the first work ever performed by the Mastersingers. Hear excerpts from the Brahms' *German Requiem*, the opening of Orff's *Carmina Burana*, selections from Schubert's *Mass in G*, a movement from John Rutter's *Gloria*, patriotic selections including the *Battle Hymn of the Republic* and Nancy Hill Cobb's *Cantate Domino* from *Threnody*.

Nancy Hill Cobb, the former artistic director of the Mastersingers, will be a guest conductor.

The Mastersingers extend an invitation to anyone who has sung with Mastersingers in the past to attend and join in singing the *Hallelujah Chorus* from Handel's *Messiah*. Tickets are available online at <http://mastersingerfm.com> or from any Mastersinger.

The Fort Myers Symphonic Mastersingers is a select ensemble of singers who enjoy a reputation of musical excellence and are dedicated to the performance of significant choral works. Since forming in 2001, the Mastersingers have grown from a small chorus to an 80-plus voice ensemble of men and women dedicated to excellence in music. Each season the ensemble presents five to seven concerts in various venues in southwest Florida. Its soloists are nationally recognized professionals – either guests of the Mastersingers, or professionals within our own chorus. The ensemble is under the direction of artistic director Jeff Faux.

For more information, visit <http://mastersingerfm.com>.✱

Share your community news with us.
Call 395-1213, Fax: 395-2299
or email press@islandsunnews.com

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Cattle Egret On Periwinkle

by Mary LaVelle

You've seen that cattle egret crossing Periwinkle?

Why does she do it?

Are there better bugs on one side, then the other?

The memory of a tasty anole found just last week
in just that spot
across the road?

Is it for the power
of stopping rows of steel machines,
their drivers – patiently – perhaps
not so patiently –
waiting as she makes her transit
seeming not to notice them
or hurry?

Perhaps in that tiny brain there is
a need to cross something
anything
as her ancestors crossed the Atlantic
Ocean
from Africa to America
when and how we do not know.
But – adventurous birds
that follow elephants, wildebeests
kudu, eland there –
they turned up here
in Florida prairies, pastures,
following cattle
that stir up tasty bites
just as elephants do.

When cracker cowboys gave way
to snowbirds from Ohio, Minnesota,
New Jersey
the cattle egrets seemed not to mind.
Adaptable, they thrive
and one of them here on Sanibel
stops traffic on Periwinkle
while we wait... and wonder... why.

Mary LaVelle is a member of
Writers Group 4 on Sanibel Island.
She attributes falling in love with the
lyrics and music of poetry to a high
school English teacher and competing
in the Illinois state speech contests in
Extemporaneous Poetry Reading.✱

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CAPTIVA CRUISES

Faster Sunday Cruise Schedule

MARCH 27, 2016

CABBAGE KEY EASTER 10 am—3 pm

Enjoy a "Cheeseburger in Paradise" Easter lunch on the island of Cabbage Key. The Easter bunny will be available for photos. Adults: \$40 Children: \$25 (Does not include meal)

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Adults: \$27.50 Children: \$18

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Athena Solberg

Solberg, Wells
Fare Well As
Aspiring Authors

Congratulations to Athena Solberg of Sanibel, who won first place in the Third Grade Poetry category in the 2016 Aspiring Author’s writing contest. This contest was sponsored by the Lee County Library System.

Another Sanibel student, Anna Wells, won second place in the Sixth Grade Fiction category.

Both students from The Sanibel School were honored at the Southwest Florida Reading Festival on March 19 at Centennial Park in Fort Myers.✱



Anna Wells

From page 1
Broadway Parody

Christ Superstar, Starlight Express and Cats. I think this was my favorite, but believe me there is not a weak mini-musical in the bunch. The last parody is of the Kander and Ebb hits *Chicago, Cabaret* and *Liza With a Z*. Keep in mind the songs are all satire with different melodies and different lyrics from the original shows. That’s what makes it so much fun. The music, dance, sets, sound effects, costumes all add to a spectacular theater experience. This show has played around the country to rave reviews.

The talented performers don’t mind looking ridiculous and maintain an unflag-

ging energy level. They dance with gusto and have amazing voices. Marley Dove (June) shines as a naive farm girl, a classy ingenue, a triumphant national leader and a sultry cabaret dancer. Bobby Logue (Billy) turns in a superb performance as a rancher, a South American rebel and a speakeasy patron. By the way, this talented lad also directed and choreographed the show. The amazing Samantha Rotella (Abby) is a famous socialite, a fading movie star, a nun and a speakeasy dancer. The impressive Joey Homza (Jitter) is a would-be artist, an affluent party-goer, a phantom and a speakeasy master of ceremonies. Words just can’t do justice to their unique performances. You have to see it to appreciate it.

The Musical of Musicals: The Musical! is unlike any you have seen before, and I hope you call right away to get tickets. This one will sell out fast. For tickets go to www.BIGARTS.org or call 472-6862.✱

From page 40

Historic Movie

through hurricanes, then features its early island residents, its rich farmland for crops and finally its becoming a world-renowned resort destination.

The Captiva Island Historical Society is an active organization with a mission of preserving the history of the people and events that characterize Captiva Island. This film is educational and entertaining and will bring you even closer to Captiva.

SOUTH SEAS: Captiva’s Enduring Paradise and the evening’s activities,

sponsored by Sanibel-Captiva Trust Co., will begin with a cash bar and hors d’oeuvres at 5:30 p.m. and will be followed by the premiere. Dessert and coffee will be available after the film.

Seating is limited and reservations are recommended. Call 472-2323 or send an email to mail@captivaishistoricalandsociety.org.✱

American
Legion Post 123

On Sunday, March 27, American Legion Post 123 will serve an Easter ham dinner from 1 to 8 p.m.

On Monday, March 28, the 8-Ball Pool League’s singles tournament will begin at 5 p.m.

Every Tuesday, tacos are served all day and on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

If you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Ann Rodman

If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, April 13 at 2:30 p.m. is *The Dinner* by Herman Koch. "A European Gone Girl...*The Dinner*, a sly psychological thriller that hinges on a horrific crime and its consequences for two families, has become one of spring's most anticipated suspense novels." – The Wall Street Journal.

Rosy Tomorrows Heritage Farms Tour with Lunch – Wednesday, March 30. Cost is \$25 for members and \$35 for non-members. A casual tour with a knowledgeable docent who will take you on a short walking tour to get an up close and personal look at a working local farm. Meet the animals and learn more about the organic and holistic methods used at Rosy Tomorrows Organic Farms. Homemade prix-fixe lunch (included) with your choice of entrees and a farm fresh garden salad. Carpooling available. Advanced registration is required. Sign up deadline is March 25.

Yoga Nidra – Tuesday, April 5 from 1 to 2:15 p.m. Barbara P. Ward is an experienced certified Kripalu Yoga teacher and a licensed psychotherapist. She has been doing both professionally for over 30 years. Yoga Nidra is an ancient practice. Nidra is the Sanskrit word for sleep. Yoga Nidra is a place somewhere between dream sleep and deep sleep. The paradox is that it is a practice that one has to be awake and aware to practice. There are no requirements. You will be relaxed and renewed. This will be a no stress workshop. The class is limited to 30 participants. Advance registration is required.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12:30 p.m. Game begins at 1 p.m.

Mahjongg – Thursday at 1 p.m. Cost

is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Hand & Foot – Thursday at 1 p.m.

Bingo – Tuesday, March 22, 1:30 p.m.

Tuesday and Thursday Kayaking

– March 28, 31 and April 5 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

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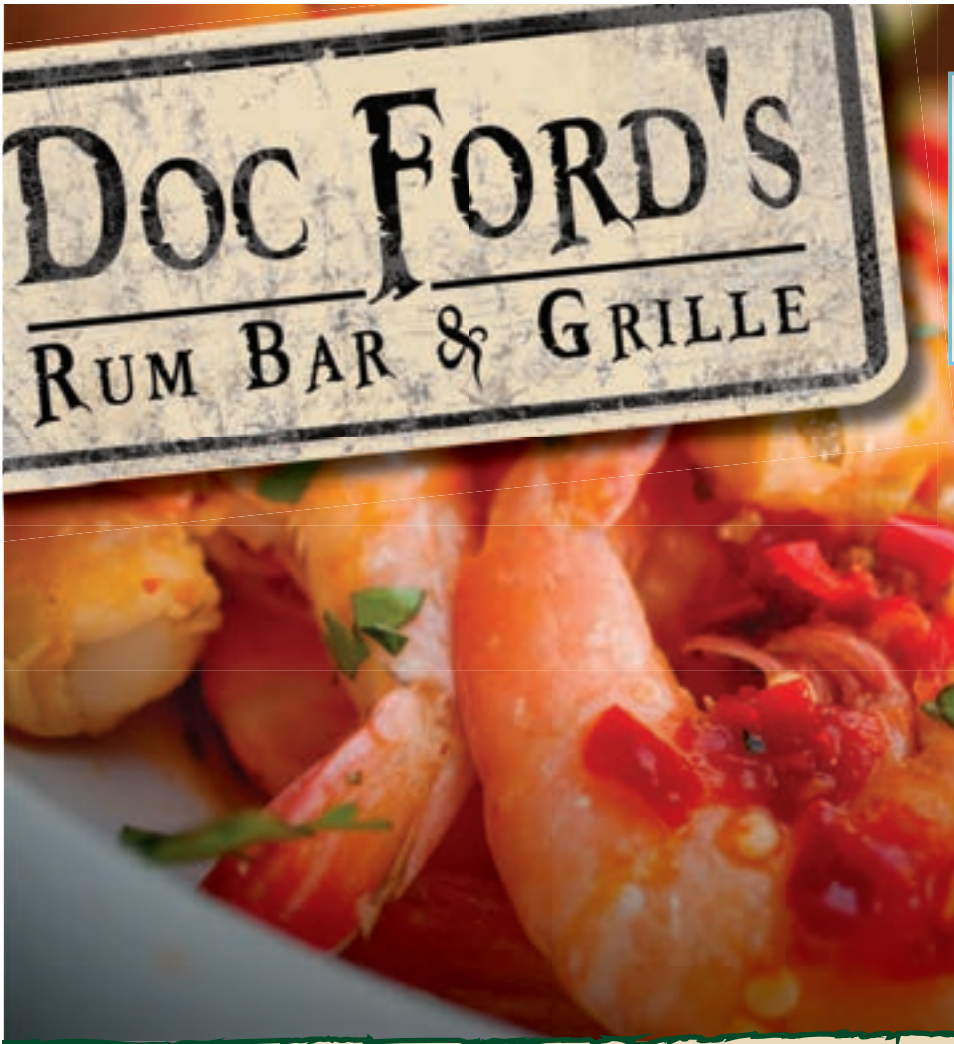
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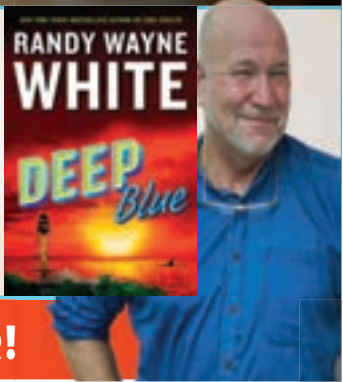
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Historical Village Hosts USO Canteen Dinner And Dance



Ellen O'Neill, Steve Greenstein and Karl Rodman visited the Sanibel Historical Museum & Village on March 16 for Let's Get Historical, a USO-themed canteen dinner and dance. The evening gala kicked off the museum's Fund For Preserving The Past campaign, whose goal is to raise more than \$500,000 for restoration work throughout the village.

photos by Jeff Lysiak



Magician Brian Boyd, center, demonstrates a few sleight-of-hand tricks for Eugene and Velma Gavin



Welcoming guests to the gala are, from left, Carol Kaplan, Barbara Freeman, Donna Oberhill, Emilie Alfino, Anita Smith and Karen Searles




From left, Pete Halliday, Chip Drueding, Maddy Mayor and Janet Halliday



Navy-clad couple Sean and Patti Daly sharing a kiss



Dean and Shirley Skaugstead sharing a laugh



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Tuesday, April 5, 2016

DON'T GET CAUGHT IN THE DARK

F. Hood Craddock, CPA, *Director of Family Office Services,*
The Tampa Bay Trust Company

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9:30 – 11:30 AM

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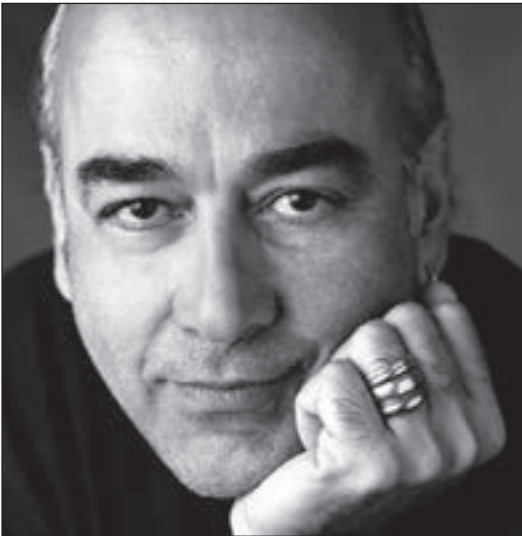
Lily & Co. To Host Two-Day Open House With Jewelry Designer Gurhan



Gurhan at work

Gurhan brilliantly handcrafts designs wrought from pure 24-karat gold and each piece of exquisite jewelry bears signs of his craftsmanship. The distinguished designer will be a special guest of Sanibel's Lily & Co. Jewelers on Thursday and Friday, March 24 to 26. There will be a cocktail reception from 5 to 9 p.m. on Thursday, March 24. "The evening is a wonderful chance to be introduced to Gurhan and his exceptional work," said Lily & Co. owners Dan Schuyler and Karen Bell. "We are delighted to have him visit us; he is a wonderful, personable man with a true gift for designing pure gold jewelry."

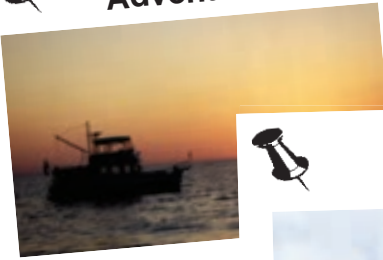
It was in the early 1990s when Gurhan was handed a sheet of pure 24-karat gold during a casual trip to Istanbul. He was immediately drawn to its warmth and sensuality. After locking himself in his Grand Bazaar workshop for nearly four years, Gurhan emerged with his first fine jewelry pieces using the unique material. Before him, pure gold jewelry had not been made since ancient times, which led him to reject modern techniques and study those used by ancient goldsmiths. Gurhan reincarnated the ancients, bringing their craft into today's modern world. Meet the man behind the jewelry at the cocktail reception on March 24, with hors d'oeuvres and live music. The two-day open house on Thursday and Friday is from 10 a.m. to 5 p.m. For more information, visit www.lilyjewelers.com or call 472-2888. Lily & Co., Jewelers is at 520 Tarpon Bay Road.*



Gurhan

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From page 1B

Historical Village USO Dinner & Dance



Guests at the dinner, which was catered by Sanibel Catering by Bailey's, select from a variety of dessert options



Following dinner, attendees took to the dance floor with music provided by Kelly & Shelly



Jane Holder makes a plea for donations to support the museum's Fund For Preserving The Past

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Cyndi Doragh, Mead Bailey Johnson, Richard Johnson and Alex Werner

Johnsons Receive Rotarian Award

submitted by Shirley Jewell

Community leaders Richard and Mead Bailey Johnson recently received Sanibel-Captiva Rotary's 2016 Vocational Excellence Award.

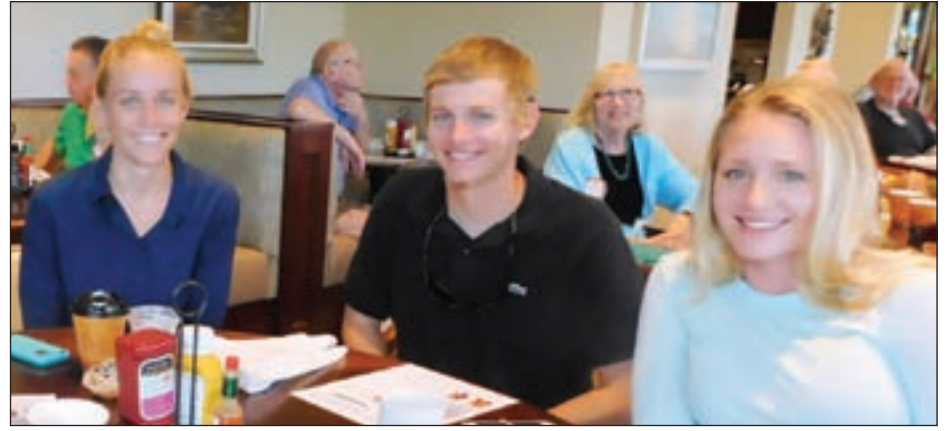
Each year, the local Rotary club presents the award to a non-Rotarian member or members of the local business community who have proven themselves to follow rotary's tradition of "Service Above Self."

The Johnsons returned to the island in 2004 after other successful careers to assist Mead's dad, Francis Bailey, in running Bailey's General Store and following in the tradition of the Bailey family of community involvement. After Francis'

passing, Richard and Mead took on the responsibilities of the store and have continued to provide the community with a premier grocery and hardware store, along with expanding Bailey's catering department, adding an in-store coffee bar kiosk and establishing a satellite grocery market at the Sundial Beach Resort.

The business officially known as Sanibel Packing Company was founded in 1899 by Frank P. Bailey and provided groceries and general supplies to locals and visitors to the islands. The Johnsons are the third generation to run the business, while a fourth generation is already waiting in the wings: Calloway, Bailie and Dane.

The Johnsons support CROW, FISH, Friends Who Care, START, SCCF, Bailey-Matthews National Shell Museum, Sanibel Historical Museum and Village, BIG ARTS and essentially every organization on the island. Richard's volunteer



Bailie, Dane and Calloway Johnson

services include serving on the Sanibel & Captiva Chamber of Commerce's board of directors from 2006 to 2012; president of the Lions Club in 2007-08; current president of Community Housing & Resources; current vice president of Sanibel Community Association; and secretary/treasurer of the Island Inn.

Mead explained that it is the family's goal to carry on the traditions initiated by the Bailey Family and, to that end, will continue the annual Baileyfest, a fun day for the whole family with food and entertainment, island musical and dance groups; along with Islands Night at Hammond Stadium to raise awareness and funds for island charities and scholarships. This event is also known as Coach's Team in honor the late Sam Bailey.

The Bailey/Johnson family is steeped in the family business and willingly with a generous heart follows in the family tradi-

tion of giving back to the community.

This year, Sanibel-Captiva Rotary was honored to have Rotary District 6960 Governor Cyndi Doragh along with Rotarian Alex Werner, the sponsor of the Johnson's candidacy for the 2016 Sanibel-Captiva Vocational Excellence Award, on hand to personally present the VEA awards and Paul Harris medallions.

Consideration for receiving the Vocational Excellence Award must be presented by a Sanibel-Captiva Rotarian in a written nomination to the Vocational Excellence Award Committee, along with an assessment of how the candidate(s) demonstrate their high ethical standard of maintaining a business leadership role in the community and willingly give of their personal time, talent and treasure.

*The Sanibel-Captiva Rotary Club meets at 7 a.m. on Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.**

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L-R: Pam Edwards, Geoff and Robbie Roepstorff, Rob Lisenbee and Willy Ocasio

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Trust Company To Host Program On Managing Finances After Spouse Loss

The Sanibel Captiva Trust Company will host a special session for both individuals and couples at The Sanctuary Golf Club on Tuesday, April 5 entitled Don't Get Caught In The Dark. The program focuses on the challenges women face following the loss of a spouse, who have not been regularly included in discussions concerning their investments and estate plans. Originally part of the women's series, this final complimentary session has been opened to both women and men.

The event's presenter is F. Hood Craddock, CPA, director of family office services for The Sanibel Captiva Trust Company.

"Losing a spouse is traumatic," said Craddock. "Traditionally, the husband takes on the responsibility of managing financial decisions and estate planning matters, unintentionally leaving a wife to feel overwhelmed if her husband passes before her."

This program explains how to put an action plan together before and even after a spouse's passing that will bring structure for the remaining spouse, and possibly for their future beneficiaries.

"Since seven out of ten women outlive their husbands, we felt the content of this month's program was as vital for men to hear as the ladies," said Robin L. Cook, executive vice president, wealth services of The Sanibel Captiva Trust Company.

Interested WOW attendees should contact Frances Steger at The Sanibel Captiva Trust Company at 472-8300 or FSteger@sancaptrustco.com. The event will be held from 9:30 to 11:30 a.m. at The Sanctuary, and seating is limited. WOW sessions are designed for qualified attendees who have \$2 million of investable assets or more.

For more information, visit www.sancaptrustco.com.✱

'Tween Waters Inn Names New General Manager

'Tween Waters Inn Island Resort & Spa has appointed Brett Gooch as general manager. Gooch will oversee operations at the historic resort on Captiva Island, with an emphasis in revenue management and guest satisfaction, and will continue to serve as general manager at 'Tween Waters Inn's sister property West Wind Inn on Sanibel Island.

Gooch began as the front desk manager of the Sanibel Captiva Beach Resorts' property 'Tween Waters Inn before being named general manager of the West Wind Inn in 2014. With the formation of Sanibel Captiva Beach Resorts in 2015, Gooch was then named general manager of 'Tween Waters Inn as well. Gooch will supervise daily operations across all aspects of the resort, focusing mainly on continuing to improve guest satisfaction, which includes a massive overhaul of resort wifi as well as meeting the daily needs of the leisure traveler.

"It's a great honor and advantage to manage two Sanibel Captiva Beach Resorts properties," said Gooch. "I'm anticipating accelerated growth given the fusion and synergies of the Sanibel and Captiva Properties."

Hailing from Layton, Utah, Gooch moved to Florida in 2000 and eventually settled in Fort Myers in 2003, where he worked in business and hospitality for the next few years before joining the 'Tween Waters Inn team.

For more information on 'Tween Waters Inn, call 800-223-5865 or visit www.tween-waters.com. ✱



Brett Gooch

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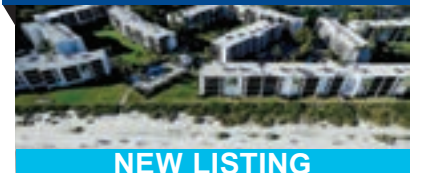
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Highlights Of The Sanibel-Captiva Lions Fine Arts & Crafts Fair



People arrived early last Friday morning to shop at the Sanibel-Captiva Lions Club's 33rd annual Fine Arts & Crafts Fair, held inside and outside of The Community House on Sanibel. The two-day event is the local service organization's largest fundraiser of the year.

photos by Jeff Lysick



Lions Club members and volunteers, from left, Nilou and Kurt Peters, Clair Hendrickson, Leonard and Renee Minsky, Gloria Krekel and Irene Nolan



Naples artist Mitch Billeter shows off his tarpon-themed artwork



Bunny and John Switzenberg, who hail from Lancaster, Pennsylvania, sold cinnamon-scented wax figurines



Shoppers trying on crushable hats



Susan Cerniglia and Graci McKamey of Northport offered sea shell oil lamps



Painter Jen Callahan, who lives in Viginia and Northport, displayed her colorful artwork



Big 2 Bedroom With Den

Vacationers love it—from the top-floor corner privacy to its granite counter-tops, washer/dryer, & stainless steel appliances. In Sundial East at the beach resort & spa. Turn-key with future bookings! \$799K



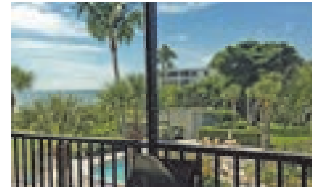
Easy On-Site Rental Program

Long-time-owning family have enjoyed many vacations & income at Sanibel Moorings. 2nd floor 2 bedroom nestled amid tropical gardens. On gulf side of complex convenient to beach & amenities. \$474K



West Gulf Dr & With Income

On this desirable stretch of beach, Sand Pointe is one of the few condos allowing weekly rentals. 2nd floor 2 bedroom. Gulf & sunset views. Last year income almost \$40K. Comes with bookings. \$749K



Condo With Boat Dockage

2nd floor 2 bedroom with this bay view at Sanibel's waterfront peninsula community. 2 pools, tennis, beach access, private fishing pier, on-site manager, dock space by lease, & more. \$499K



Right on the Beach—East End

Light bright Sanibel Surfside 2 bedroom with this view. Opened kitchen, cheerful furnishings, & years of excellent rental history. Grossed over \$50K last year & \$34K already on books for 2016. \$874K



2-Bedroom Condo With Options

Across street from beach on Sanibel River. Sandpebble owners include year-'rounders, snowbirds & vacationers. Weekly rentals allowed too. Seller got \$33K last year with a month of owner use. \$449K



A Condo With a Gulf-Peek Loft

2nd floor 2 bedroom at Coquina Beach with high ceilings & upper loft which provides a 3rd sleeping/living area. Sellers use for personal vacations & still gross ~\$40K/yr in weekly income. East end. \$524K



On the Bay Just 29 Steps to Beach

Lighthouse Point ground-level easy-living 3 bedroom where a former screened lanai was enclosed as den/2nd living room. Big enough to be a principal residence. Handy to fishing pier & amenities. \$699K



Gulf Front With Amazing Income

Sanibel Arms West 2-bedroom walk-out grossing \$70K+/yr in complex with on-site office & known for its low fees. Open updated kitchen, 2 screened lanais, washer-dryer, stainless appliances. \$899K



Near Beach & On Canal

Huge curb appeal here! Popped up 3 bedroom that has been remodeled top to bottom. Has new plumbing, electric, windows, doors, roof, cabinetry, fixtures, furnishings, & more. Must see to appreciate. \$1.495M



A View to "Wow" You

Olde-Florida-style split-plan 3 bedroom with vaulted ceiling, fruitwood floors, & floor-to-ceiling windows in great room. Several decks & porches, caged pool & spa, gourmet kitchen & lots of storage. \$849K



Want to Build On East End?

Overlooking intersecting canals in Shell Harbor on Limpet Dr near bay. Pie-shaped 1/2+acre, high & dry, ready for large pool home with fabulous water views. Small patio dock too. \$749K



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From left, We Love Our Islands winners Janice and Jerry Mader, FISH president and CEO Maggi Feiner, and Bank of the Islands' Willy Ocasio

Bank Gives \$200 To FISH

Bank of the Islands recently made its latest non-profit donation through its We Love Our Islands program. The winners choosing the beneficiary organization are bank customers Janice and Jerry Mader. They were spotted with a We Love Our Islands decal on their vehicle, winning the Maders the right to select which local non-profit group would receive a charitable contribution from Bank of the Islands.

The Maders chose FISH of SanCap,

Inc. to receive the bank's \$200 donation. This gift marks a total of \$67,000 that Bank of the Islands has contributed to island organizations to date through the We Love Our Islands program.

"FISH offers a valuable safety net for individuals in need of assistance, whether they live, work or are just visiting here," said Willy Ocasio, Bank of the Islands' assistant vice president and Sanibel-Captiva office manager. "We are really pleased the Maders chose the good folks at FISH to be the bank's most recent We Love Our Islands' beneficiary. This is such a great way to show how much we appreciate being your island bank." **

Clerk Of Court Addresses League Of Women Voters

Linda Doggett, Lee County clerk of circuit court and comptroller, spoke at the League of Women Voters Sanibel luncheon on March 17 at the Sundial Beach Resort.

Doggett, who is a native Floridian, is a proponent of openness in government. She described her duties as clerk and her office's commitment to making county documents easily accessible. She is also currently serving on the Florida Commission on Access to Civil Justice, which was established to determine how to better provide legal representation for people. If created, the clerks of court throughout the state will be able to direct people who need such services to them.

Doggett explained that her office, in addition to being responsible for protecting records and making them accessible, must audit the various county departments. One audit recently turned up some operational problems.

The clerk's office is also the CFO for the county, and invests funds for the county. This responsibility includes creating financial statements that are used when determining bond ratings for the county.

The clerk's court-related duties are the most complex, according to Doggett. She recommends conducting a search of court records – both civil and criminal -- when choosing a doctor, roofer, house cleaner, etc. A new system being installed at the clerk's office will make court-related documents more readily available on the www.leeclerk.org website.

Doggett has saved taxpayers about a \$1 million by shifting to electronic records.**



Linda Doggett

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From left, Steve Greenstein, Al Hanser, Amanda Cross, Dick Pyle and Tracy Connelly

Trust Company Is Again Master Sponsor of SanCap Cares

The Sanibel Captiva Trust Company returns as Master Sponsor of SanCap Cares' 16th annual Island Celebration on Sunday, April 3 at The Sanctuary Golf Club. The evening benefits Golisano Children's Hospital of Southwest Florida at HealthPark, part of Lee Memorial Health System.

"Children are life's most precious gift," said Al Hanser, founder and chairman of the company. "SanCap Cares continues to improve the quality of youth health care in Southwest Florida. It's a wonderful thing to invest in making our youngest generation as happy and healthy as they can be."

Established in 1994, Golisano is the only comprehensive child healthcare facility between Tampa and Miami. It provides the highest level of family-centered life-saving treatment and care to more than 5,000 children, from infancy to age 18, each year. More than two-thirds of them are uninsured or on Medicaid.

"In the past 16 years, SanCap Cares has raised more than \$13 million for the hospital," said Amanda Cross, SanCap Cares co-chair and a LMHS Foundation board member. "Thousands of Southwest Florida children wouldn't receive critical medical care without supporters like the trust company."

SanCap Cares formed in 2000 when a group of island mothers, impressed by

the care a child received during life-saving treatment for cancer, banded together to help Golisano. The trust company has supported SanCap Cares for the past 13 years as Master Sponsor. Learn more at www.sancapcares.org.✱



Participating poets from the 2015 PoetryFest

Upcoming Programs At Sanibel Library

The Sanibel Public Library will be hosting a variety of programs, with no registration is required to attend, unless specified.

Ross Hauser, M.D. will present alternative ways to manage chronic pain, arthritis pain, and pain caused by sports injuries at 2 p.m. on Wednesday, March 30. First Fridays – Stories For Grownups" will be held at 2 p.m. on Friday, April 1. Like all First Fridays, the designated storyteller will wow the audience for the first half, then stories are delightfully drawn from the audience by Dr. Sid Simon.

Poets and poetry lovers will also gather at the Sanibel Public Library on Friday, April 1 at 3:30 p.m. to celebrate National Poetry Month. The 16th annual PoetryFest will feature local poets performing their poetry.

Wildlife educator and animal ambassador Trouper, the rescued blind raccoon, will celebrate his birthday on Saturday, April 2 at 10 a.m. at the library. To register for the party and the cake decorating contest, call Dot Lee at 482-7176.

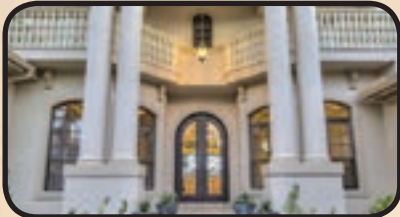
Library programming is supported by a grant from Sanibel Public Library Foundation. The public is invited to these programs and there is no cost to participate. A complete list of programs are listed on the library's website.

The Sanibel Public Library is located at 770 Dunlop Road on Sanibel. For more information, call 472-2483 or visit www.sanlib.org.✱



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Sanibel Captiva Community Bank presented a check to the Children's Education Center of the Islands. Celebrating the donation were (left to right) Melissa Stolt, SCCB customer service representative; Cindy DeCosta, Children's Education Center of the Islands director; and Marilyn Kane, SCCB customer service representative.

Community Bank Supports Children's Education Center Of The Islands

Sanibel Captiva Community Bank contributed \$500 to the Children's Education Center of the Islands for its curriculum of exploration and discovery, a thematic approach to learning that is flexible and appropriate to children's levels of development.

"We are proud to support the Children's Education Center of the Islands and our local students," said bank President and CEO Craig Albert. "Helping to shape the minds of future leaders benefits the students, their families and our community."

The mission of Children's Education Center of the Islands is to create, through its developmentally appropriate curriculum, a nurturing, exciting learning environment that creates happy, curious and confident children. For more information, visit www.childrenseducationcenter.org.

Peach Republic Gives Gift To Golisano Children's Hospital

Peach Republic owner Sue Bobak recently presented a check to Golisano Children's Hospital of Southwest Florida. The gift of \$3,332 represented proceeds from a recent trunk show event, held at Peach Republic, featuring creations from Lisette L. Montreal.

The donation will enhance the quality of medical care available to children from

across Southwest Florida by helping to build the new 128-bed Golisano Children's Hospital of Southwest Florida. Set to open in early 2017, the new hospital is currently under construction on the campus of HealthPark Medical Center.

Peach Republic, located at 2075 Periwinkle Way, Suite 16 on Sanibel (in the Periwinkle Shopping Center) has a 25-year tradition of selling the finest quality women's clothing, shoes and accessories.

"We are grateful for the generous support of Peach Republic in helping us build the new Children's Hospital," said Skip Leonard, chief foundation officer, Lee Memorial Health System Foundation. "While funds raised from the event are certainly important, we also appreciate the awareness this wonderful shopping experience generated on behalf of Golisano Children's Hospital."



Sue Bobak, owner of Peach Republic, presents a donation to Skip Leonard, chief foundation officer of the Lee Memorial Health System Foundation

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Librarian Heads Out To Pasture After 30 Years



Ann Bradley poses for a photo in front of a book stack at the library

For some people, the idea of retiring after a long and successful career equates with being put out to pasture.

But for Ann Bradley, head librarian at the Captiva Memorial Library, being put out to pasture is just fine with her – as long as that pasture is near the Florida Icehorse Farm in North Fort Myers, where her beloved Missouri foxtrotter horse, Hollywood Prince, is stabled.

Captivans will be gathering at the Captiva Civic Center, 11550 Chapin

Lane, on Thursday, March 31 at 5:30 p.m., to say farewell to Bradley, who is retiring after 30 years with the Lee County Library System and more than a dozen years as Captiva's head librarian.

During her tenure on Captiva, she oversaw two renovations, restoration from Hurricane Charley and conversion of the library into the digital age. Bradley also instituted the popular Afternoon Sojourns program, featuring a diverse group of lecturers, musicians and artists.

All Captivans are invited to the event, which will include a cocktail reception, appetizers and tributes to Bradley by several island organizations.

"If I needed someone to run something, Ann's the person I'd get," said Ron Gibson, chairman of the Captiva Library Board. "She goes strictly by the book. She's also been involved in so many of the organizations on this island that have nothing to do with the library, the Hurricane Preparedness Committee, you name it. She's going to be a hard person to replace."

But Bradley says it is time to retire.

"I just asked myself, 'When is enough, enough?' " she remarked. "And 30 years – well that's enough. I've enjoyed my time here and my service to the community and now it is time for me to reclaim my life – my personal life."

Bradley said she started planning her retirement about five years ago, thinking about what she would like to do if she wasn't managing a library.

"What gave me joy – and I wanted

to become more active, physically – involved my fond memories when I was growing up. I always had horses until I was in my 30s and moved down here," she explained. "So, I started taking riding lessons, and that evolved into me buying a horse, and I really enjoyed that and riding the horse."

Although she doesn't compete, and lets a woman certified in training gaited horses train Hollywood Prince, she enjoys watching dressage competitions. One of her first trips after retiring will be heading to the Georgia International Horse Park in early April for the Greater Atlanta Dressage Competition, a qualifying event for the 2016 Olympics.

She's also planning a Mediterranean cruise in early June and looking forward to having more time with her father.

But, mostly she looks forward to getting out on some horse trails with Hollywood Prince.

"I do a little bit of that (trail riding) now, but I have a ways to go," she said. "I didn't ride for 30 years, so I have a lot of catching up to do. Now that I won't be commuting, I have time to go see my horse more often and ride."

She added that she won't miss that commute to Captiva from her south Fort Myers home – 45 minutes each way out of season, an hour and a half in season and two hours when the traffic is really bad.

But she said she will miss her co-workers, the community, and the challenge of the library collection and the digitization projects.

A native of Lake Bluff, Illinois, Bradley and her family later moved to Cape Coral and she went to work for the Lee County Library System in 1986. She oversaw 175 volunteers with the library system's circulation department, became a Talking Books librarian for the visually impaired, was a floater librarian and eventually became interim manager at the Dunbar Library.

She was friends with Carolyn McKinney, Captiva's former head librarian, and knew when the position opened up that she wanted to apply for it.

"The library was small, and it was a nice community, and I looked at it as a challenge," Bradley said.

She found how challenging it could be not long after her arrival in August, 2004 when Hurricane Charley hit the island a couple of months later, breaking a window in the library which sent slivers of glass all over the book collection, forcing the removal, cleaning and storage of 10,000 books off-island.

Because of a series of hurricanes after Charley that year, the library remained closed for about three months while it underwent renovation, partly to ensure there wouldn't be the potential for mildew, and local patrons were served from libraries on the mainland.

"I didn't really know the community at the time," she said, "but during that time I certainly got to know it and many of its people."

Although retiring, Bradley isn't totally saying goodbye to Captiva.

continued on page 30B

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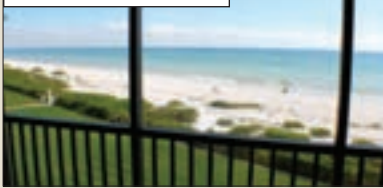


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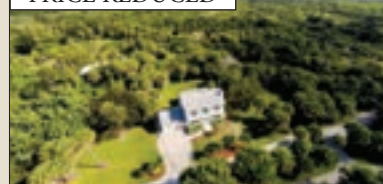


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Jayne Lumley 472-5187 x 237



Zonta Maximizes Peek Proceeds Through Generous Donations

submitted by
Sue Denham

As the members of the Zonta Club and Foundation of Sanibel-Captiva wind down from another successful Peek at the Unique home tour, they reflected gratefully on a group of businesses and individuals who – in addition to a long list of benefactors and business sponsors and the 600-plus “Peekers” who buy tickets for the event – help the effort in unique ways

Held on March 12, the 15th annual Peek is already looking to equal or beat previous records. Final figures will be known after all the pledges are in, and final bills paid. Last year, the event netted more than \$100,000, and the club’s foundation awarded \$87,600 in grants to local organizations that focus on empowering women and girls. The balance went to Zonta International in support of global initiatives that target women’s needs for health, financial independence and freedom from violence and slavery.

“We can only sell a fixed number of seats on the tour, being limited by the capacity of our buses and the number of departures we can fit into one long day,” said Peek co-chair Barbara Beran. “Those who donate to our cause in other ways help us to



Local artist Marla Manning, left, with two paintings she donated, and the winner of one, Barbara Bluedorn



Peekers and servers, including Richard Johnson of Bailey's, center, and a pair of Z-men



Winners of five of the prizes from Six Chances at the Unique

maximize the proceeds, adding support for programs and organizations that help to empower women.”

Not least among these are the 29 restaurants, supermarkets and catering services that donate the tasty tidbits offered to Peekers before they board the buses. This year, observers say, the festive offerings again garnered rave reviews, served on silver salvers by Zonta members and friends, including a few bow-tie wearing “Z-men,” as husbands are called. Some restaurant and store owners joined the serving crews, on their feet from 8 a.m. until the last bus departed at 3:30 p.m.

Floral Artistry of Sanibel provided a customized arrangement for each of the tour homes, as they have done for the past few years. Numerous island businesses contrib-



One of the Floral Artistry arrangements

uted to Six Chances at the Unique, the annual raffle that brought in over \$15,000 this year. And an exclusive VIP tour, departing ahead of the fleet of buses, was initiated, adding \$4,750.

The cover for the 2016 keepsake program given to all Peekers was painted by local artist Marla Manning. The original was to be raffled off on Peek day, and Manning generously donated three more paintings which Zonta was able to offer through a blind auction. Together, the four paintings brought in an extra \$2,400.

“We intend to keep looking for additional ways to raise funds for Zonta’s cause,” Beran said. “After our fixed expenses, primarily transportation and printing, every dollar we generate goes to programs that make a positive difference in women’s lives, locally and around the world. We find this to be a most powerful selling point.”

For more information on the Zonta club, the foundation and the Peek, visit www.zontasancap.com. Support the cause financially at any time by clicking on the “Donate” button.✧

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Lindsey Lauds Benefits Of Growing, Eating Fresh Sprouts



Christine Lindsey, left – aka The Sprout Queen – talks with people who attended her March 18 lecture at the Sanibel Public Library about the nutritional benefits of consuming a variety of sprouts
photo by Jeff Lysiak

by Jeff Lysiak

Although it's only been six years since Christine Lindsey came to be known as The Sprout Queen, the web designer turned sprout farmer has quickly become one of Southwest Florida's most knowledgeable experts in the field of raw food nutrition. Last week, Lindsey hosted a 75-minute lecture on the benefits of consuming

sprouts, the history of growing sprouts for nutritional and medicinal value and how to start your own sprout garden at home.

Her path to becoming an advocate of eating raw foods began in 2009, after she attended Hippocrates Health Institute's Raw Cuisine & Sprouting Lecture. "My main purpose was to learn how to grow wheatgrass for my beloved children (rescue cats)," Lindsey told an audience of 10 at the library. "The bonus was learning how easily I could sprout and incorporate raw foods into my own diet."

According to Lindsey, after her cat Casper turned her nose up at eating the wheatgrass, she soon gave up on the idea. However, she continued to sprout alfalfa and broccoli and grow sunflower greens. Around the time Casper turned 15, the cat suffered what she described as "either a stroke or a seizure," so she began sprouting wheatgrass again. She juiced the sprouts to give to her cat and her beloved feline soon rebounded.

"Next month, Casper will turn 17 and a half," she noted with a smile. "I'm happy to say she's vibrant and just as feisty as always!"

Teaming up with Michael Wallace of Pine Island Botanicals, Lindsey offers customers a number of varieties of freshly harvested, naturally grown, non-modified sprouts along with multiple crops of sunflower greens, pea shoots, buckwheat lettuce and wheatgrass.

She explained that the Chinese began eating bean sprouts regularly around 3000 BC. By the 18th century, people – including explorer Capt. James Cook – began testing the antiscorbutic properties of sprouts as a means of preventing scurvy. During World War II, Dr. Clive McCay of Cornell University looked at sprouts as an alternative source of protein.

- Among the nutrients found in various sprouts are:
- Alfalfa – Vitamins including A, B complex, C, D, E, folic acid; minerals including calcium, iron, magnesium, phosphorus, potassium and zinc;
 - Broccoli – Vitamins including A, B, C, E and K; minerals including calcium, iron, magnesium, phosphorus, potassium and zinc; amino acids and chlorophyll;
 - Buckwheat greens/lettuce – Vitamins including A, multiple B, C, choline and folic acid; minerals including boron, calcium, copper, iron, magnesium, manganese, potassium and selenium;
 - Fennel – Vitamins including A, B complex, C, E, choline, folic acid and inositol; minerals including calcium, copper, iodine, magnesium, phosphorus and potassium;
 - Kohlrabi – Vitamins including A, B6, B12, C, D, E, riboflavin and thiamin; minerals including calcium, iron, potassium, selenium and zinc;
 - Onions – Vitamins including A, B1, B2, B3, C, E and K; minerals including bromine, calcium, nickel, phosphorus, sulphur and zinc;

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Lindsey offered advice on how to sprout seeds such as alfalfa, broccoli, radish, sunflowers and others, using wide-mouth glass canning jars. Plastic mesh and lids are used to cover the jars to allow for proper drainage and air flow. They also reduce the possibility of rust particles from metal lids or mesh from getting caught in the sprouts as they grow and are rinsed.

Items needed: Organic/untreated vegetable or herb seed, Purely Green 25 percent concentrate (optional), glass sprouting jar (wide mouth mason jars are highly recommended), dish/bowl or sprout jar stand that jar can be set at an angle to drain.

Harvest time: Between five and 10 days (surrounding temperature and variety of seed will affect sprouting time).

Start with one teaspoon of dry seed for a pint (16 ounce) jar, two teaspoons of seed for a quart (32 ounce) jar or one tablespoon of seed for a half gallon (64 ounce) jar. You can increase the amount of seed if mature sprouts don't fill the jar.

- Pour seed into jar and fill with fresh, cool water until water is an inch or two above the seed. Some seeds will float. Stir gently to hydrate all seeds.

- Let soak up to 12 hours. Overnight works best.

- Drain and rinse. Do not put in direct sunlight or near something that emits heat like stove or refrigerator.

- Do not put in an enclosed area such as an oven or cupboard. Sprouts are often forgotten about or rot due to lack of fresh air.

- Set jar at an angle, top/mesh side down to allow drainage and air flow. Do not set the jar on its lid to drain as no air can enter the jar.

- Rinse with fresh, cool water up to three times per day. If you are able, turn/roll the jars to aerate the seeds/sprouts between rinsings.

Some sprouts may be ready to eat in five days, while others take up to 10 days. Place jar in additional natural light once leaves develop to allow the sprouts to green up and increase chlorophyll content. To harvest, place sprouts in fine mesh colander for final rinse. Let drain well. Put in airtight container and refrigerate. Sprouts will keep for seven to 10 days.

In addition to selling goods at Mother Earth Natural Food Stores, The Spout Queen attends the Sanibel Island Farmers Market (Sundays from 8 a.m. to 1 p.m.), the City of Fort Myers Farmers Market (Thursdays from 7 a.m. to 1 p.m.), Cape Coral Farmers Market (Saturdays from 8 a.m. to 1 p.m.) and Surfside Sunset Market in Cape Coral (Tuesdays from 2 to 7 p.m.).

For additional information, visit www.TheSproutQueen.com.✱

The Sanibel Bean Donates To PAWS



Jasmin Hernandez of The Sanibel Bean presents check to Diane Barr, PAWS volunteer

The Sanibel Bean recently donated \$500 to PAWS of Sanibel. PAWS will be holding its fundraiser next week, Wednesday, March 30 from 5:30 to 7:30 p.m. at The Community House. If you would like to attend, call Pam at PAWS, 472-4823.✱

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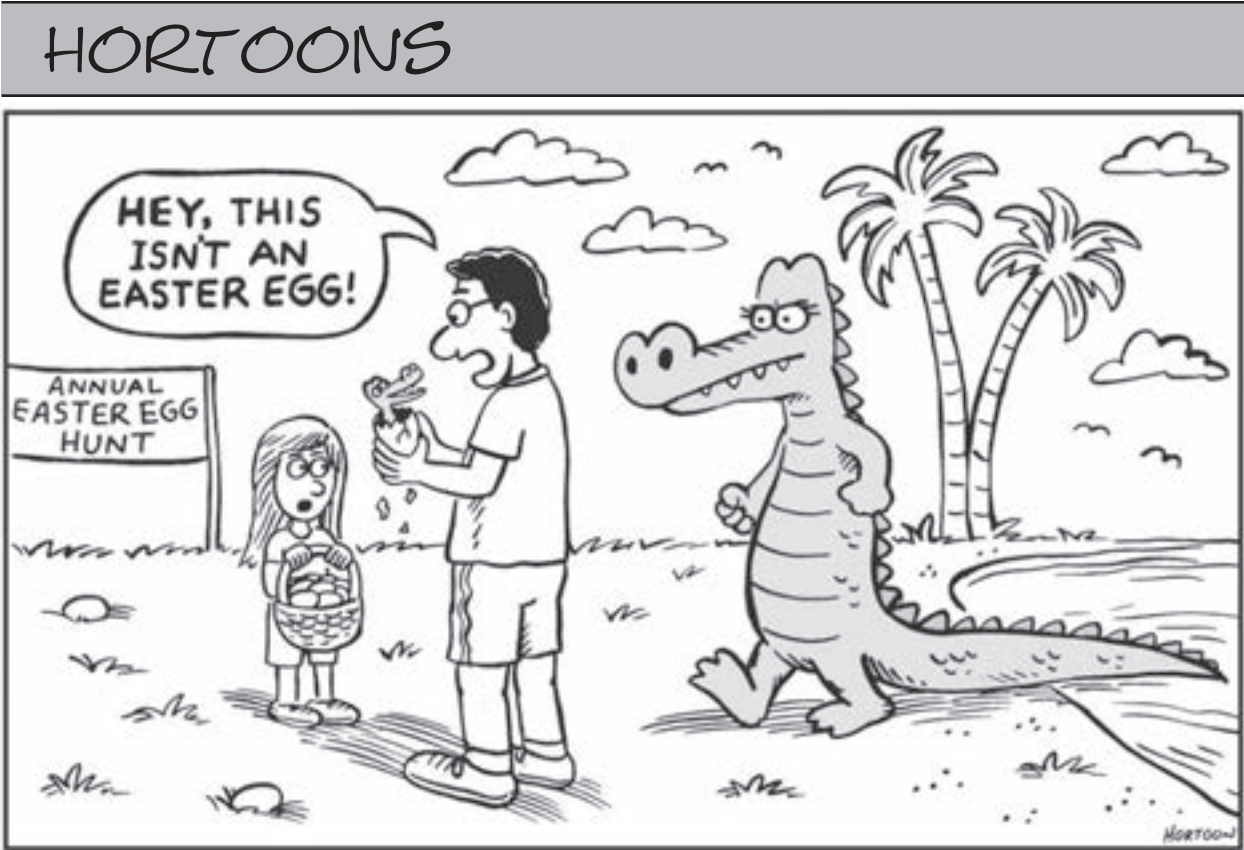




Florida Zucchini and Parmesan Skillet Cake
1 pound zucchini
2 tablespoons unsalted butter
1 clove garlic, minced
2 tablespoons fresh basil, chopped
½ cup grated Parmesan cheese
Very thinly slice zucchini crosswise with a mandoline or other manual slicer.

Heat 1 tablespoon butter in a 12-inch nonstick skillet over moderately high heat until foam subsides, then sauté zucchini and garlic, stirring until zucchini is just beginning to soften, about 8 minutes. Transfer to a bowl and cool 10 minutes. Add basil and salt and pepper to taste. Melt remaining tablespoon butter in an 8-inch nonstick skillet and remove from heat.

Arrange one fourth of zucchini mixture in a layer in skillet and sprinkle with one fourth of parmesan. Repeat layering 3 times. Cook skillet cake over moderate heat until bottom of cake is well browned, 5 to 7 minutes. Slide cake onto a large paper plate, then place skillet over cake and, holding plate firmly, invert cake back into skillet. Cook cake, shaking skillet frequently to prevent sticking, until underside is browned, 4 to 5 minutes more. Slide cake onto a platter. Cut like a pizza.*



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Will Power

Problems with Trusts



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

"I know that you're big on revocable trusts," Jennifer began during our initial client consultation, "but let me tell you I'm not. I don't believe in them."

"Tell me your experience," I inquired.

"My grandmother formed a trust for me and my brother, bypassing our father," she began, "and it got ugly shortly after her death. My father only got a nominal amount from the trust as a specific bequest, then sued me and my brother to break the trust for us so he could get some money from it."

"That sounds awful," I said, listening to her story unfold. "So

what happened?"

"Long story short, my father's attorney somehow broke the trust, and he got a life interest in the assets. On his death it all went to my brother and me." Jennifer was visibly upset.

"So it ruined your family relationship." I asked.

"Yes," she said. "All because of that trust."

"I don't believe it was because of the trust," I began. "Whether your grandmother formed a will or a trust, if she wanted you and your brother to enjoy these assets and bypass your father, wouldn't the same result occurred?"

"What do you mean?" Jennifer asked. "If it wasn't for the trust, Dad wouldn't have even known the assets existed."

"I'm not so sure about that," I said. "Wasn't your father entitled to a copy of the trust as a qualified beneficiary anyway? He would have had the same rights - or even more - to a will since wills are public and anyone can read a will filed with the probate court."

"I didn't know that," she said. "Well, if it wasn't for the trust he wouldn't have sued us for the money."

"Are you saying that the fact that the assets were distributed through a trust instead of a will meant the difference as to whether your father would have sued you and your brother? It seems to me the fact that he was bypassed is what caused the lawsuit, not the form in which the bypass occurred," I opined.

This exchange is typical when discussing why some have adverse feelings towards trusts. The problems with most individuals isn't the fact that a trust was involved, rather it was the beneficiaries - the people who were at odds with one another. Jennifer's case would be like someone blaming automobiles in general for an accident that they happened to be in on the highway. It wasn't the automobile, rather it was the driver.

Trusts have many benefits over wills. First, they are active during the grantor's lifetime, meaning that his assets are transferred into the trust now. If the grantor becomes sick and incapacitated, his successor trustee seamlessly steps in to handle the investments, write checks and pay bills, and accomplishes a host of other tasks. Second, they are private. As opposed to wills that are published in the public probate court upon the death of the testator, trusts are only seen by interested parties. Third, assets funded into revocable trusts avoid the probate process, which can be time consuming and more costly than a trust administration.

In many northern states the probate process is not a major hassle, so wills are more popular. Here in Florida the probate process requires an attorney, and the courts take time to act. Moreover, those that own real property in different states benefit since a probate would be required in each state. So with anyone with any degree of net worth that would otherwise be subject to probate, considering a revocable trust is often a wise choice.

Sometimes the objection to trusts is the trustee. You find this most often when a bank or trust company has been named and can't be removed by the beneficiaries. These restrictive provisions were more common decades ago, although some attorneys still draft their trusts in that manner. When a client names a financial institution, bank or trust company to act as trustee following his/her death, I usually counsel his/her to name a party, including the beneficiary of the trust, the ability to remove and replace the corporate trustee. This way, the beneficiary can replace the corporate trustee if their investment performance lags, their fees become excessive, or for whatever reason.

The lesson learned here is to not let irrelevant facts taint your opinion as to what might be right for you and your family.

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ISLAND SUN BUSINESS NEWSMAKERS

Top Producers



Lynda and Kit Traverso



The Simmons Team

VIP Realty Group announced their top agents and sales teams for the month of February. Lynda and Kit Traverso were recognized as their top sales agents, Simmons & DiCharia were recognized as the top listing agents while Mary Lou Bailey was recognized as the top producing agent.✪



Mary Lou Bailey



McMurray & Nette Team

Top Producers

Royal Shell Real Estate in the Sanibel/Captiva office recently announced Top Listing Producers Team to be the McMurray & Nette Team, Top Listings Producer Individual to be Jennifer Berry and the Top Sales Producers Team to be McMurray & Nette Team.✪



Jennifer Berry

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The Sanctuary Community Golf Challenge Receives Donation



From left, Tim O'Neill, Chip Roach, Tom August, Al Hanser, John Schmidlin, Ken Kouril and Brett Kist

Due to inclement weather on January 23, The Sanctuary Golf Club and its members had to cancel the 14th annual Sanctuary Community Golf Challenge benefitting the Charitable Foundation of the Islands. This event grossed over \$131,000 adding to the inception total of \$1,308,000.

Committee members for this year's event included Tom August, chair, Jackie Bingham, co-chair, Al Hanser, Ralph Clark, Gordon Coons, Chip Roach, Steve Brown, Steve Greenstein, Ken Kouril and Brett Kist along with honorary chairs Chip and Nancy Roach.

"A funny thing happened on the way to the tournament in January... more rains plus some gale force winds forced cancellation of our one and only fundraising event of the year for the Charitable Foundation of the Islands," Chip Roach stated. "Because this is The Sanctuary Golf Club's event (the foundation is the beneficiary) their grace and generosity was evident in the 'We can't play' notice that day to close to 200 golfers and sponsors. Golfers were offered the chance to come back and enjoy lunch and an 18-hole round of golf with their foursome – that is an unexpected gift. The feedback in the community has been 100 percent positive and our financial goals were reached, even though we did not play. So, a huge thanks are owed to The Sanctuary's leaders and members."

Roach continued, "The majority of the money raised will be spent on neighbors on the islands who are hurting and in need. In addition, \$30,000 of the funds will be made available as grants to strengthen not-for-profit organizations on Sanibel and Captiva islands."

"This event was originally started by The Sanctuary Golf Club with the membership donating the Club for the day in support of our island community," said Ken Kouril, Chief Operating Officer of The Sanctuary Golf Club. "We truly appreciate our partnership with the Charitable Foundation of the Islands and all of the many generous participants and sponsors."

Many thanks to the generous donors, including Title Sponsor, The Sanctuary Golf Club; Diamond Sponsors, Chip and Nancy Roach, Al and Sally Hanser, Sanibel Captiva Trust Company, Tom and Elaine August; Platinum Sponsors, Tim and Julie O'Neill, Butch and Jackie Bingham; Gold Sponsors, Jim and Sharon Ellen, Dick and Mary Jalkut, Heidrick & Company Insurance, John and Kathy Dubuque, Bill and Judy Cheney, Sanibel-Captiva Beach Resorts, Brigitte and Jack McGrath, Stuart Buck-Stifel, Grampy's Charities; Silver Sponsors, Jim and Patty Sprinkle, Carmen and Jim Courter Foundation, Don and Nancy Rolley, Richard and Mary Butler, Charlie and Gail Sheetz, Diane and Nick Lopardo, Jeff and Sue Springer, John and Lisa Schmidlin, BB&T, Carolyn and Ralph Clark, Hodges University, Stroemer & Company, Gordon and Linda Coons, Bill and Judy Cheney, Gene and Lynne Blanc, FGCU Athletics, The Fernandez Family; Helicopter Sponsors, The Bahnik Foundation, Richard and Linda Green, Bob and Kathy Wieseman, Robert and Patricia Bowden, Robert and Darlene Duvin, Jay and Cindy Brown, George and Susan Heisler.

Also, Lunch Sponsors, Paul Roth, Bank of the Islands, The Bahnik Foundation, AJ and Sunny Scribante; Drink Sponsors, The Bahnik Foundation, Joan and Alan Klutch, David and Ellen Raisbeck; Cart Sponsors, Sanibel Captiva Trust Company; Hole Sponsors, Tim and Jean Cadman, Bird Brain on Bird Lane, Tim and Julie O'Neill, Kathy and Ken LaMotte, John and Mary Theresa McCombe, Steve and Mary Paige Abbott, Cathie and Bill Thiede, Bonnie and Al Koch, Ginny Fleming, Bob and Rebecca Moyle, Tom and Barbara Dunham, Garry and Barbara Scheuring, Nancy Traylor, Clare Phelan, Bobbie Kimber, The Hammersmith Family, Bob and Sara Berendt, Sanibel Community Housing Resources, AJ and Sunny Scribante, Henderson Franklin, Joe and Ellen Thomas, Gretchen and Jon Heinrich, Robert Smith, Bruce and Antonette McDonald, Art and Susan Cassell, Sanibel Day Spa, Vince and Marilyn Conoscenti, Liddy Johnson.

For more information about the Charitable Foundation of the Islands, contact Al Hanser at 472-8300.*

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Twins GM Vows To Make The Media And Baseball Critics Believers In His Team



by Ed Frank

“There were few, including you, that thought we were playoff contenders at the start of last season and we proved them wrong. And the same is probably true this year.”

Thus began an interview recently with Terry Ryan, the shrewd, long-time general manager of the Minnesota Twins, considered one of the best in baseball.

You will recall that the Twins battled for a playoff slot until the last weekend of the 2015 season in what many considered the surprise team of the year. The 83-win season, up from 70 in 2014, earned first-year manager Paul Molitor, the Manager

of the Year Award by Sporting News.

“We have depth, youth and we’re in pretty good shape,” Ryan said. But he emphasized, as he did a year ago, that he won’t be satisfied, and he won’t consider it a successful season unless the Twins reach postseason play.

The infield and starting rotation are set, according to Ryan, but the outfield, while young and talented, remains a question mark during this preseason.

Second-year sensation Miquel Sano is learning the right field position after playing third base in the minors. Called up last year at midseason, he blasted 17 home runs and drove in 50 runs in just 80 games.

Center field is likely to be manned by multi-talented rookie Byron Buxton, who is rated baseball’s No. 1 or No. 2 prospect by most baseball rating authorities.

Left fielder Eddie Rosario, who played here for the Fort Myers Miracle as recent as 2014, made his Major League debut last year, hitting .267 in 122 games played.

Ryan made no secret of the fact that the Twins will miss the leadership both on the field and in the clubhouse of five-time All-Star Torri Hunter, who retired at the end of last season, capping a 19-year Major League career, 13 with the Twins. As a center and right fielder, Hunter was a Gold Glove recipient nine consecutive years, and even in his final season drove in 81 runs and hit 22 home runs.

During the off-season, Ryan acquired Korean Byung Ho Park who will be the designated hitter – a move that should add considerable power to the lineup. Park, in 140 games last year for Nexen in Japan, knocked in 146 runs and belted 53 home runs.

The GM was queried on the status of former American League batting champion and MVP Joe Mauer, who has three years remaining on his eight-year, \$184 million contract; the most ever paid a catcher at the time of signing. A serious concussion forced the Twins to shift him to first base in 2014.

At \$23 million a year, Maurer’s contract consumes nearly one-quarter of the team’s estimated payroll of about \$100 million. (It was \$109 million in 2015.)

Ryan said strikeouts (112) were a problem for Mauer last year, but he nevertheless led the team in hitting .352 with runners in scoring position. The left-handed hitting Mauer also hit a respectable .267 against left-handed pitching.

Ryan’s major off-season trade sent outfielder Aaron Hicks, a former first round draft pick, to the New York Yankees for catcher John Ryan Murphy, just 24 years

Minnesota Twins General Manager Terry Ryan

old, who hit .277 last year in his first full Major League season. He will likely serve as back-up catcher to Kurt Suzuki.

The ultra-competitive five-team American League Central Division includes, of course, the World Champion Kansas City Royals. Ryan said some believe all five teams could finish either first or last in the division.

As for the Twins, Ryan reiterated that 83 victories last year, a big improvement over four straight seasons of 90-plus losses, “is not good enough.”

He won’t be satisfied until his team reaches post-season play “and then maybe you guys (the media) will begin to believe how good we are,” he said smiling.✧

Spring Training Home Schedules

Boston Red Sox – jetBlue Stadium

Thursday, March 24 – New York Mets; 1:05 p.m.
Friday, March 25 – Pittsburgh Pirates; 6:05 p.m.
Sunday, March 27 – Philadelphia Phillies; 1:05 p.m.
Monday, March 28 – Baltimore Orioles; 1:05 p.m.

Minnesota Twins – Hammond Stadium

Saturday, March 26 – Pittsburgh Pirates; 1:05 p.m.
Tuesday, March 29 – Boston Red Sox; 1:05 p.m.
Wednesday, March 30 – Toronto Blue Jays; 1:05 p.m.
Thursday, March 31 – Boston Red Sox; 1:05 p.m.✧

SPORTS QUIZ

1. In 2015, Detroit’s Miguel Cabrera set a record for most home runs by a Venezuelan-born player. Who had held the mark?
2. Alex Rodriguez, in 2015, set a record for most career RBIs by an A.L. player. Who had been at the top of the list?
3. In 2014, Houston’s Arian Foster broke a tie for most NFL career 100-yard rushing games by an undrafted player. Who was he tied with?
4. When was the last time before 2015 that Notre Dame’s men’s basketball team reached the NCAA Tournament’s Sweet 16?
5. When was the last time before 2014 (Los Angeles Kings) that an NHL team clinched the Stanley Cup on their home ice in overtime.
6. Who was the last NASCAR Cup driver before Kyle Busch in 2015 to win three consecutive races?
7. How old was tennis star Martina Navratilova when she appeared in her last Grand Slam singles final?

ANSWERS

1. Andres Galarraga, with 399. 2. Lou Gehrig, with 1,995 RBIs. 3. Priest Holmes, who had 31 in overtime in Game Six. 4. It was 2003. 5. It was 1980, when the New York Islanders beat Philadelphia 100-yard games. 6. Jimmie Johnson, in 2007. 7. She was 37 when she lost to Conchita Martinez at Wimbledon in 1994.



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SANIBEL 8-BALL POOL LEAGUE 2015-16
Standings through March 21

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	308	172
Second	Sandycappers	236	244
Third	Sanibel Café	231	249
Fourth	Fresh Legion Crew	185	295

March 21 Results

Bunt's Ball Busters	13	Sanibel Café	7
Sandycappers	10	Fresh Legion Crew	10

Sanibel 8-Ball Pool League
Ball Busters Finish
In First Place Again

Rich Ennis, Mike DeWitt and Bob Buntrock posted 3-1 wins over Rich McCurry, Jimbo Gaubatz and Pete Mindel to lead Bunt's Ball Busters over Sanibel Café, 13-7. This was Ball Busters sixth first place finish in the nine years of league play.

Sandycappers limped home to second place through a 10-10 tie with Fresh Legion Crew. The Cappers hadn't manufactured a win since February 8. For the Sandycappers, John Bates went 4-0 against George Sell and for Fresh Legion Crew, Doc Lubinski whitewashed Jack Dalton, 4-0.

Twenty-two players have now paid

entry fees for the year-end singles tournament on Monday, March 28. Competing in the single game double elimination tournament will be Rich McCurry, Bob Buntrock, Cecil Crowe, Terry Ricotta, Becky Skog, Dave Doane, Pete Mindel, Doc Lubinski, John Bates, Randy Carson, George Sell, John Reigert, Rich Ennis, Jimbo Gaubatz, Nate Buffam, Mike DeWitt, Tom Yorgey, Jack Cunningham, Matt Hall, Kevin Pottorf, Gator Gates and Kip Johnson. The tournament brackets will be finalized at 4:30 p.m. on Monday. Initial matches will begin at 5 p.m. and the tournament is expected to crown its champion by 9:30 p.m. Spectators are welcome.

Last year's winners were Terry Ricotta, Dave Doane, Jimbo Gaubatz, John Riegert, Jack Dalton, Doc Lubinski, Kevin Pottorf and Pete Mindel.✧

Purple Dragon Mah Jongg Club

The Purple Dragon Mah Jongg Club in Fort Myers was founded in 2002 as a place to learn and play the game and meet others who enjoy the competition. The club has over 80 members and welcomes new players.

There are regular game days three times a week as well as tournaments throughout the year, climaxing the year with the Holiday Mah Jongg Getaway Tournament at Tween Waters Resort on Captiva.

The club meets at 15675-1 McGregor Boulevard. For more information, contact MariAnne Albano, 433-4474.✧

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Superior Interiors

Principles Of Design: Balance



by Jeanie Tinch

Balance is probably the most easily understood design principle. In decorating, it simply means a state of equality – or equilibrium between two elements or two parts of a design

composition. There are two kinds of balance: formal or symmetrical balance; and informal or asymmetrical balance.

Formal balance is achieved when the two halves of a composition or design are exactly the same. Identical end tables flanking a sofa, a fireplace with matching bookshelves on either side, a pair of candlesticks placed the same distance from a central bowl of flowers all represent formal balance. This kind of evenly matched balance tends to create a sense of order and stability – evenness – if you will. It's fairly easy to create, but you need to remember that formal balance has a tendency to make a room seem static and stiffly conventional – especially if it's overdone.

Informal balance is achieved when two halves of a composition balances each other even though they are not identical.

Size or physical weight is not the only factors involved in this kind of balance, which can only be appraised by the eye. Bright colors which seem to advance weight more than pale, softer colors or neutrals, which seem to recede. Irregular shapes which engage the eye longer than regular ones seem more important, and therefore also “weigh” more in terms of balance.

Interested in creating informal balance in your room? I suggest you think about a see-saw. Equal weights balance each other when they are equal distance from the center. If one weight is heavier than the other, it must be moved closer to the center to balance the lighter one. This is also an excellent way to arrange objects on top of a table, chest or fireplace mantle. The heavier, larger, or more brightly colored object should be placed closer to the center than a companion which is lighter, smaller or less noticeable. Ignoring this rule makes one side of your design composition seem too top-heavy.

The same see-saw theory can also be applied to decorating foyers and halls. You need to treat the door or opening as part of your overall composition and balance it by placing a light-looking grouping a greater distance from the center of the wall. Strangely enough, an opening or archway has more weight than a plain wall and just as much as a door, so it should be treated the same way or carefully balanced.

Today, the trend is definitely toward informal balance. Why? Because it works extremely well with design's ever popular

eclectic look. An informal balance plan also works well in creating a contemporary style of decorating. With most of today's homeowners interested in creating a relaxed, casual lifestyle it's important to take into account an informal balance plan.

*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.**

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: As a working mother of two young children I seem to feel constantly overwhelmed. I don't know where to begin to let go of all the multi-tasking I need to do to get

everything done. Help!

A: Most working mothers tend to multi-task just to keep up with the fast pace they seem to be on. Being a mom itself is a full time job. An obstacle to becoming calm and clear inside, regardless of what is happening on the outside, is that feeling of overwhelm. You may have a clear purpose and clear goals with specific action steps, yet how long is your to-do list? When you feel that overwhelm,

it is easy to lose all connection to life because you feel that impossible burden of getting things done on your to-do list. Our technology is great in many ways, however with the now 24/7 society, we really are not able to juggle all those balls at once like we thought we could. We want to think we are excellent multi-taskers, however, the human brain is capable of handling two tasks, not 10. Researchers at Stanford University found that multitasking can impair cognitive control. One study of multi-taskers found that make twice as many errors and are more stressed than people who don't multi-task. What you may want to consider is to stop everything you are doing although you may think that is impossible.

Take a deep breath and follow your breathing for a moment. Be present here and now, and allow your mind to relax. If you are still feeling overwhelmed, try to get out in nature. Nature has a calming effect and you may come to terms with the fact that you actually can let some things go. You don't have to keep up the frenetic pace you have been as it is not swerving you. Step back and tell yourself that you can let one, two and even three or more tasks go. You will be better for it and your children will notice a calmer, more peaceful mom.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.**

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dearRPharmacist

Come On Baby, Light My Fire



by Suzy Cohen, RPH

Dear Readers:

There's plenty of ways to say you're not feeling frisky enough for sex, however, using excuse after excuse could be a sign of bigger hormonal problems that I can help you with today. Over 40 percent of adult women experience low libido, and I think that's underreported. It's those blue diamonds that men want, meaning Viagra. But they don't often stop and think, "Does my girl want to do this too?" I mean, it looks so mutual in the commercials doesn't it?

But ladies, what if you don't feel frisky, and your man is revved up on

Viagra.

Ask yourself, do you take any medications? These can be a factor in crushing Cupid. Drugs that treat hypertension and depression can squash libido in a women in about two weeks flat. Estrogen medications namely birth control pills, patches and shots can do it too. Ironical as it sounds, these drugs damage you by reducing otherwise healthy levels of testosterone, the hormone which ignites libido in both men and women.

As a pharmacist, I saw this time and time again... a woman taking birth control for six months and then suddenly there's no interest in sex, and worse, she has to start thyroid medicine and/or antidepressants. It's from the "drug mugger" effect on testosterone, as well as minerals that support thyroid and mood. This is a known fact. Everything I just said could be applied to estrogen-containing medications (creams, pills and patches) that are used for menopause. And menopause itself can make sex uncomfortable due to vaginal dryness.

Another factor is pregnancy and breastfeeding. The surge in hormones during this time in life can fluctuate drastically. One minute you are laughing and happy, the next minute you are a puddle of a mess in tears and want to curl up with a magazine instead of your man.

Here's how you can get your va-va-vavoom back:

- DHEA. Improving levels of the fountain of youth hormone can help with libido by increasing testosterone levels. A study confirms that DHEA supplementation in peri- and post-menopausal women improved sexual function.

- Yoga, but only in women 45 years and older. After 12 weeks of yoga, participants noted significant improvement in the areas of desire, arousal, lubrication, orgasm, satisfaction and pain.

- Ashwagandha. This thyroid-loving herb also increases DHEA that goes on to amplify your testosterone levels. The aphrodisiac effect usually requires a dosage somewhere between 100 to

500 mg/day.

- Dark Chocolate. My friend literally hides her chocolate in the freezer and take a few bites in between tucking her kids in bed and then tucking her hubby in next. Chocolate stimulates more dopamine a.k.a. "the love chemical." Researchers who studied female libido concluded that women who consumed more dark chocolate enjoyed greater sexual satisfaction than women who did not eat chocolate. Mmm. Ladies, I will think nothing of it if I bump into you in the chocolate aisle, wearing a big hat, sunglasses and a black trench coat.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Eden Energy Medicine

Spinal Flush For Pets: A Vet's Story



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Our furry friends benefit from Energy Medicine too. My 7-year-old golden doodle Chezzzy loves his daily spinal flush

and other Eden Energy Medicine (EEM) techniques too. When I stand at his head and place my thumbs on either side of his neck while gently circling along both sides of the vertebrae, he just sits, unmoving, waiting for the entire flush to be completed. I gently move my thumbs down along both sides of his spine making circles the entire way until I get to his tailbone. Then I place my hands flat at his head and gently sweep the energy down the back of the body and off his hind legs, doing this sweep two times. I go down the spine again and sweep the energy off a second time. If it were up to him, I would do it all day. His eyes get glazed over and he just loves it. Of course, doing the spinal flush on humans is wonderful too.

Several weeks ago, I had the pleasure of teaching an introductory workshop on EEM to 25 folks in Mississippi. One of the attendees was a veterinarian. I received her permission to include her comments in the column. The lesson is: use your EEM tools for your animal friends to help them too!

"Just had to stop and send you a note to let you know the great things that happened to me after the weekend. When I left I was in a brain fog and had a slight headache above the eyes,

so went to bed early. When I got to my office today everything seemed brighter and I found myself more focused and less anxious than I have been in a long while. So something shifted and the fog lifted!"

"I always start the exam with my patients, checking out the points along the bladder meridian by massaging them. Didn't realize until this weekend I was doing a spinal flush. Today, I spent a little more time and finished smoothing off the Qi across the body, shoulder to hip. I usually leave the needles in 22 minutes, so today, I spent that time doing energy work. So easy to add crown pull and neurovascular points.

"On Willie, the 16-year-old hound dog, I added sedation of TW and traced infinity (figure 8s) lightly over his heart murmur. Willie loved it! The owner didn't even know I was doing anything but petting/ massaging. Willie just relaxed where he is usually fearful. The owner certainly noticed that. On the next visit, I will ask her what she noticed and tell her what I did different.

"So, just had to let you know that EM is already working for me. I am so thankful to you, for what you do and the wonderful way you teach. I was truly blessed to find you through the synchronicity of the universal web." – B A



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Have fun with your energy! Next week's topic is Hook up Your Pet, Create Calmness.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com.

EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱



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Doctor and Dietitian

Relief Of Muscle Soreness



by Ross Hauser, MD and Marion Hauser, MS, RD

Enjoying the beautiful weather and all of the great activities that come with it – like running, biking, beach volleyball, tennis, softball and golf – can bring on post-activity muscle soreness. The body has tremendous regenerative capabilities, but one must never forget the fact that many different factors affect connective tissue healing.

Recovery time is essential. You have to allow your body to recover from a strenuous workout or activity. Sufficient recovery time between workouts allows for necessary tissue repair. There are the standard methods of stretching, massage, and heat that may bring relief, but did you know that diet also plays a role in muscle recovery? There is research that supports certain foods or antioxidants that can help with muscle soreness. For example, a group of exercise physiologists at Rutgers University showed that a group of people who took a black tea extract supplement for nine days had considerably less pain after a strenuous workout than a placebo group. They suggest one or two cups of tea a day to take in the antioxidant catechin to decrease inflammation and prevent soreness.

To grow ligaments, tendons, or heal

any bodily structure, it is safe to say that the whole gamut of essential nutrients are needed. This means the spectrum of amino acids, fatty acids, vitamins, minerals and trace elements. Carbohydrates, healthy fats and protein are all needed to recover, to keep physiology balanced and to ensure proper tissue regeneration.

Additionally, food sensitivities can lead to inflammation that contributes to pain, stiffness and injury. Many sports articles say that chocolate milk or peanut butter toast are excellent recovery foods. But an intolerance to dairy or gluten will actually inhibit tissue recovery, rather than providing healing. Eliminating food sensitivities with a natural healthcare practitioner can be helpful for an athlete.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who special-

izes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We recently moved to a warmer part of the U.S. We were very anxious to get involved, meet new people and start contributing to the community.

We tried but have now withdrawn to our own little cocoon.

The people all seem resentful to the northerners. They want no change. They want to keep things exactly as they have been for the last 100 years.

We thought we would like it here but now think that it is time to move.

Do you have any suggestions?

Damon

Dear Damon,

"I don't like change." This is so common among the older generation and some people who are much younger and should know better.

If you live, you are constantly changing and so is the world around you.

You can never change people who are set in their ways – you can only change how you feel about them.

See if you can join a "newcomers" group; maybe you will find others eager to move and shake just like you.

I do wonder, why did you move to your present location and then try to start changing it?

Lizzie

Dear Damon,

Well, there is the problem... not "them" but you. Why go to a new location and try to change them as if you and your ways are better? Not too many people north, south, east or west would be welcoming of an individual coming into their homes and trying to change their way of life. Fine if you want to move again but as long as you bring yourself and your notions to change people, you will continue to have problem.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

From page 14B

Librarian Retires

"I would like to come back as an on-call librarian," she said, noting that for pension reasons she can't do that for a year. "And, of course, the library I most want to come back to is Captiva."

Meanwhile, Bradley will be out to pasture with Hollywood Prince, looking for a good trail to ride.

And Captivans will be wishing her happy trails.✱

Letter Carrier Food Drive Is May 14

The nation's largest single-day food drive, Stamp Out Hunger, will be held on Saturday, May 14. This is the one day when letter carriers collect non-perishable food that has been left by mailboxes.

Summer is coming, school will be out, and the need for food assistance will be greater than ever. Letter carriers in Lee and Collier counties are gearing up for the 24th annual national letter carrier food drive. Most food collected in Lee County will be distributed by the Harry Chapin Food Bank through participating agencies in the county; food collected in Collier County will be distributed by Collier Harvest and food collected in Charlotte County will be distributed to participating food pantries. All food collected is distributed to participating agencies at no cost.

Northerners and seasonal residents who are returning home prior to May 14 are encouraged to check their pantries for unopened food items; they may drop off their contributions at any post office.

Businesses can set up collection boxes for employees and customers who may not be able to leave food at their mailboxes on May 14. Virtually any kind of food may be donated in unopened, non-breakable containers. Items especially in need are peanut butter, tuna, rice, beans and canned meats, fruits, vegetables, and soups.

Additional information about the letter carrier food drive and early food drop-off may be obtained by contacting George Sciascia, letter carriers' food drive coordinator, at gsciascia@comcast.net, phone 218-1147.✱

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Duplicate Bridge

On Tuesday, March 15, there were 10 tables in play at The Sanibel Community House. The winners were:

North/South

1. Clara and Terry Terrana
2. Becky Eynon and Eileen Smith
3. Dana Britt and Katie Rust
4. Diana Raab and Tom Giles

East/West

1. Myra Fisher and Ann Levinsohn
2. Carolyn Karch and Mary McLeod
3. Lois and Doug Townsend
4. Donna and David Ouchterlony

On Thursday, March 17, there were six tables in play at The Sanibel Congregational Church. The winners were:

North/South

1. Gini Gersack and Caroline Oldenburg
2. Susie O'Neil and George Willoughby

East/West

1. MaryIn and James Stewart
2. Dorothy and Irwin Levy

There are two ACBL-sanctioned games per week, Tuesdays and Thursdays, 1 to 4:30 p.m. at The Community House, 2173 Periwinkle Way, Sanibel. The Tuesday game runs from the beginning of January through the end of April; the Thursday game runs from the beginning of January through the end of March.

For further information, contact Susan Willoughby at 281-3258.✽

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My second grade daughter will be going to a new school soon where they have lockdown procedures and practices in place. This will

be a new experience for her. How can I prepare her for these practices so she doesn't become fearful?

Melina L., Fort Myers, Florida

Melina,

Practicing a plan to keep everyone safe can actually make children feel more confident. If you can get ahead of the anxiety when you're dealing with something potentially frightening, kids will feel more in control. They'll feel a sense of competence. They'll know that the teachers have a plan, and the whole thing can make them feel quite safe.

Tell her that the whole school will practice from time to time because everyone wants the whole school to stay safe. As a whole school program, the message is that everyone is taking part in this, we're strong and competent and we can handle it.

You need to emphasize to your daughter that there is a low probability that a stranger would come into the school who

doesn't belong there, and who would want to hurt her. Point out how the plan and practice will make the situation and her safe. Avoiding the topic is not a good idea, because avoidance maintains anxiety. For any kids who do have anxiety about a school shooting, not talking about it just adds to increase the avoidance that maintains that anxiety. So you want to talk about it.

The tone of voice and manner in which you communicate is important. You want to do it in an easy matter, and talk about it with a lot of confidence and competence. Kids are great at picking up non-verbal cues so be calm when you discuss this.

In terms of how explicit you should be, use common sense. Don't talk in code or use odd euphemisms that can make a child's imagination go wild. On the other hand, you also don't want to plant images in her head. You want to strike the right balance.

Tell your daughter that you agree with her school and teachers about lockdown practice. You might want to say that if someone wanted to hurt the school, students or teachers, the school wouldn't stand for that. So they have a plan to prevent that from happening. A lot of the message is in the delivery: Your school is being extra careful here, but with this plan, they are confident that everyone is going to stay safe.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nation-

ally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✽

Round Robin Tennis Offered At Rec Center

Round Robin Tennis is back at the Sanibel Recreation Center on Tuesdays and Thursdays from 10 a.m. to noon. Enjoy tournament-style play and meet fellow tennis players in the process. Tennis Pro Jeffrey Boston organizes all of the matches.

Registration includes a demonstration of doubles tactics and doubles play. Cost to play is \$13 per member and \$17 per non-member. Register in advance at the Recreation Center's front desk as space is limited.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✽

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My Stars★★★★★

ARIES (March 21 to April 19) With change dominant this week, don't be surprised to find new facts emerging that could put another slant on a situation and offer you another choice. Think it through before you decide.

TAURUS (April 20 to May 20) There could be some lingering problems from a previous matter that involved a decision you felt you had to make. Resolve the situation with your strong Taurean

no-nonsense approach.
GEMINI (May 21 to June 20) The Gemini's carefully made plans could be undone by someone's unexpected decision. Getting the full story behind that surprise move can help you decide how to deal with the matter.
CANCER (June 21 to July 22) Recently uncovered information might put a new light on a situation you thought had been resolved. Keep an open mind about possible changes that you might have to consider.

LEO (July 23 to August 22) With a potential revision of an old agreement, you can't beat the Big Cat for knowing how to sharpen a "clause" to the best advantage. Someone close could have the news you've been waiting for.
VIRGO (August 23 to September 22) Certain issues in the workplace could put you in the middle of a dispute you'd rather not deal with. Express your honest feelings before the pressure to take sides builds up.
LIBRA (September 23 to October 22) You might feel uneasy disagreeing with

someone you've been close to. But your relationship should be able to withstand and even thrive when confronted with your true feelings.
SCORPIO (October 23 to November 21) A romantic situation seems to be creating more confusion than you can handle. If so, own up to your feelings. The sooner you do, the better your chances are for working things out.
SAGITTARIUS (November 22 to December 21) With change directing the Archer's aim, consider a second look

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at your plans and see where they might benefit from a revision. A workplace matter is close to a resolution.

CAPRICORN (December 22 to January 19) New contacts help you learn some important information about upcoming developments. The week calls for the Sea Goat to be more flexible than usual in a number of matters.

AQUARIUS (January 20 to February 18) With both change and uncertainty in your aspect, you might feel less confident in a previous decision. That's OK. Check it out and see where it could be modified, if necessary.

PISCES (February 19 to March 20) Old relationships that seemed to be sinking are buoyant again, and new relationships are benefiting from Cupid's loving care. This could be a good time to make a major move.

BORN THIS WEEK: While you prefer to tread your own path, you'll go out of your way to help someone in need.

THIS WEEK IN HISTORY

- On April 1, 1700, English pranksters begin popularizing the annual tradition of April Fools' Day by playing practical jokes on each other. It's thought that when the start of the new year moved to Jan. 1 with the adoption of the Gregorian calendar, some people unwittingly continued to celebrate it in late March through April 1, and they became the butt of jokes and hoaxes.

- On March 30, 1867, U.S. Secretary of State William H. Seward signs a treaty with Russia for the purchase of Alaska for \$7 million. The deal was ridiculed in Congress and in the press as "Seward's folly," "Seward's icebox," and President Andrew Johnson's "polar bear garden."

- On March 31, 1889, the Eiffel Tower is dedicated in Paris. The Tower was almost demolished when the lease on the land expired in 1909, but its value as an antenna for radio transmission saved it.

- On April 3, 1948, President Harry Truman signs off on legislation establishing the Foreign Assistance Act of 1948, known as the Marshall Plan, to aid in the economic recovery of Europe after World War II.

- On March 29, 1951, in one of the most sensational trials in American history, Julius and Ethel Rosenberg are convicted of espionage for their role in passing atomic secrets to the Soviets. They were executed in 1953.

- On March 28, 1979, the worst nuclear accident in U.S. history takes place at the Three Mile Island plant in Pennsylvania. Due to technical malfunctions and human error, the reactor came within an hour of a complete meltdown.

- On April 2, 1992, a jury in New York finds mobster John Gotti, nicknamed "the Teflon Don" for his ability to avoid conviction, guilty on 13 counts. FBI official James Fox was quoted as saying, "The don is covered in Velcro, and every charge stuck."

STRANGE BUT TRUE

- It was Pulitzer Prize-winning poet and biographer Carl Sandburg who made the following sage observation: "Slang is a language that rolls up its sleeves, spits on its hands, and goes to work."

- Boon or bane? While DDT was first synthesized in 1874, it wasn't until 1939 that Swiss chemist Paul Hermann Muller discovered its insecticidal properties. DDT was so effective in curbing the spread of insect-borne diseases such as

malaria and yellow fever that in 1948, Muller was awarded the Nobel Prize in Physiology or Medicine. However, with the 1962 publication of Rachel Carson's book "Silent Spring," the devastating environmental effects of widespread DDT use led to an eventual ban in the United States.

- You might be surprised to learn that, aside from his inaugural addresses, Abraham Lincoln gave only one speech during his entire presidency: the Gettysburg Address.

- In Venice at one time, every merchant who traveled to the Orient was required by law to bring back a piece of art and donate it to St. Mark's Cathedral.

- It was all the way back in 1837 that modern multinational corporation Procter and Gamble was founded, by candlemaker William Procter and soapmaker James Gamble. During the Civil War, the company supplied candles and soap to the Union Army, in the process introducing its products to soldiers from all over the country.

- Those who study such things say that there are more possible iterations of a game of chess than there are atoms in the known universe.

THOUGHT FOR THE DAY

"The hope of a secure and livable world lies with disciplined nonconformists, who are dedicated to justice, peace and brotherhood. The trailblazers in human, academic, scientific and religious freedom have always been nonconformists. In any cause that concerns the progress of mankind, put your faith in the nonconformist!" -- Martin Luther King Jr.

LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with Cruzan Vibes, playing reggae and dance. Sunday is CJ and Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Sailor Larry, playing contemporary, top '40s and acoustics. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

Traditions on the Beach at Island Inn has live entertainment Friday and Saturday with Joe McCormick and Marilla Marzan. On Sunday, it's Dusk. The "Jersey Kid" Mike Arnone performs on Monday. On Tuesday, it's Woody Brubaker. On Wednesday, it's Jazz Night with Paul Ventura Jazz Quartet. On Thursday, Joe McCormick and Marilla Marzan perform.

Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

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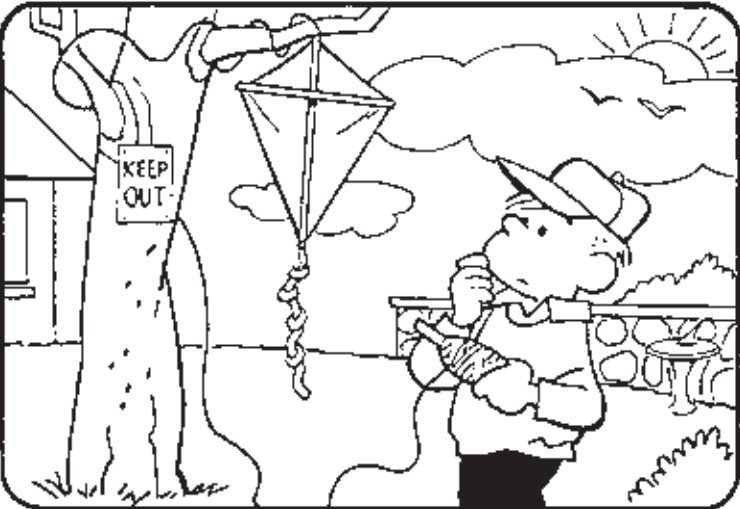
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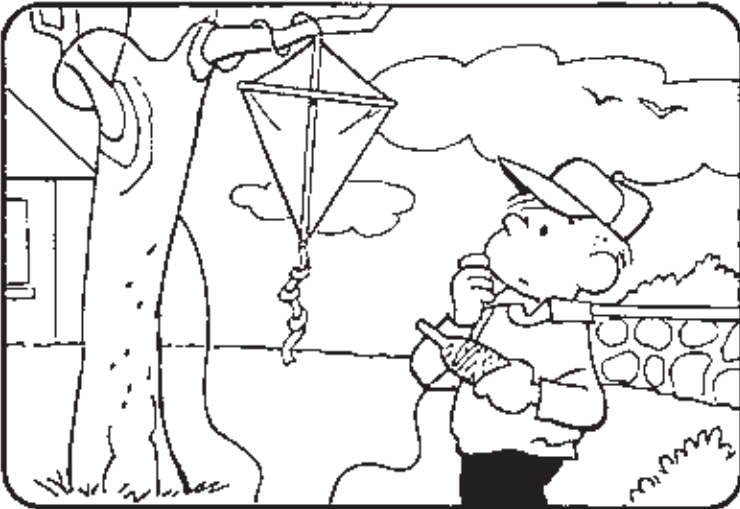
Career information available
Gift ideas available

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is shorter. 2. Tree trunk is slimmer. 3. Kite tail is shorter. 4. Wall is shorter. 5. Sun is missing. 6. Sundial is missing.



"That is not a space helmet! And where are the...?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Brief

FORMIN

Burn

TIEING

Strong

LIDOS

Foam

PHASE

TODAY'S WORD

answer on page 37B

		3			7			8
		6		5		1		
4	1		8				5	
	2				4		3	
		8	7			9		
1				8	6			5
	6				2		4	
		9		3			2	1
3			5			6		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 35B

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PUZZLE ANSWERS

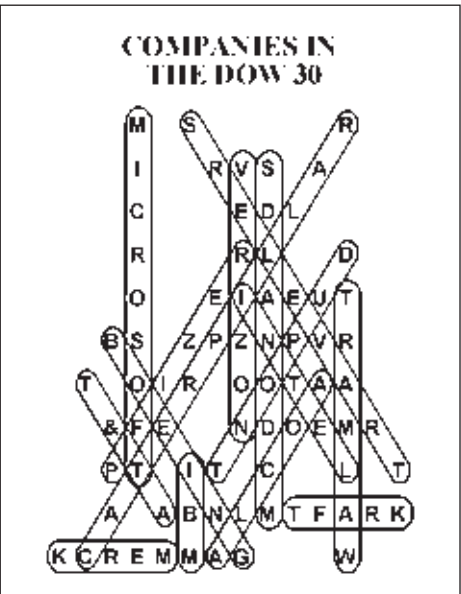
SUPER CROSSWORD

TOE CAP LOR TAB DISCARD
ANGOLA ACCIDE EMPORIA
TERRACOTAPOT SPINACH
TREATPEAEOS PIEBEL
OUTLETCENTERGAEELS
ONS AINT SLIT AMOS
TACT GROCERYCLERK
RADISH ECHELONS RAISA
AWAKE CLUTTERS CARROT
ANTICHOKE ION GAMY
BYE ASS PCS EOM FBI
LTLT ALE CRASHOICT
POTATO STANFORD EELER
OPAH SOL CITS CELERY
METEORCRATER YODA
PLED EARS EDSEL SPA
ODDLY STRIKEACHORD
ALIQUI AAH SVS AIREF
IFTIJCFFIIPFSCHANNHS
ENLAGES B GSEA DIGSAT
COLBEAT SCHISM ONETWO

KING CROSSWORD

HIM OCT MACAW
ADO FLU INANE
VAR FIRINGPIN
OHO SMITH
CONS ANCSODA
LUX HATPIN
EGGON RESET
TENPIN LEA
CLUE ATA KNOB
EVADE APE
SAFETY PIN CIS
ILIAC EDO RUT
TEETH DAS EMS

MAGIC MAZE



SUDOKU

9	5	3	2	1	7	4	6	8
2	8	6	4	5	3	1	9	7
4	1	7	8	6	9	3	5	2
7	2	5	1	9	4	8	3	6
6	3	8	7	2	5	9	1	4
1	9	4	3	8	6	2	7	5
8	6	1	9	7	2	5	4	3
5	4	9	6	3	8	7	2	1
3	7	2	5	4	1	6	8	9

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Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the
beach can be hard on the
fish. Dragging a fish up onto
the sand if you're going to release
it is not an option as it usually
damages or kills the fish.

- Hold the fish in the water
while you unhook it if you're going
to release it.
- The less you can touch a fish
before release the better for the
fish.
- If you want a picture with the
fish, support it as you lift it out of
the water – and do it quickly.
- Before releasing, revive the
fish while holding it in the water;
moving it slowly back and forth so
water goes over its gills. The fish
will let you know when it's ready
to swim off.
- Florida just recently changed
the regulations on fishing from
shore. Florida residents as well as
out of state visitors need a fishing
license to fish from shore.

SCRAMBLERS

solution

1. Inform; 2. Ignite;
3. Solid; 4. Shape

Today's Word
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Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Eastwood Landings Amended	Sanibel	1993	1,840	\$1,045,000	\$1,000,000	221
Woodlake at Bonita Bay	Bonita Springs	1988	3,075	\$865,000	\$825,000	187
Oak Bend	Fort Myers	2007	3,877	\$849,000	\$825,000	23
Villa Tuscany	Bonita Springs	2005	2,756	\$799,000	\$749,000	0
Town and River	Fort Myers	1977	3,371	\$777,000	\$740,873	289
Lakemont	Bonita Springs	1991	2,816	\$749,900	\$750,000	12
Brynwood	Fort Myers	1973	3,687	\$700,000	\$680,000	19
Sanibel Shores	Sanibel	1967	1,780	\$699,000	\$699,000	103
Copper Lake	Bonita Springs	2002	2,891	\$665,000	\$650,000	22
Waterway Estates	Fort Myers	2003	3,186	\$649,900	\$600,000	6

Courtesy of Royal Shell Real Estate

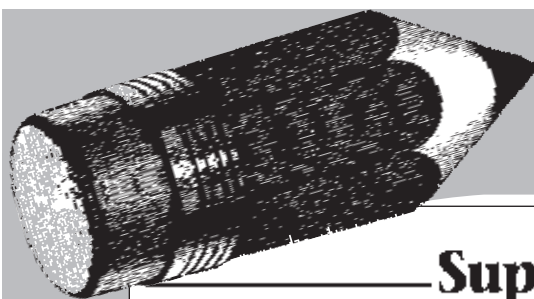
To be listed in calling card email your information to:
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A close-up photograph of a black dog, possibly a pit bull mix, with large, upright ears and a blue collar. The dog is looking directly at the camera. The background is a blurred outdoor setting with green grass and brown leaves.

A close-up photograph of a brown and black tabby cat sitting on a patterned surface, looking directly at the camera. The cat has large, expressive eyes and prominent whiskers. The background is slightly blurred, showing a dark wooden headboard and a patterned fabric.

A black and white photograph of a tortoiseshell cat lying down, resting its head on a light-colored surface. The cat's fur is dark with characteristic lighter patches, and its eyes are partially closed.

Read us online at
IslandSunNews.com



BEACH CHAIR PASTIME

answers on page 35B

Super Crossword

MIXED VEGETABLES

ACROSS

- 1 Reinforcing shoe lip
7 Brand of prescription painkiller
13 Toss out
20 Southern African and
21 Give in
22 Big markets
23 Many an earthen plant holder
25 Vegetable mixed inside
110-Across
26 Dog bled it, to a dog
27 Bit in a stew
28 Canon Rebel
29 Bakery item
30 — Paese (cheese)
31 Mail with wholesale goods
34 Speakers of Celtic (ruses)
35 Put — (ruses)
37 "— a woman?"
Sourpunter
Tru in
38 Knife cut
39 Winter Oz
43 Distrust
45 Food store worker

- 49 Vegetable mixed inside
72-Across
52 Flanks
54 Gorbachev's wife
55 Not sleeping
56 Fil's untidiness
57 Vegetable mixed inside
23-Across
58 Vegetable mixed inside
97-Across
60 It's charged
61 Like a slightly spoiled meal
62 "Tut-tut"
63 Pack-luring beast
64 Doll products
65 Vast span
66 DQJ arm
69 Swinging ditty
71 Toby brew
72 Rapid weight-loss option
75 Vegetable mixed inside
23-Across
76 University in Silicon Valley
80 Moray lurer
81 Eye-tricking paintings
82 Lobes for

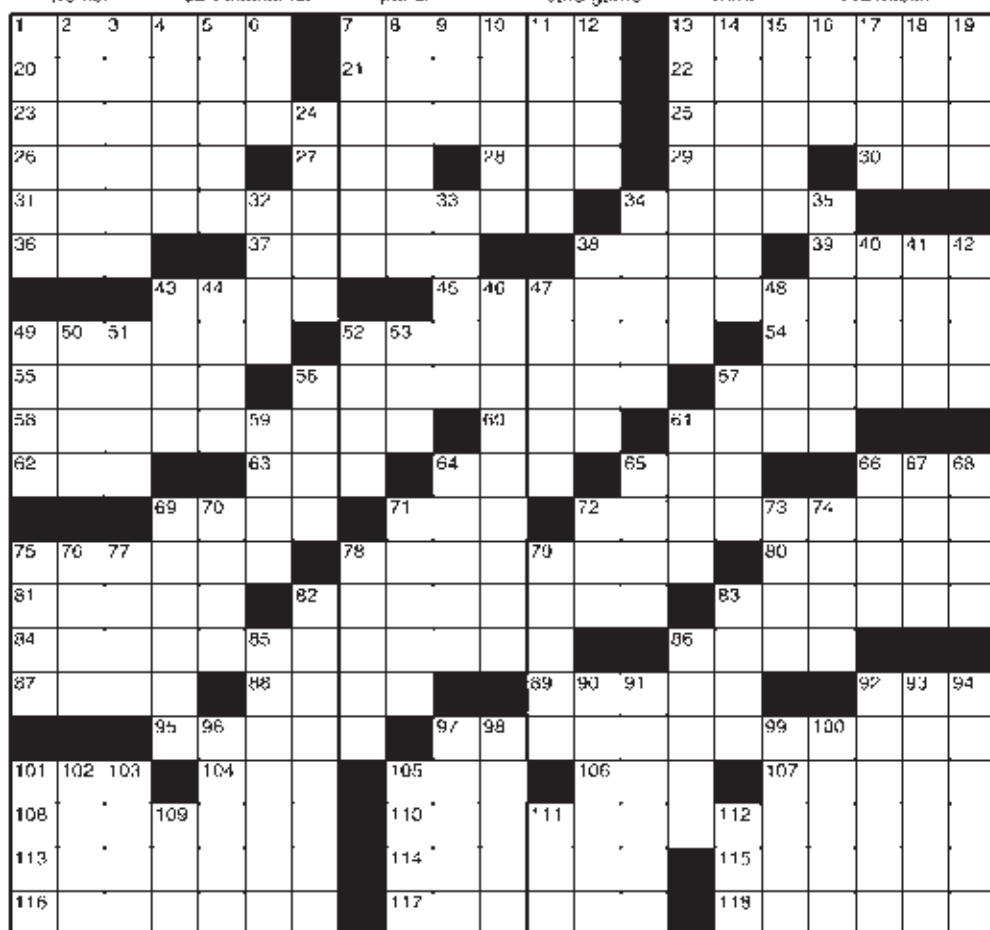
- 83 Vegetable mixed inside
45-Across
84 Impact depress on near
Flagstaff
86 Jedi sage
87 Begged
88 Corn units
89 1950s Ford
92 Vacation site
95 In a strange way
97 Affect one's emotions
101 Spinks ice
104 Cjor "yes"
105 Salsa sauce
106 Part of GPS: Abbr.
107 Made known
108 Vegetable mixed inside
31-Across
110 Surf's while watching TV
113 Intertangles
114 Langston Hughes member, with "Tro"
115 Probes into
116 TV satirist Stephen
117 Party spirit
118 Double boxing punch

DOWN

- 1 Bit of skin art
2 Minimal lead in baseball
3 Some Hierons
4 reef
5 Get — start (be fancy)
6 D.C. donor
7 Kind of sail
8 Circle eighth
9 Brand of cable
10 Plans shelter
11 "When is — not ..."
12 Reno stakes
13 Loses hope
14 Inevitable
15 Pitcher's talk
16 Dupe
17 Qatar, e.g.
18 Paddy plant
19 Writer Ruark
24 In the work already mentioned, Abbr.
32 Dash device
33 Snug
34 De la
35 Perseus pay
38 Contempl
40 Israel's God
41 "In that area"
42 Three-hand card game

- 43 "Kon- —"
44 "Just —"
46 Tendency to keep silent
47 Nondairy spreads
48 Overpack
49 Broccoli —
50 Cockeyed
51 Calongar solo
52 Lodge group
53 Feed lines to
56 Amount paid
57 See 57-Down
59 Ring of virtue
61 Urge on
64 Bruid
65 Isn't right
66 Folder filler
67 With 57-Down, some tavern trash
68 Response to "Nice job!"
69 Texas city
70 "I gotta hand — ya ..."
71 Chart book
72 Brouac bed
73 Take note of
74 Oscar Renta
75 Pageantry
76 German car
77 British art gallery
78 Apology word

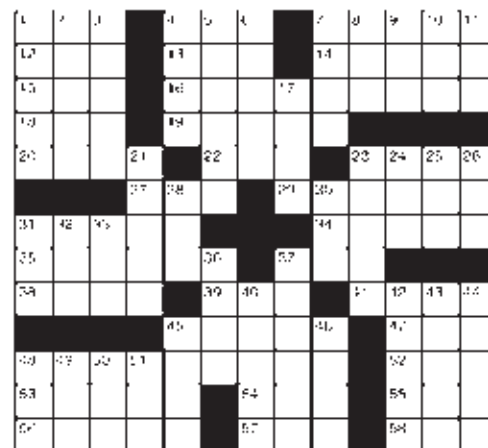
- 79 One axing
82 Most flaky
83 RC, say
85 One using weight
86 "You've gotta be kidding!"
90 Puts down, is a rapper
91 Overhead stadium recorder
92 Most irritated
93 Future D.A.'s major
94 Builds on
95 "ma la —"
97 — law (old Germanic legal code)
98 Fernur locale
99 "Emperor of the Air" author
Ellian
100 Doorway joint
101 British actor Guinness
102 Lay of TV
103 "— never ly"
105 Fliers' mile posts
109 Key near Q
111 23rd Greek letter
112 Busile



King Crossword

ACROSS

- 1 That guy
4 Autumnal abbr.
7 Colorful parrot
12 Big bother
13 Winter ailment
14 Foolish
15 Crossword-page abbr.
16 What a trigger triggers
18 Discoverer's cry
19 "A Tree Grows in Brooklyn" writer Betty
20 Immates
22 Mandela's old org.
23 Pop
27 Illumination unit
29 Quant fashion accessory
31 Urge
34 Put back to 0
35 Kogor's target
37 Meadow
38 Hint
39 — glance
41 Handle
45 Duck
47 Mimic
48 Certain



- fastener
52 Opposite of "trans"
53 Pelvis-related
54 Tokyo's old name
55 Trench
56 Choppers
57 "Kupita"
58 type squares

- 5 Communion
6 Shroud city
7 Ho Chi
8 Director Lee
9 Upper limit
10 Blackbird
11 Cyst
17 Prunus
21 Ski run
23 Porterhouse, e.g.
24 Chances, for short
25 Conk out
26 Psalm
28 Half of bi-
30 Exist
31 "Yada yada yada"
32 Solidify
33 Wildebeest

- 36 Almost black
37 Pretentious
40 Recorded
42 Mother-of-pearl
43 Poppy product
44 Defeats
45 Leave a good impression
46 Grandson of Eve
48 Perch
49 Draft pick
50 "A box upon thee!"
51 Nosh

DOWN

- 1 Destruction
2 Baking potato
3 Nitwit
4 Kills, gangster-style

MAGIC MAZE • COMPANIES IN THE DOW 30

F I F C M Z S W U R P M R J H
E C Z X I U S R V S Q A N L J
G Y E C C Z X V E D L T R P N
L J E H R E C A R L Y W D V T
R P N N O L K E I A E U T I G
E C B B S Z Z P Z N P V R X W
U S T R O I R P O O T A A O M
L J I & F E D G N D O E M R E
D B A P T Y I T X C W U L T T
S Q P A O A B N I M T F A R K
N K C R E M M A G L K J W H G

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Alcoa
AT&T
Boeing
Caterpillar

DuPont
IBM
Intel
Kraft

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Microsoft
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16910 Captiva Drive
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Jane Reader Weaver 239.850.9555
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Wil Rivait 239.464.8108
Web ID 215056828 \$1,800,000



237 Windbrook Court NW
Michael Palmisano 2443.496.6969
Web ID 216017826 \$1,175,000



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Stephanie Bissett 239.292.3707
Web ID 216012700 \$899,000



8904 Tropical Court
Maxwell Thompson 239.989.3855
Web ID 215058295 \$699,900



Triana #44
Pat Moore 239.233.1808
Web ID 215057928 \$650,000



535 Birdsong Place
Brooke Brownyard 239.281.4179
Web ID 216010390 \$549,000



1242 Anhinga Lane
Brooke Brownyard 239.281.4179
Web ID 215043002 \$525,000



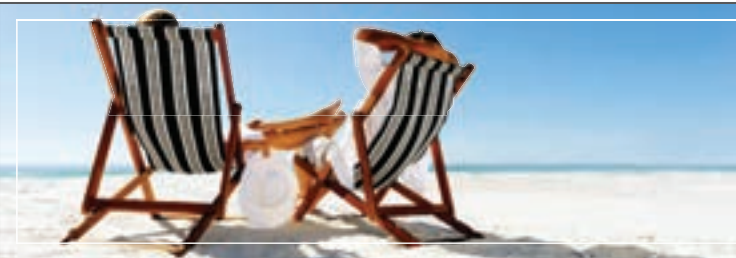
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